

DALKEY - Deilginis 'Thorn Island' COMMUNITY COUNCIL

Irish Heritage Town

First Published April 1974

NEWSLETTER No 430 (Volume 19)

Meitheamh (June) 2013

June: In honour of the Goddess Juno, patroness of women, marriage and the home.

Flower: ROSE

A swarm of bees in May is worth a load of hay.

A swarm of bees in June is worth a silver spoon.

A swarm of bees in July is not worth a fly.



Guímid Lá Shona, shuaireach do gach Athair in Deilginis! We wish a happy enjoyable Father's Day to all the Dads in Dalkey on June 16th!

THE LATE 'KING' OF DALKEY, LARRY WILMOTT, RIP







The May meeting was held on Tuesday 7th May in the Masonic Hall.

Heritage: It was agreed that Stephen Vard would replace the late Dominic Dowling as the DCC representative on the Board of the Heritage Centre.

DTT: The committee is busy completing the application form for the forthcoming TT Competition.

NW: The message from the Gardai is to be vigilant, activate alarms and be careful with callers to the door. See inside for dates of the Garda Clinics in OLH.

Planning: The proposed plan for the Wind Farm was discussed and members agreed that a submission should be lodged regarding the scale and the environmental/visual impact of the project. The plans can be viewed in the library. There is information posted on the DCC notice board in OLH and see inside for article.

The next DCC meeting is Tuesday 4th June in OLH.

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DALKEY BOOK FESTIVAL 2013





This year's Dalkey Book Festival has something for everyone. By mixing history, sport, art, science, politics, comedy and theatre with literature, the festival aspires to be a place where we can imagine, experiment, challenge, inform as well as entertain. It kicks off on 14th June, running through to Bloomsday on 16th June.

As in previous years, events will be held in many eclectic venues from the churches to the cafes, pubs, shops, library, graveyard, Town Hall, Masonic

Hall and even the recently decommissioned Garda Station.

Writers at this year's festival include Edna O'Brien, Kevin Barry, John Boyne, Bernard MacLaverty, Pauline McLynn, Nelofer Pazira, Jonathan Dee, Selina Guinness, Frank McGuinness, Ciaran Carty and Sarah Harte. There's history with Tim Pat Coogan, psychology with David Coleman and Dalkey resident, Prof Ian Robertson . Plenty of comedy with Barry Murphy, Colm O'Regan, Gary Cooke and John Colleary. We have performances from Bewleys Cafe Theatre and Dalkey's own Eamon Morrissey and Gary Jermyn. Waterboys fans will want to see Mike Scott and, if politics is more your thing, don't miss the Dalkey State of the Nation Debate: What is the Leaving Cert For?

Looking further afield, the celebrated journalist Robert Fisk, just back from Syria, will be talking to Pat Kenny while on Sunday another world famous journalist, the legendary Carl Bernstein, who broke Watergate for the Washington Post, will make a special appearance.

The festival opens on Friday 14th June with "Remembering Maeve", a tribute to Maeve Binchy with writers such as Roddy Doyle, Declan Kiberd and others. This event, curated by Sarah Binchy, her niece, with the help of Maeve's husband, Gordon Snell, will be very special.

Tickets available online from 14 May: www.dalkeybookfestival.org Bookings from 28 May: 086 054 2531 Box office open from 8 June : 20 Railway Rd

"Getting Gráinne Home" Campaign



The McKenna children who along and their friends and neighbours organised a Cake Sale and Sale of Work in support of Getting Gráinne Neligan home.

They collected collected €527.28. Thanks to everyone who stopped t chat and donate



WELL DONE ALEX

Alex Perry from Dalkey who competed in the Gymnastics Ireland National Apparatus and Regional Team Finals in UL over the weekend of 18th/19th May. Alex won gold in Level 5 O13 Floor and Silver for Level 5 O13 A Bars. She was also a member of the winning team who received gold for overall performance.

"BEST OF LUCK" TO DALKEY SWIMMERS IN NATIONAL COMPETITION

"Best of Luck" to Dalkey Swimmers
representing Dublin
in Athlone on the 25 & 26 May
Cara Heylin, Zofja Cautley, Nicole Hughes,
Jasmine Cautley, Mia Ivankovic, Tara Rowland,
Sean Kelly, Naoise Cautley, Philip Towns, Liam
Heylin, Rhys Rowland, Mark Fahy, Jeff Fahy,
Greg Davis, James Shortt and Jack Flynn.

DALKEY BOOK FESTIVAL 2013

Health on the Hill at Fitzpatrick Castle Hotel



Patrick Holford

Burn Fat Fast Saturday June 15th 2013 11.30am-1.30pm, €12



Bernadette Bohan

The Choice Sunday June 16th 2013 12pm-2pm, €12



Dr. Marilyn Glenville

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ANIMALS IN TROUBLE

What to do when you find an animal or bird in distress can be quite a dilemma. If it's evidently injured or seems to be in pain it's obvious you should take it to a vet or get in contact with the DSPCA, if it's lucky enough to be during their opening hours. But finding an animal that seems to be young and abandoned or in an unsafe environment can leave you wondering whether to take it away and try and help it or leave it to its fate. Its parents might be nearby watching it and you mightn't be doing it any favour by removing it.

We were returning back after a early morning bird survey in North Wexford and had just passed through Aughrim when I saw something moving across the grass verge towards the road. There was a turn off the road just after so we were able to pull in. I walked back and sure enough it was a hedgehog, now on the pavement and still heading towards the busy road. If you can get your hands under a hedgehog before they curl up into a ball you can lift them up without inflicting pain on yourself. I was able to scoop it up and it instantly

wrapped itself around my hand.

Initially I had thought to take it across the road and then release it but I had heard that if a hedgehog is moving about during the day there's probably something wrong with it and this was midday in bright sunshine. Also, it was the smallest hedgehog I'd ever seen, about one third the size of ones I'd normally encounter. It seemed very early in the year (mid April) for it to possibly be a juvenile born this year, it was more likely to be a underweight adult. I decided the best thing would be to take it home and see if I could get it checked out. We put it in a shopping bag and it almost instantly fell asleep in the front of the car and stayed that way for the rest of the drive.



Great Tit in squirrel nest

When we got home we put it in a large cardboard box and I

tried to find somewhere it could be checked out. The DSPCA was closed as was my regular vet. Meanwhile it seemed very happy to get some water I gave it in a small dish and some small pieces of ham and dog food I put in the box were instantly gobbled up.

I found another vet who was still open for the next 30 minutes but this time I had to travel alone so I put the hedgehog inside a shoebox, with air holes made in the lid, put the box inside a big, heavy duty shopping bag, put that down on the floor behind the front seats and headed off. As I drove I could hear scuffling noises from the bag and when I pulled up outside the veterinary surgery the hedgehog was sitting up on the back seat. I picked it up and it curled tightly round my hand again, like a bizarre boxing glove. It certainly didn't seem ill since it had forced its way out of the box and climbed up on to the back seat and after a check up by the vet it was declared fit and healthy.

My dilemma was where to release it, eventually taking it up the hill and letting it go into the undergrowth where I hoped it would be safe from badgers (one of the main predators of hedgehogs). I was wondering should I have just left it on the other side of the road in Wicklow but afterwards I checked and yes, hedgehogs being active during daylight is usually an indicator of something being wrong. Also, however it might fare on the hill it had a better chance then if it had tried to make it across the road.

There's an excellent website www.irishwildlifematters.ie which gives very good advice on how to assess if an animal or bird needs help and if it does need help it gives you very good practical advice on how to handle it and treat it.



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LONELY MALES AND EMPTY NESTS

After initially being very slow to arrive a few mild days in late April brought in big falls of migrant birds. I saw my first Swift on the 25th April over the Vico Road, early enough for a species that usually isn't seen before the early days of May, possibly carried in on the southerly winds that were blowing at the time. That same evening I heard, then saw my first Whitethroat of the year below the Vico Road and although one has been calling there regularly every summer for many years it's always a relief to hear its very distinct call and know it has safely made the long journey from its wintering ground in Africa to sing above Killiney Bay. As usual it was moving around over quite a big area and at one stage seemed to have sang from the top of every single tree, gorse bush and bramble patch in the vicinity.

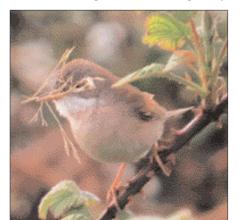
I was following it around taking lots of photos and in one of them I saw it actually had nesting material in its bill. This seemed a bit odd, there was no sign of a female bird and if there had been one it would probably have been easy to see, helping build the nest.

Curious, I did a Google search of 'male whitethroats nest building' and came up with some interesting observations made by a naturalist, Stanley Lewis around 1927. He had been wondering about the number of whitethroat nests he found that never contained eggs. All these nests that he had found were of fragile construction with no hair lining and compared to nests that actually had eggs in them had a very unfinished appearance. He had also observed a male whitethroat decorating one of these nests while a female sat on eggs in a

nest eight yards away.

Lewis had been sent a copy of the Irish Naturalist for 1918 in which a Mr. J.P. Burkitt had written about this topic and had concluded that these nests were built by unmated 'lonely males' and that a single male may build even up to four such nests but when mated the male does no further nest building at all, leaving the female to construct a proper nest or complete one of the ones he'd started. Lewis himself thought the dummy nests might be to distract attention from the real nest.

In 2011 there was quite a big influx of whitethroats with at least three males singing on the hills as well as the usual reliable Vico male singing but that pattern hasn't been repeated since. Hopefully our 'lonely



male' will get a partner.



Whitethroat singing

LITTLE FEET

We'd seen a Great Tit gathering up discarded dog hair and taking it in to a squirrel nest box which would be at least three times bigger then a normal bird box the great tit might use. We'd previously seen a red squirrel on Killiney hill that we thought looked pregnant so with a bit of luck there might be little feet, other then birds, in the boxes soon.

Left: Whitethroat with nest matter



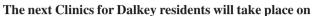


The idea of the Garda Clinic is to assist the local community who may not be able to travel to the Garda Station with matters such as form stamped/ signing or any community policing matters which arise. The Garda Clinic is not designed for crime reporting, however, the Garda are very keen that all suspicious activity is reported to them at the local centre which, for Dalkey, is



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Thursday, 20th June 11 am to 12 noon

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This special month sees the start of High Summer. So, welcome dear 'Summer' to our maritime Dalkey gardens. Summer is the time for drama and spectacle in our gardens and for some – the much awaited 'summer garden'. June is our month of vigorous growth with masses of foliage and flowering. So many plants take advantage of our warm weather and bright days and our plants and shrubs are at their best. Sometimes, it looks as if there's a rich tapestry about, as flowers such as Phlox, Penstemon, Campanulas, Alstroemerias, Verbascums, Hemorocallis (day lilies), Lupins, Delphiniums - in their true blue, sky blue, sapphire, denim, violet blue etc., to mention but a few climbers, ramblers etc., are woven through each other. June is a super month too, for ornamental plants and so many large leaved plants can readily provide this – think, the bigger, the larger the leaves – the more lush, the 'effect', - generally plants with large leaves loose a lot of moisture so, many like moist soil. Gaps in our herbaceous borders. as spring bulbs and other early plants fade can be filled with annual bedding such as Nociana/Tobacco Plants, Stocks and Cosmos . . . So,



Famous Chinese proverb:
"I was told and I forgot,
I saw and I remembered
I did and I understood"
Our Dalkey children,
generally love the chance of
digging a patch.

we've dug, sown, mown and planted, so 'Now' is the time to unwind. Now is our chance to sit out on these sunny days, (if we can!) and warm evening . . . So let's take every opportunity to use our gardens for our general recreation. Our gardens don't have to be the best on our road or cul-de-sac, it's what it means to us, me, you.

June and July are two wonderful months too, for observing our various types of butterflies. Butterflies in particular, love to bask on plants that get plenty of sun and those that are sheltered from wind, such as Daisies, Valerian, Phlox, Verbena, Heliotrope, Nepeta, Candytuft, Golden Rod, Asters, Buddleias, Inulas, Chives and Sedums, these are all nectar rich flowers, if you assist, you'll enjoy an impressive show of hoverflies and lacewings, it really is a perfect relationship. We provide food and nourishment and they eat pests and so enrich our gardens.

'Don't grumble that Roses have thorns, be thankful that thorns have Roses'. Because there is such a huge range of Roses to choose from, including shrub, ground cover, hybrid tea, climber, rambler and patio, you're sure to find a rose to suit your style and garden and as trees and shrubs go out of flower, Roses settle into their leafy summer mode and provide background greenery, sumptuous buds and leafy lushness, that sets off your other flowering plants so well. Yes, Roses really do bring a true touch of summer to our treasured Dalkey gardens.

MIGHT DO - MAYBE JUNE JOBS

- 1. You simply cannot beat the taste of fresh, home grown herbs. Group them in a pot by your 'used' door, so you can pick them easily, whatever the weather. For instant impact use supermarket or nursery pot grown larger plants.
- 2. Ants can be a real nuisance, especially during hot weather. If you find ants and don't know where they're coming from put down a dollop of jam, when they collect it, you can follow the line of ants straight back to their nest, letting you deal with the problem, effectively.
- 3. Hate to tell you, Vine Weevil Iarvae are troublesome pests when in containers where they eat the roots of your plants, causing them to wilt and die. Adult beetles will soon start appearing to look for places to lay their eggs. Protect your containers, in the manner in which you wish.
- 4. Parsley seeds sown during this month will provide a late supply in autumn.
- 5. Basil can only be grown well in the warmth of a greenhouse and if you have not sown any seeds, buy a couple of good plants to grow where there is available space.
- 6. Pinch out shoot tips of spreading and trailing basket plants, such as Plectranthus, Nepeta, Fuschia, Petunia and Verbena to encourage bushier growth.
- 7. Trim the flower spikes of Lupins and Deliphiniums to just below the flower as soon as they fade, for some flowers later on in August and September.

Dalkey Flowers



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- 8. Maintain a generous watering and feeding routine, if you can in your greenhouse, as this is the perfect time of the year to maximize growth while our heat and light is available (free of charge and natural)!
- 9. Plants in pots and baskets need regular watering during these summer months. Discount the value of rainfall completely. A small fully planted container may need water, twice a day. Plants benefit more from a really thorough soaking than a short watering that penetrates only the upper layer of the compost.
- 10. Try and keep a close watch for signs of drought on young trees/saplings and shrubs, any that show signs of wilting in dry weather, must be watered. Spray varieties of Roses that are susceptible to blackspot disease, if the weather is wet for prolonged flowering periods during this miraculous month.



This time last year, I grew this Morning Glory from seed. . . - still time to sow a few seeds and pot on to a larger pot without disturbing the roots. Feed well and provide something to climb on, such as canes or trellis.

My heart always sinks when I lift up a plant and its

top falls off. The tell tale sign of vine weevil attack. Adult weevils are active right

Tiny weevil grubs will chomp through roots while the adults eat some leaves





♦ Dalkey Community Council Ltd. 33rd Annual Garden Competition

This competition is open to everyone in the Community Council area. There are several prizes including four Perpetual Cups. In addition to nomination for the "Surprise" Garden section there are

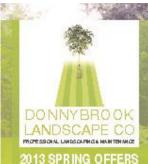
- the following categories:

 > Best Overall Garden
 > Best Front Garden
- > Best Display window boxes, hanging baskets, flower troughs and pots
- ➤ Best Communal Garden/Open Space ➤ Environmental Award (Presented by Dalkey Tidy Towns)

Entries to be submitted not later than Thursday, 20th June, 2013. Judging will take place on Tuesday 25th June. Presentation of the prizes will take place in the Autumn.

If first place was achieved in any category in 2012,

DALKEY COMMUNITY COUN	CIL LTD. GARDEN COMPETITION ENTRY FORM
I / we wish to enter for (please tick ✔) ☐ Overall Garden ☐ Front Garden	☐ Display - window boxes, hanging baskets etc.☐ Communal Garden / Open Space
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Address:	
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DALKEY TIDY TOWNS UPDATE FOR JUNE 2013



Holly Emerson-Byrne received a special award for her efforts to keep Dalkey

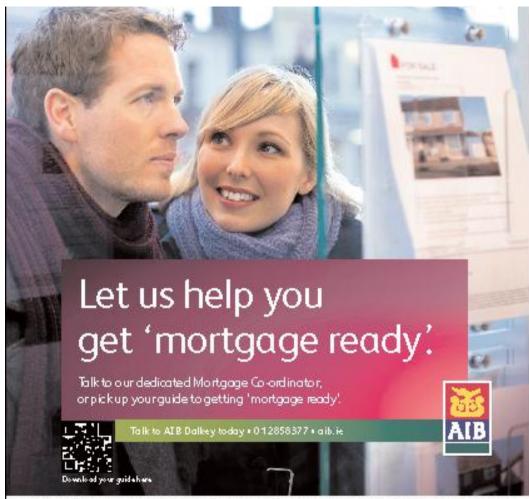
Actually entering the Tidy Towns Competition is an arduous task. The entry form is very detailed and looks for information on a very wide range of activities in the town. There are sections obviously on litter control and the built environment but also sections on biodiversity and wildlife, recycling and waste. The emphasis today is not only on looking good but creating a sustainable, conservation aware town, that also looks good. The Dalkey committee have been very busy gathering all the information into a considerably impressive document. We have also been invited to enter the Tourism Towns Competition, sponsored by Fáilte Ireland which is only open to the top 50 towns in the Tidy Towns Competition. This is the first year Dalkey has been eligible to enter. Finally, we have also entered the Tidy Districts Competition run by D.L.R.C.C. . Judging will start over the next few months, the judges will arrive incognito and unannounced once or twice during July and August. Apart from the honour and glory of winning, the prize money actually funds all our activities during the year. So it is important to provide a good first impression.

On the ground, work goes on as usual. Despite a disappointing Spring, Dalkey is looking fresh and green again. Flowers will be up in mid June adding a splash of colour to the town centre. We would appeal to everyone to help by tidying up outside their homes, cutting back low hanging branches and removing any weeds or litter.

Of course the litter patrols are always happy to welcome volunteers: every Tuesday and Saturday at 10.30am outside Select Stores and at the same time on Thursdays at Dillon's Park.

Blaithín O Brien





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LETTER TO THE EDITOR



In response to Mr. Kevin Bracken's letter in the May 2013 issue of the Newsletter, could I refer him to the March 2013 issue of the Newsletter, which he obviously missed.

In their advertisement in the March 2013 issue Maxtec stated:

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"From June of this year new (broadband) pillar boxes will be located at a number of locations around Dalkey, one of which will be at Coliemore Road. If you are within a kilometre of these boxes you should be able to get Broadband speeds of between 30 and 70 mbs. The new service, called VDSL, is provided by Eircom".

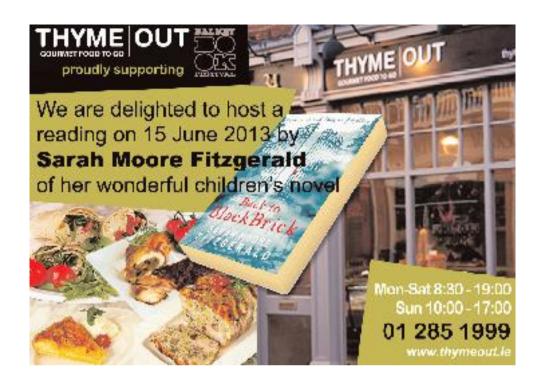
I would also like to remind Mr. Bracken that Dalkey is not a village and hasn't been for several hundred years. It is currently an Irish Heritage town, (see your copy of the Dalkey Newsletter's masthead). Any use of the word 'village' in relation to Dalkey may be distasteful to native residents. I hope the above information proves helpful.

R. Mooney, Dalkey Town

LARGE SCALE OFFSHORE WIND FARM PROPOSED - Kish-Bray Banks

Adverse Major visual impact in the Dalkey-Killiney area and around Dublin Bay Public Consultation Period: 9th April - 1st June 2013

- * A private company has lodged an application with the Department of Environment, Community & Local Government for a Foreshore Lease to construct a large scale wind farm ("Dublin Array") on the Kish & Bray Banks, 10 km off the coast of Dublin & Wicklow. The application proposes construction of 145 turbines, each up to 160 m from sea level to blade tip, five times higher than the Kish Lighthouse (31m). It will be visible all along the coast and from significant viewpoints inland.
- * As legally required, an Environmental Impact Statement (EIS) has been prepared on behalf of the developers and lodged with the application. The EIS was made available for public consultation from 9th April to 1st June 2013.
- * There is virtually no public awareness of the application, the EIS or the public consultation. This is a direct result of the manner in which applications for construction at sea are processed under undemocratic and outdated legislation, The Foreshore Act 1933. This legislation, drawn up before offshore wind farms were envisaged, allows the Minister for the Environment to award Foreshore Leases for construction in Irish waters with no statutory involvement of local authorities and no public right of appeal against the Minister's decision.
- * The proposed development, which would be one of the largest offshore windfarms in the world, would cover an area of 54 km2. It would industrialise the seascape, degrade protected sandbanks and have unknown impacts on marine wildlife and birds. Information on a wide range of potential impacts is given in the EIS.
- * With regard to landscape impacts, the construction of 145 huge turbines, 10 km off the coast will significantly alter the character and quality of coastal landscapes from Howth to South Wicklow. The developers' EIS assesses visual impact from 22 viewpoints and predicts significant adverse impacts for 16 of these. They are Howth, Clontarf, Sutton, Bull Island, Poolbeg/Ringsend, Sandymount, Dalkey, Killiney, Bray, Greystones, Newcastle, Sugar Loaf Mountain, the N11 at Kilmullin, Carrickgollogan Hill (Shankill) & Wicklow town.
 - (EIS Page 311: Summary of Landscape Impact attached)
- * "Adverse Major" Visual Impacts are predicted by the developer for Bray Head, Killiney Hill, Vico Road and Howth Head, nationally important scenic areas. These effects, listed in the EIS, give some idea of the immense visual impact the Dublin Array offshore wind farm would have on the entire coast from Howth to South Wicklow.
- * The EIS is available online, without photomontages, at www.dublinarray.com. It may be viewed, with photomontages, at six locations around the coast: Public Libraries in Howth, Dalkey & Dun Laoghaire; Garda Stations in Bray & Greystones & at the RDS, Anglesea Road, Hall 10A (10am-4pm Tuesday-Friday; 10am-3pm Saturday).



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* Submissions may be made to The Dept of Environment, Community & Local Government, Marine Planning & Foreshore, Newtown Road, Wexford. Final date for submissions: 11th June 2013.

This current consultation is the only opportunity afforded to the public to influence the proposed construction of this major near-shore industrial development.

Document prepared by Coastal Concern Alliance

www.coastalconcern.ie

Dublin Array: Environmental Impact Statement, Volume 2 of 5, January 2012
Table 12.3 Summary of Landscape Impact from each of the Viewshed Reference Points

VRP No.	LOCATION	Summary Impact
6	View from Walkway Around Bray Head, Co. Wicklow	Adverse Major
9	View from the Obelisk at the Top of Killiney Hill, Co. Dublin	Adverse Major
10	View from Vico Road Adjacent to Killiney Hill, Co. Dublin	Adverse Major
19	View from Scenic Viewpoint Adjacent to Car Park at The Summit, Howth Head, Co. Dublin	Adverse Major
1	Scenic Car Park Overlooking Wicklow Town at Corporation Lands, Co. Wicklow	Adverse Moderate
2	View from Beach Entrance at Six Mile Point, Newcastle, Co. Wicklow	Adverse Moderate
4	View from Greystones Harbour, Co. Wicklow	Adverse Moderate
11	View from Seating Area at Coliemore Harbour, Dalkey, Co. Dublin	Adverse Moderate
16	View from Pedestrian Walkway Along Sea Wall Close to Clontarf Village, Co. Dublin	Adverse Moderate
17	View from a Point Approx. 300m from the End of the Bull Wall, Nth Bull Island, Co. Dublin	Adverse Moderate
3	View from High Bend in the N11 Road at Kilmullin, Co. Wicklow	Adverse Minor
5	View from Summit of the Sugar Loaf Mountain, Co. Wicklow	Adverse Minor
8	View from the top of the hill at Carrickgollogan, Co. Dublin	Adverse Minor
13	View from the Road R131 Adjacent to Public Parking Area and Amenity Close to	
	Sandymount, Co. Dublin	Adverse Minor
15	View from the Link Road Between the R131 at Dublin Port and the Coast Road Near	
	Clontarf, Co Dublin	Adverse Minor
18	View from the Coast Road R105 Facing Dublin Bay at Sutton, Co. Dublin	Adverse Minor
20	View from Car Park at Scenic Viewpoint Close to Martello Tower at Portrane, Co. Dublin	Neutral
21	View Facing South / Southwest from Entrance to New Housing Estate in Rush, Co. Dublin	Neutral
14	View from the East-Link Toll Bridge, Ringsend, Co. Dublin	No Impact
7	View from the Southern End of Bray Promenade, Co. Wicklow	Positive Minor
12	View Close to the Entrance to the East Pier, Dun Laoghaire, Co. Dublin	Positive Minor
22	Offshore View Facing Southeast from Small Boat 7 km Southeast of Howth Head	Positive Major

NEWS FROM LORETO PRIMARY SCHOOL





New Library for Loreto Dalkey

This year, a new library was set up in our school. The library has been beautifully decorated and it has an amazing view and a relaxing atmosphere. It is such a welcoming place. The pupils of our school donated some of the books. Others were donated by St. Joseph's of Cluny Primary School and some were donated by Dalkey Library. We were lucky to have Ryan Tubridy present at

the opening ceremony and he cut the opening ribbon. Classes visit the library at different times to borrow books. There is a wide selection of books available. It is also a great facility for all the classes to use for research on projects. We are all very happy and grateful for our new library because everyone loves reading.

Sara Johnston

FEEDBACK

We always welcome feedback, so please let us know what you think of the Dalkey Newsletter whenever you have a moment. You can either contact us by calling the Editor on 087 2209361 or by emailing at: gerard.coakley56@gmail.com



Castle Park Swim Academy & Sports Centre

1st July_ 30th August

Summer Camp 2013!

Children from ages 3—12 years will enjoy a wide variety of sporting activities and skills as well as arts and crafts and games. They will enjoy a daily swim, and parties are held at the end of the week. All our Camp Leaders are fully qualified and experienced sports professionals.

Swim Intensive Camp

Swim Camp will run every week over Summer, and will involve a lesson a day for 5 days. We will focus on confidence, technique, stroke style & development and buoyancy across all levels. Swim Camp is broken down into the 8 levels, ideal for children aged 4—12 years, depending on level.





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RTE Adventure for Harold Boys' N.S.

We are Daniel and Oisín from 3rd class and we want to tell you about our RTE adventure.

We were recording the RTE Jnr. Programme "What's the story?" We were picked out of the whole school because we are so talented! In RTE we met the producer Enda and the production assistant Aideen. Daniel was presenting "What's the story?" and was also reading poems and stories. Oisín did the feature story. We prepared by practising every day with a Dictaphone and our teacher Mrs. Costello helped us along the way. When we went, Daniel's best bit was recording "What's the story?" and Oisín's best bit was finding out his story had been picked as the first feature story



Daniel Rafferty and Oisín Jones

finding out his story had been picked as the first feature story. We both had a great time! **Daniel Rafferty & Oisín Jones, Rang a 3**

"What's the Story?" will be broadcast on RTE Jnr. Radio beginning on Friday, 31st May.

Harold Boys' N.S. Parents' Association wish to extend their sincere thanks to the following for their generous donations to the school's Easter Raffle: Lutterellstown Castle, Penneys, Maxwell Pharmacy, Quinn's Funeral Directors, Yoga Village, Eurospar, The Queens, Ragazzi, Crisp Cleaners, Select Stores, The Country Bake, the ESB, Ouzos, Dalkey Pharmacy, Thyme Out, Fitzpatrick's Castle Hotel, Ms. Emma O'Donohoe, Mabinog, Handworks, Dalkey News Centre, The Tramyard Café, Jaipur, Alchemist Lodge,

McDonaghs, Benitos, Finneg piscover Gluhard Matking's Science Award of Excellence for Harold Boys' National School



A new scientist in Dalkey

Harold Boys' National School has been taking part in the Discovery Primary Science and Maths Awards since 2006. There are 5 steps to this project. In step 1 we participated in the Greenwave Project. We observed and photographed 6 species; the Horse Chestnut, the Hawthorn tree, Ash, Primrose, Swallow and Frogspawn.

As a part of step two, we had to do prescribed activities and add maths to them. The activities include the 'Energy and Force' strand and the 'Materials' strand of science. All classes took part in this step.

For Step 3, we invited Dr. Enda O'Connor (Cillian's Dad!) to the school. He came to talk about the heart. He is a consultant. When

he was in with us, he dissected a heart. We all found it very interesting.

At the Primary Science Fair, 6th Class presented a project called DNA & Genetics. We went to the RDS in January to exhibit our project for other schools and visitors.

We also held a science exhibition during our school Open Day in March. These were steps 4 & 5 of the Award.

We submitted our project in April and have just received our 7th Award! Well done to all our pupils and teachers for the excellent work!



Matthew Hayes, Dylan Laher, Ralph Swords and Oisín O'Hanlon, Rang a 6

PLANNING APPLICATIONS - Weeks 15-19 8/4/2013 to 10/5/2013

The material in the Planning Section of the Newsletter is based entirely on data taken from Dun Laoghaire Rathdown County Council's website. If you are concerned about a particular item it is strongly recommended that you examine the relevant file in the Council's offices.

Reg. Ref. D13A/0012 **Application Rec'd Date:** 14-Jan-2013

Applicant Name & Location: Jim Donnelly & Siobhan Ryan, Ardburgh House, Ardburgh Rd, Dalkey. **Proposal:** Permission for general internal modifications comprising 1. Removal of two internal walls between family room, boiler room and rear entrance hall at lower ground floor level; 2. Replacement of window to utility room with new door opening at lower ground floor level (north elevation); 3. Conversion of existing bedroom to new family bathroom at first floor level; 4. Insertion of new fireplace openings to existing masonry walls in the entrance hall and study at the upper ground floor area and 5. Associated external drainage/landscaping works at Ardbrughg House, a Protected Structure. Application Type: Permission Additional Information: 11-Apr-2013

Reg. Ref.: D13A/0031 Application Rec'd Date: 24-Jan-2013

Applicant Name & Location: Miriam English, Woodbine Cottage, 24, Ardbrugh Road, Dalkey.

Proposal: Permission for development consisting a first floor extension with a living room/diner and kitchen with staircase access. The north side (front) will have a small balcony. Some internal alterations at ground floor will provide a second bedroom and visitors toilet. Add. Info: 8-Apr-2013

Reg. Ref.: D13A/0061 **Application Rec'd Date:** 8-Feb-2013

Applicant Name & Location: Linda Prentice, Willow House, Tubbermore Road, Dalkey.

Proposal: Permission is sought for (a) demolition of existing single storey light industrial / office structure, (b) construction of new two storey 4 bedroom detached dormer style family dwelling with detached garage and new motorised gates to existing vehicular entrance, (c) change of use from light industrial / office to residential use and (d) all associated site works. Add. Information: 12-Apr-2013.

Reg. Ref.: D13A/0166 Application Rec'd Date:10-Apr-2013

Applicant Name & Location: Gerry Ryan, 36, Coliemore Road, Dalkey.

Proposal: Permission consisting of the demolition of existing 2 storey dwelling including removal of existing septic tank and construction of new 2 storey over basement house (497 sqm) with associated landscaping and new main drainage connection.

Reg. Ref.: D13A/0172 Application Rec'd Date: 15-Apr-2013

Applicant Name & Location: Glen Finegan, Ardbrugh Road, Dalkey.

Proposal: Permission is sought for a single dwelling house and the creation of new vehicular and pedestrian entrance.

Reg. Ref.: D13A/0177 Application Rec'd Date: 16-Apr-2013

Applicant Name & Location: Michael Hamilton, 28, Sorrento Road, Dalkey.

Proposal: Permission is sought for widening of existing pedestrian gate and associated works to provide new vehicular access and off street car parking.

Reg. Ref.: D08A/0877/E Application Rec'd Date: 1-May-2013

Applicant Name & Location: Barnhill Ltd. Partnership, Carn, 31, Barnhill Road, Dalkey.

Proposal: Alterations to previously granted planning application for two new semi-detached houses **Reg. Ref.** D08A/0034, alterations to include sunroom to rear of each property at ground floor level, additional bedroom at first floor level to rear of each property, internal layout modifications and new rooflights to rear over stairwells. Application Type: Extension of Duration of Permission.

Reg. Ref. D13A/0214 **Application Rec'd Date:** 2-May-2013

Applicant Name & Location: Helen Stephenson, Martello Tower, No. 10 Bartra Rock, Harbour Road, Dalkey.

Proposal: Permission for retention for a change in the orientation of the external metal and glass stairs permitted under Planning Register Reference D00A/0744 (An Bord Pleanála Reference PL06D.121973) and Planning Register Reference D12A/0120, and all associated minor works. A Recorded Monument (DU 023-22) and a Protected Structure. Application Type: Permission

Reg. Ref. D13B/0141 **Application Rec'd Date:** 2-May-2013

Applicant Name & Location: K & G O'Donovan, Ravello, Cunningham Road, Dalkey.

Proposal: Permission for development consisting of: the provision of a single storey, rear, flatroofed, ground floor extension (10 sqm). the cladding only of the existing two front-facing dormer windows in zinc. The provision of a zinc-clad canopy over the front door. Retention of the solid roof over the rear conservatory in lieu of the previously approved (D00B/0982) glazing.

Reg. Ref.: D08A/1153/E **Application Rec'd Date:**10-May-2013

Applicant Name & Location: David Crowley, 18, Tubbermore Road, Dalkey.

Proposal: Demolition of the existing rear and side single storey extension and the construction of a new single storey extension to the rear and side and for a new study at first floor level, with minor internal alterations to the existing house. Also for a slight reduction in the site area to the rear, a new connection to public combined sewer and all associated site works. Application Type: Extension of Duration of Permission

Reg. Ref. D13A/0226 Application Rec'd Date: 9-May-2013

Applic. Name & Location: Rachel Clancy, The Magpie Inn Public House, 115-116, Coliemore Road, Dalkey.

Proposal: Permission for development consisting of: (i) Retention permission for a 19.5 sq.m partially enclosed roofed area to the side and rear of the public house for use as a smoking area. (ii) Planning permission for the erection of internal and external sound absorbing and deflection structures including a 1.2m high sound barrier over the existing opes in the roof structure of the smoking area and a 2m high barrier in front of existing rooftop plant located to rear of public house. The site is located in an Architectural Conservation Area.

Reg. Ref.: D13B/0155 Application Rec'd Date: 9-May-2013

Applicant Name & Location: Sarah Byrne, 18, Whites Villas, Dalkey.

Proposal: Permission for development consisting of a two storey extension at rear (area 28.5 sqm and parapet height 5.9m above ground level) east elevation, containing a kitchen at ground floor and a bedroom on first floor, 2 no. Velux roof-lights at rear (east elevation) on roof of existing house. A porch at front (area 3.0 sqm and ridge height 3.5m above ground level) west elevation and alterations to the front garden boundary wall with public road and associated drainage and site works.

PLANNING DECISIONS Wks 15-19 8/4/2013 to 10/5/2013

Reg. Ref.: D13A/0151 **Date:** 8-Apr-2013 **Decision:** Declare Application invalid

Applicant Name & Location: Glen Finegan, Ardbrugh Road, Dalkey.

Proposal: Permission is sought for a single dwelling house. Application Type: Permission.

Reg. Ref.: D13B/0067 **Date:** 16-Apr-2013 **Decision:** Grant Permission **Applicant Name & Location:** Cian & Adele O'Morain, 104 St. Begnets Villas, Dalkey.

Proposal: Permission for construction of a 22 sqm first floor extension to the rear (parapet height 5.95m above finished ground floor level), rooflights to rear of existing roof and associated works and services.

Reg. Ref.: D13A/0118 **Date:** 25-Apr-2013 **Decision:** Withdraw the Application **Applicant Name & Location:** Marie Geraghty, The Mews, 89A, Sorrento Road, Dalkey.

Proposal: Permission for development consisting of: 1. Ground floor extension (9 sqm) to rear of existing single storey dwelling. 2. First floor extension (78 sqm) with slated pitched roof over existing single storey dwelling. 3. All ancillary site works to facilitate proposal.

Reg. Ref.: D13A/0031 **Date:** 30-Apr-2013 **Decision:** Grant Permission

Applicant Name & Location: Miriam English, Woodbine Cottage, 24, Ardbrugh Road, Dalkey.

Proposal: Permission for development consisting of a first floor extension with a living room/diner and kitchen with staircase access. The north side (front) will have a small balcony. Some internal alterations at ground floor will provide a second bedroom and visitors toilet.

Reg. Ref.: D13A/0012 **Date:** 7-May-2013 **Decision**: Grant Permission

Applic. Name & Location: Jim Donnelly & Siobhan Ryan, Ardbrugh House, Ardrugh Road, Dalkey. **Proposal:** Permission for general internal modifications comprising 1. Removal of two internal walls between family room, boiler room and rear entrance hall at lower ground floor level; 2. Replacement of window to utility room with new door opening at lower ground floor level (north elevation); 3. Conversion of existing bedroom to new family bathroom at first floor level; 4. Insertion of new fireplace openings to existing masonry walls in the entrance hall and study at the upper ground floor area and 5. Associated external drainage/landscaping works at Ardurgh House, a Protected Structure.

Reg. Ref.: D13A/0061 Date: 7-May-2013 Decision: Grant Permission

Applicant Name & Location: Linda Prentice, Willow House, Tubbermore Road, Dalkey.

Proposal: Permission is sought for (a) demolition of existing single storey light industrial / office structure, (b) construction of new two storey 4 bedroom detached dormer style family dwelling with detached garage and new motorised gates to existing vehicular entrance, (c) change of use from light industrial / office to residential use and (d) all associated site works.

Reg. Ref.: D13B/0086 **Date:** 7-May-2013 **Decision:** Grant Permission **Applicant Name & Location:** A Finlay & M Callan, Carlton, Torca Road, Dalkey.

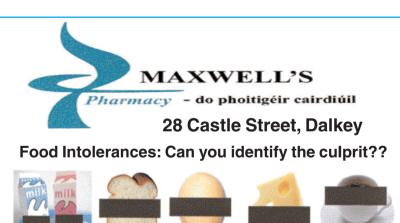
Proposal: Permission consisting of the demolition of existing two storey return to rear and construction of a new two storey extension to rear of existing dwelling and all ancillary site works.

APPEALS NOTIFIED by An Bord Pleanala Wks 15-19 8/4/13 to 10/5/13

Reg Ref: D12A/0386 **Reg. Date:** 3-Oct-2012 Location: Johnville, Ardeevin Road, Dalkey. **Development:** Permission is sought for the construction of a two storey, four bedroom dwelling and associated works. **Council Decision:** Grant Permission. Appeal Lodged: 22-Apr-2013. **Nature of Appeal:** Appeal against Grant of Permission. **Type of Appeal:** 3rd Party Appeal.

APPEAL DECISIONS of An Bord Pleanala Wks 14-18 2/4/'13to 3/5/'13

Reg. Ref.: D12A/0324 **Appeal Decision:** Refuse Permission **Appeal Decided:** 29-Apr-'13 **Council's Decision:** Refuse Permission. **Location:** Donnelly Art Gallery, Vico Road, Dalkey. **Proposed Development:** Permission is sought to change the use of the Donnelly Art Gallery Building from its approved use as a private art gallery with caretaker accommodation and residential use to use as a private dwelling house. **Applicant:** Marie Donnelly.



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DALKEY CASTLE AND HERITAGE CENTRE

The new interpretation system in the Heritage Centre was launched by Mr Jimmy Deenihan TD, Minister for Arts, Heritage and Gaeltacht on May 28th. The event was hosted by the Cathaoirleach, Councillor Tom Joyce and Dalkey Irish Heritage Town Company. A large crowd attended the opening. The Minister praised the recent works and referred to them "as being among the most upmarket in the country with its facility for visitors in 12 languages".

*

Bloomsday, 16th June: Celebrations will start with the dramatisation of the 'Dalkey Schoolroom Scene' from the



iii 🗲

Nestor episode of 'Ulysses' at 3.30pm. This will be followed by a guided Joycean Walk in Dalkey which takes about 90mins. To quote Arminta Wallace of the Irish Times who wrote of Bloomsday in Dalkey Castle "if an authentically Joycean shiver down the spine was what you were after, then the place to be was Dalkey Castle & Heritage Centre....".

Later at 8.00pm we will stage 'A Joycean Evening'. This consists of fun extracts from Joyce's work. These will be linked by songs either than he sang himself or that feature in his work. Baritone, Simon Morgan will lead the singing, accompanied by Josh Johnston. Professor Fran O'Rourke will join in the singing and speak of the restoration of Joyce's guitar and his honour at playing it in the Tower.

Dalkey Book Festival: We will host many of the events of the 4th Dalkey Book Festival in the Heritage Centre and Dalkey Town Hall. At time of going to print among the names announced for the festival are Edna O'Brien, Roddy Doyle, Anne Enright, Pauline Mc Lynn, Eoin Colfer and Eamonn Morrissey. There will be a special tribute to Maeve Binchy in Dalkey Town Hall on Friday 14th at 7.00pm. Shay Linehan has adapted her novel 'Minding Frankie' for the stage. This will be performed at 5.45pm on Friday 14th June in the Heritage Centre as a curtain raiser to the prestigious tribute to Maeve.

Literary events continue with 'On Yer Bike with Dalkey's Writers' at 7.30pm weekly on Fridays in July followed by a trad music session in the Tramyard and the Magpie Inn on alternate weeks. This is a compilation of the work of famous local writers - James Joyce, Samuel Beckett, Hugh Leonard, Flann O'Brien, Maeve Binchy, John Millington Synge, Van Morrison and Joseph O'Connor. The show has linking script ,written by award-winning playwright, Shay Linehan. It features a Flann O'Brien like character who conjures up characters to play in various well known scenes from the work of the writers. The literary performance lasts about one hour.

Minding Frankie: There will be a further performance of 'Minding Frankie' adapted from Maeve Binchy's novel by Shay Linehan on Friday June 28th at 7.30pm in the Heritage Centre for those who miss the premiere at the Book Festival.

Revamp of the Town Hall: Dún Laoghaire-Rathdown CoCo will embark on a much needed revamp of the Town Hall immediately after the Book Festival.

Raffle: We want to say a big 'thank you' to all who supported the fund raising raffle. The winners will be announced in next month's newsletter.

Tours continue daily except Tuesday. Check www.dalkeycastle.com for events.

LOURDES FUNDRAISER – Sunday 9th June from 10:30 to 1pm in OLH.

The event is being organised by Anna Brady, with a little help from the Family Mass Group in the parish. Anna is one of six 5th year students in Loreto, chosen to work with the Dublin Diocesan pilgrimage to Lourdes in September. The girls have to fund their own travel and out-of-pocket expenses. FMG are delighted to help Anna as she has given so much to the work of the FMG down the years.



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Green Schools Flag – We were delighted to be rewarded with our first Green Schools flag, having completed all our work in the Waste & Litter category. Over the next two years we will maintain our efforts in this area and also apply out attention to the requirements of the Energy category. Our annual Spring Clean Up Day in the School grounds involved a concerted effort to locate and collect litter than had blown into the most unusual places. The pupils in 4th class concentrated on our Woodland Learning area and spent a busy hour



Castle Park School Litter Patrol

in the warm sunshine with the litter picker sticks.

CBI - Children's Books Ireland

The CBI Book of the Year Awards (formerly the Bisto Awards) are the leading annual children's book awards in Ireland. Now in their 24th year, the awards are made annually by Children's Books Ireland to authors and illustrators born or resident in Ireland and are open to books written in Irish or English. Ten books were short listed this year and Castle Park School was chosen, from a

number of dedicated school and library-based groups, as one of the Junior Jury schools who will decide a Children's Choice winner for the 2013 awards. A panel of enthusiastic

readers here in School have been reading and reviewing the books under the supervision of our Librarian, Ms Kingston, and have even produced a Movie to illustrate their thoughts and observations which has been submitted to CBI.

Ava from 6th class enjoyed reading DARK WARNING by Marie-Louise Fitzpatrick, this has been one of the favourite books from the shortlist here at Castle Park.

First Holy Communion

Twenty one children from 2nd class celebrated their First Holy Communion on 11th May with Fr Declan, who visits us every week to lead Assembly, being the main celebrant. The School Choir, guided by our Director of Music, Ms McKiernan, provided a beautiful accompaniment throughout the service and the children all undertook their specific tasks calmly and carefully. Following the service the children, accompanied by family and friends, gathered back at the School to enjoy a reception.

A Mollard



Ava from 6th class





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Now to announce the new

Dalkey Business Group (DBG) Central Committee for 2013/2014

Chairperson: Nicky Logue (Fitzpatrick Castle Hotel)

Assistant Chairperson: Blaithin O'Brien (Dalkey Pharmacy)

Secretary: Melanie Kovero

*

Treasurer: Margaret Dunne (Dalkey Castle and Heritage Centre)

Deputy Treasurer: Rachel Clancy (Magpie Inn) **Marketing:** Aoife Kelly (Dalkey Good Health Fair)

PRO: Oliver McCabe (Select Stores)

Social Media Co-Ordinator: Jason McChesney (BOOST business coaching LTD)

Festivals Liason: Sara Macken (Borea Construction Dalkey)

Best of luck to all involved for year ahead.

We at Dalkey Business Group central committee and DBG members would like to thank outgoing Chairperson Kathy Irwin (Irwin Solicitors) and outgoing DBG secretary Caitriona Fogarty (Dalkey Parish Council) for all their hard voluntary work over the last couple of years which we are all very grateful for throughout the local community. Much appreciated.

Many Thanks to Dalkey Tidy Towns and all local business who took part in the Dalkey Spring Clean Day on April 27th, special thanks to Thai House, Senso Studio, Select Stores and Magpie Inn who volunteered in cleaning Writers Corner.

Sadly to we say Goodbye to businesses Moll's Paraphernalia and Toil and Glitter from Railway Rd Dalkey. Best of luck for the future.

We look forward to the incoming Dalkey Book Festival 2013 from June 14th to June 16th. A host or authors awaits us including Carl Bernstein, Dawn O'Porter, Edna O'Brien, Patrick Holford, Bernadette Bohan, Marilyn Glenville and Eoin Colfer. Many Thanks to Festival Directors David McWilliams and Sian Smyth for organising this exquisite literary event. This year Oliver McCabe and Mary Kingston are working together with Gordon Snell and the local schools on a drawing competition 'In Honour of Maeve' with the Prizegiving at Dalkey Library Garden (dedicated to the our best-loved, author Maeve Binchy). The chosen themes of 'Circle of Friends' and 'The Lilac Bus' are to be illustrated by the local school children. These will be seen during the festival throughout the town in

shop/business windows with the assistance of Sara Macken. Many local businesses are sponsoring events throughout the festival and we will have a full list in the next issue of the Newsletter.

Lastly, the Dalkey Lobster Fest 2013 has been confirmed for dates August 23rd to 25th 2013. Dalkey Lobster, Crab and all that Jazz returns with local seafood, music and even more fun for all the family. So pop dates in your diary now!





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Sunday 30th June (3.30pm)

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As outgoing Chair of the Dalkey Business Group I would reflect briefly on what has been a very busy year for the group. With the support of a very able Committee and the wider membership of the Group we have supported a multiplicity of events including the Book Festival, the Lobster and Crab Festival and we have liaised with Tidy Towns and Community Council regarding signage for the roads. We have engaged with the Action groups concerning access to Dalkey Island. We have said good bye to our local Garda Station and we have liaised with the Business Watch Scheme set up by An Garda Siochaa in Dun Laoghaire.

Perhaps our most lasting achievement will be the launch of the I LOVE DALKEY web site which was funded by Fáilte Ireland and has already increased Dalkey's profile and has attracted many new members to the Dalkey Business Group.

I wish to thank everybody who has supported us as a Committee through out the year and I wish to finally say that it has been extremely enjoyable to learn more about the workings of

businesses in Dalkey and the inter play between tourism and footfall.

> Katherine Irwin – Dalkey

ST. PATRICK'S CHURCH EVENTS

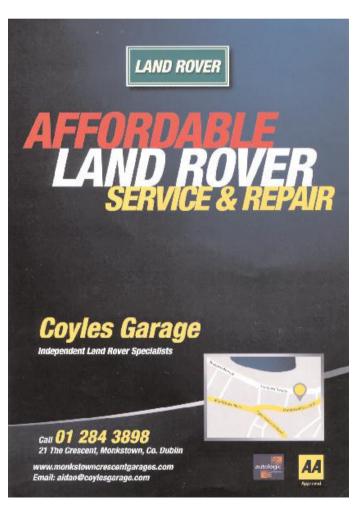
Sunday 16th June 6pm 'MACKLIN MADNESS'

A play by
Gary Jermyn
and
Michael Ford
in
Northover Hall.

Sunday 16th June 8.30pm Carl Bernstein

St Patrick's Church.

Sunday 30th June at 3.30pm Concert with pianist Eugene Mursky



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JUNE 2013 LOCAL HISTORY TALKS - James Scannell

*

Sat. June 1st at 3.30pm there will be a 60-minute Public 'The Top Ten' in the Museum of Archaeology & History, Kildare Street, Dublin 2. Tickets €2 available from the Museum Shop – 16 years and under free – wheelchair accessible.

Sat. June 8th at 3pm there will be a 60-minute Family Tour '*Monsters of the Deep*' in the Museum of Natural History, Merrion Street, Dublin 2. Admission free – wheelchair accessible.

Mon. June 10th at 8.15pm a talk on 'The History of Clontarf Yacht Club' will be given to the Clontarf Historical Society in the Clontarf Yacht Club premises on Clontarf Road, Clontarf, Dublin 3.

Tues. June 11th at 8pm – A guest speaker will present a lecture on *'The Ordnance Survey Office as a Genealogical Resource'* to the Genealogical Society of Ireland in Dun Laoghaire College of Further Education, Cumberland Street, Dun Laoghaire, Co. Dublin. Contribution €4.

Sat. June 15th at 12 there will be a 60-minute Saturday Talk 'The Book of Pottlerath' by Margery Brady in the Ceramics Room on the first floor of the Museum of Archaeology and History, Dublin 2. Admission free - not wheelchair accessible.

Sun. June 16th at 3pm there will be a 60-minute Special Tour 'Blooms Day Celebration' with Jennifer O'Mahony in the Museum of Archaeology & History, Dublin 2. Assemble at the Reception Desk - wheelchair accessible.

Sat. June 22nd at 3pm there will be a 60-minute Family Tour 'My Favourite Animal' in the Museum of Natural History, Dublin 2. Admission free - wheelchair accessible.

Wed. June 26th between 10.30am and 12.30pm the June 'Open Morning Meeting' of the Genealogical Society of Ireland takes place in Hardy's Bar, The Royal Marine Hotel. Dun Laoghaire, Co. Dublin. Tea / Coffee available - contribution €4.

A BOOK TO READ

The Men Will Talk to Me: Galway Interviews by Ernie O'Malley,

Edited by Cormac O'Malley and Cormac Ó Comhraí, published by Mercier Press.

This book is a sequel to the earlier book 'The Men Will Talk To Me: Kerry Interviews by Ernie O'Malley', Edited by Cormac O' Reilly and published by Mercier Press and this new additional collection of Ernie O'Malley interviews contains dramatic first-hand accounts of the War of Independence and Civil War in Galway.

For the first time in published form, 'The Men Will Talk to Me: Galway Interviews by Ernie O'Malley' chronicles the experiences of the Galway-based survivors of the War of Independence and the Civil War as recorded in the hand-written notebooks of Ernie O'Malley.

Many of the individuals would not talk about their experiences, even to their own families, but were willing to talk to O'Malley as they considered him as one of their own: one of the senior surviving Republican military commanders, and an iconic figure because of his exploits. O'Malley took on the task of preserving the memories of these participants.

The resulting notebooks provide an unrivalled insight into this important period of Irish history; including the activities of the West Connemara Flying Column, IRA, the attack on Clifden and the reality of life 'on the run' for the Galway IRA volunteers and in prison for the Galway IRA volunteers.

AUTHOR INFORMATION

Ernie O'Malley was a medical student in Dublin when the 1916 Rising broke out. Although initially indifferent, he soon came to sympathise with the Republican viewpoint and joined the Irish Volunteers, later to become the IRA. He quickly rose through the ranks and was soon organising the IRA around the country, reporting directly to both Michael Collins and Richard Mulcahy.

Cormac O'Malley is Ernie O'Malley's son. He works as an international lawyer and has been extensively involved in ensuring that his father's writings are made accessible to all those interested in Irish history.

Cormac Ó Comhraí is a Galway-based teacher and local historian. He has been involved in research on the War of Independence in the West of Ireland since he was in university and has contributed to several documentaries and publications dealing with this period.

'The Men Will Talk to Me: Galway Interviews by Ernie O'Malley' is published by Mercier Press, Ireland's oldest Independent publishing house, based in Cork in paperback at € 19.99 and is also available in eBook format from all the major outlets.



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❖ SHARAVOGUE SCHOOL, MONTESSORI & CRÈCHE ❖

1983 - 2013 Celebrating 30 Years!!



Sharavogue Junior School, Montessori and Crèche is delighted to be celebrating 30 years in existence. A Family Fun Day was held on the last Saturday in April for all the families in Sharavogue to mark the occasion. There was great

excitement with bouncy castles and slides, visits from Winnie the Pooh & SpongeBob, Waffles the Clown & Silly Sally who entertained everyone for hours. There was lots of balloon modelling, face painting & yummy ice creams from the Ice-Cream man!

Located in the Victorian Sharavogue House in Glenageary built in 1870, Sharavogue is home to 200 children, many families with brothers and sisters ranging from the Babyroom up to 6th Class and it continues to be like one big family. The house itself still retains many of the original features in its external stucco decoration and also internally in the decorative plasterwork and ornate ceilings. The original elaborate porch and entrance once used for Victorian tennis parties is still in existence today though the age profile of those entering the building is significantly reduced!

Established In 1983, Sharavogue was one of the first childcare establishments in the country that incorporated the concept of child-centred care and education in one environment. It continues today to provide a one stop shop for parents for all their childcare and educational needs incorporated in the Crèche, Montessori and Junior school.

Sharavogue is a very special environment for initiating long lasting friendships. There are a number of children who have spent up to 12 years in Sharavogue moving from the baby room right through to Junior School . We are told regularly by past pupils who return to Sharavogue for work experience that often the friendships that were made have trancended their years at Sharavogue and are carried on despite different schools, colleges etc.

With Betty Allen (Principal) and Gillian Dawson (Vice-Principal), Sharavogue currently employs 45 Full-time staff and we are constantly encouraged by the positive feedback received on a regular basis from Parents on the professional and, most importantly, the caring nature of the childcare team and teaching staff.

Many of the staff have established their careers at Sharavogue and have continued to educate themselves and move with the changes along the way.

Almost half the staff have been with us for over 5 years and a number of them are approaching 10 & 15 year anniversaries themselves, not to mention the few who have been here from the beginning!

As well as continuous enrolment for full-time care in the Crèche & Montessori - we are now inviting applications for enrolment in our Montessori mornings classes and Junior school for September 2013. (Tel: 2858546 / Email: info@sharavogue.ie) www.sharavogue.ie





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NEWS FROM CHURCH OF THE ASSUMPTION

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Once again we had another busy month in Dalkey parish with many Christenings, weddings and funerals. We offer our sincere condolences to anyone who has been bereaved in the past month and our thoughts as always are with their families, relatives and friends.

Our annual Mass for the sick was held on Sunday 19th April at 3pm in the Church at which Fr Declan gave a special blessing and anointing to all the sick in the parish. A special word of thanks once again to Betty for supplying the beautiful flowers which were used as part of the blessing. Hopefully this event gives hope and strength to people at a challenging time in their lives.

Special thanks to Partners in Faith for their wonderful facilitation of the 'Faith in our lives' talks series held in April, which helped us to reflect on our own personal faith journeys. We wish the team well as they continue this great work on our Diocese and beyond.

May was a busy month for all of our first holy communicants. It was wonderful to see all the children from our 4 local schools coming together to celebrate this special events in their lives. We thank all their teachers, their parents and the principals of the schools programme for all the work they put into preparing the children. Hearty congratulations to all the children and may they always cherish the Lord's presence. We are fortunate to have a wonderful group of Parents and helpers who are committed to helping prepare the children through the Do this in Memory programme. This programme unites the parish as well as school in enabling parents in helping their children grow in the experience of God's love in their lives.

On May 14th we held our first Bethany bereavement evening get together in Our Lady's Hall. This was an opportunity for anyone in our community who has lost someone to come together in solidarity and community and to share their stories and their loss. We thank Gobnait O Grady and Liz from Bethany central council for their participation and to Fr Declan who spoke about how loss affects us all in ways that sometimes are as unpredictable as they are painful. We will continue to run these evenings subject to demand so check out our parish website or the weekly parish newsletter for further details.

Once again we will be hosting one of the main events as part of the Dalkey Book festival, the renowned Middle East journalist Robert Fisk who will speak in the Church on the 16th June in the church. Robert will be joined in the audience by Fr William Stuart who has just returned from a trip to Syria where he was making a documentary and checking the progress of his 'schools for Syria' charity. He also spoke about the situation live from Damascus on Joe Duffy's Liveline programme and gave a very good account of the daily struggles of the children caught up in the war. You can find out more and follow this campaign on his schools for Syria Facebook page.

There has been a huge increase in numbers in Harold Boys' N.S. and building work has commenced on an extension to our wonderful school. As the Department of Education & Skills grant will not cover the full cost of the work, we will depend on the generosity of past & present pupils and "Friends of Harold Boys' N.S.".

Anyone interested in donating money should check out the link on the school website www.haroldboysdalkey.ie or simply drop it into the school. You can also participate in the buy a brick campaign. Your generosity is very much appreciated.

On Sunday 19th May, Home Instead held an information day in Our Lady's Hall to coincide with the launch of their free guidebook "Senior Citizen: The Essential Guidebook," a roadmap to successful ageing. Produced by Home Instead Senior Care with the support of Age Action and the HSE, the guidebook features advice and information on a wide range of issues including allowances and entitlements, medical, health and nutrition



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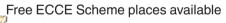
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matters, the various care options for older people, home safety information, legal and financial information, new technology, bereavement and much more. There was a great attendance with free blood pressure checks and free massage for all! You can pick up your free copy of the guidebook from the parish office or Our Lady's Hall.

Following the great success of last year's parish picnic, we will once again host this fun event on Sunday 23rd June after 12.30pm Mass in our own church grounds. Come along and enjoy the fun and bring your own picnic to eat or share with friends. There will be lots of FREE entertainment for all ages, live music, children's play area with supervised slides, bouncy castle, face painting team, Giant Jenga and lots more! Please God, once again the sun will shine!

Everyone is welcome, and dress for the weather!

This year's parish golf outing will take place on Friday 16th August in Killiney golf club. Tee times from 1pm with dinner afterwards. If you are interested in unleashing your inner 'Rory Mac', call into the parish office for more details and to register.

This is a social event and not a fundraiser. All are very welcome. Cost (inc. dinner) \in 30.

Caitriona Fogarty - Dalkey Parish Office

* 'KING' LARRY WILMOTT REMEMBERED 1921 - 2113

His Majesty, Larry Wilmott R.I.P., will always be remembered as the original 'King' of Dalkey, being a pillar of the community in every respect. In recent years you could find him at the 'Country Bake' on Wednesday mornings, always in good form and available for an Audience if you had time.

He then used to take a taxi back to his home in Our Lady's Manor. He was at one time a member of the Community Council and several other organisations and committees too numerous to mention here.

Every year he presented the Wilmott Memorial Trophy for Table Tennis which is played on the nearest Wednesday in March to the death of his beloved wife, Betty. She passed away in march 2002. He even presented it as late as March 2013 and made a great speech on each occasion. He always had a great love for Table Tennis, in fact, Betty and himself taught many of us the rules of the game. I was delighted to see a Table Tennis bat on his coffin.

He was always present at the Annual Blessing of the Boats in Bulloch Harbour, attired in his royal robes. He had a long and industrious life and died at the age of 92. His funeral was at St. Patrick's Church on April 18th last and then to Shanganagh Cemetery. He will be greatly missed by all who knew him.

Now we have to move on and hope that the current 'King'. Finbarr will reign as successfully as the late 'King' Larry.

May he Rest in Peace.

*

MARIE BYRNE (Table Tennis Representative on Community Council)

*

MOIRA BAILIS RIP

Over the many years my mother has received the Dalkey Community Council newsletter/magazine, it was a little piece of her beloved Ireland that would show up in the mail on a regular basis. It is with regret I must inform all those concerned of my mother's passing in the late part of February. I must thank you so much for sending the newsletter to her for all these years and bringing a small but dear part of my Mom's past back to her. She was just shy of 92 when she passed away and in the last 10 or so years of her life she was no longer able to travel to Ireland as she did from year to year long ago, so the DCC Newsletter was such a thrill for her. Again thank you for making my Mom's life just a little brighter. Yours truly,

Moira Bailis' son, Peter T. Bailis (Formerly of 'Merdon' Saval Park Road)



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❖ FORTHCOMING EVENTS DCC Monthly Meeting in OLH at 8pm Tues.4 June | Sorting of July

Sorting of July Newsletter in OLH (1pm-2pm) Thurs. 27 June DCC July Monthly Meeting in OLH

Sun.9 June
Dalkey Book Festival Fri. Sat. Sun.
14/15/16 June

FMG Fundraiser in OLH (10:30-1pm) see page 23

at 8pm Mon 1 July

FORTHCOMING EVENTS

Karate sessions for all age groups @ 6.00-9.00pm Tues. & Thurs. Tel: Wayne Deegan 086 857 2546. **Dalkey Players** have finished for the summer. New members are always welcome. Contact Aileen Byrne 087-9842337 or check www.dalkeyplayers.ie for details.

St. Patrick's Dramatic Society Dalkey has finished for the season. New members are very welcome contact www.stpatsdramsoc.com

The Irish Vintage Radio & Sound Society meets monthly in Dalkey. If interested please call 086-8391839

Cuala Set Dancing Classes: Every Sunday from 8pm-10pm. €6 per night. All welcome.

Pilates: on Mondays in Fitzpatrick Castle Hotel from 6.15pm. Contact Lizanne Barry 087 8572408 Zumba Fitness Classes: in Cuala GAA Centre on Thursdays from 7.00pm. Contact Lukasz: 085 216 33 04; Email:info@zumbagalaxy.com

St. Patrick's Church, Dalkey. Sunday 16th June 6pm 'Macklin Madness' a play by Gary Jermyn & Michael Ford in Northover Hall. Sunday 16th June 8.30pm Carl Bernstein in St Patrick's Church.

Sunday 30th June at 3.30pm Concert with pianist Eugene Mursky

Holy Trinity Killiney: Weds 19th June: A tour of the interior of the Obelisk on Victoria Hill. Admission free. Meet at the Carry Hall at 10.45am.

NATURE NOTES FOR JUNE 2013

Sunday 9 June: Outing to Shanganagh for Sand Martins. Meet at Shankill DART Station at 10.00am. Check out the DLR events website for updates on events in the Dun Laoghaire Rathdown County

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Editorial Team: Gerard Coakley (Editor), Ann Perry (Assistant Editor), Danny Merity (Distribution), Helena Feely (Advertising Manager), Dr. Susan McDonnell Web: www.dalkeycommunitycouncil.com Email: gerard.coakley56@gmail.com

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Oh! How Television (and Radio) has changed over the years

I have often mentioned Humax satellite receivers in the past. The build quality is excellent, the picture quality is super, the menus are easy to use, and they are very reliable units Now Humax have launched a new range of satellite receivers, previous models had a metal housing with a front display, now they are made of plastic, slow to respond to remote control commands, you can hardly see the front display through the plastic and the on screen menus are difficult to follow. It's a shame as the previous generation of receivers were excellent, we used to sell them all the time, and I don't recall a single unit failing If you own one of the older generation units hang on to it, chances are you won't come across a more reliable receiver.

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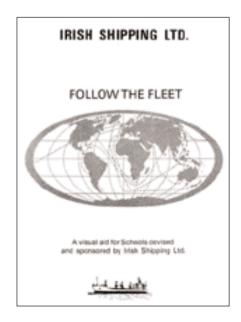
If you visit a classroom nowadays you wouldn't fail to notice that there is a great supply of educational aids on view like computers and white-boards. Whereas if you visited the same rooms back in the 60's and 70's you would see the old style desks and the only educational aids on view would be chalk and a duster! It was really up to individual teachers to acquire these extras which would make school-life and education more interesting and informative. The sources for these when I started teaching in the late 60's were Irish companies like C.I.E, Aer Lingus and Jacob's for example. You wrote to them and asked them to send you any information or posters that would help to inform the schoolchildren about their companies and products. Most companies were very good with their responses and if you got something suitable for your class you attached it to the walls in the classroom. Teachers generally referred to these kinds of educational aids as 'wallpaper'. Mind you it should be emphasised that if you did "wallpaper" the walls, the inspector when visiting would always ask the pupils about what was on view and they did serve as educational aids.

In my opinion I would say an educational aid set up by Irish Shipping Ltd. was the best of these at that time. It did very little advertising after the company was set up in 1941, and generally people knew very little about it. When Britain refused to endanger their ships and men for a country who decided to remain neutral during World War II, the government here set up the semi-state company after a meeting at Earlsfort Terrace. The first ship purchased was a Greek vessel and when it arrived with grain in Dublin it was renamed Irish Poplar. By 1960 the company had a fleet of 20 ships with names like Hazel, Larch, Fir and Oak. But by 1963 the company had losses of nearly 1 million pounds and the fleet had to be reduced. Following this it had profits for the first time in 1967. As a sort of advertising the Follow the Fleet Scheme was set up in the same year allowing school children to follow the movements of the company's ships around the world. After you wrote to the company to join the scheme you received a specially designed world map to hang on the classroom wall and ship markers. Pupils would plot the position of the company's ships from information

supplied by weekly bulletins which showed the position of each ship in terms of latitude and longitude. These bulletins, sent by post, also gave details of cargoes carried and the loading and discharge ports involved. The scheme was very popular and it's said that up to 3,000 pupils participated in its first year. It continued for 16 years until in 1984 because of Hong Kong owners' charter rates proving too much the company sadly went into liquidation. All assets were disposed of and a small but great shipping company was gone.

It was a sad day when I took the Follow the Fleet special World map off the wall and put the ship markers back in their little container. I would say, with certainty, that the Follow the Fleet scheme opened up the sea-faring world to pupils over the years of its existence and was a great original teaching aid.

Seán Ó Gormáin



A DALKEY AID WORKER'S REPORT FROM THE PHILIPPINES

The Philippines, is a large group of Islands over 7,000 based in the Pacific ring of fire and with its tropical weather, it is more prone to earthquakes and typhoons. It is a sovereign state and gained its independence in 1946, from USA. The Republic of the Philippines is divided into three geographical regions, Luzon, where the capital Manila is, Visayes and Mindanao. They have a system of devolution, which decentralises from the



national government down to the local authorities. The strange part of this is that although a worldwide concept maybe embraced by the national government, if the Governor does not like it for his Municipality, it does not get brought in.

The local currency is the Peso and most speak English, with a nation dialect Tagalog, which is their official language, but it is not understood by all of the indigenous tribes, so English has become a very popular second language.

On the flights approach into Davao, there was an announcement to state that Davao is a "smoke free" zone. I am almost 2 hrs. Flight from Manila, as the commercial vastness



disappears; the new places have already begun to adopt this development policy. But it is based around the few very rich families and they are often in Government. Imelda Marcos, who was a former beauty queen and stole the heart of Ferdinand in 11 days, is still in Government along with her son and daughter.

I am here as a standby partner for UNICEF, but although I am a

Freebie, they have certainly not treated me like one and I have been welcomed as a contributing consultant.

The tropical storms saw a large, unseasonal typhoon hit the Mindanao region, although it was tracked, it changed course in the last few hours and hit the unprepared region. This region has been growing coconuts for centuries for the landowners and the tenant farmers who cultivate there and over the past two years, the price for the fruit has quartered and so the residents here have already seen a significant drop in their livelihoods. It takes 5-7 years for them to re-grow and so they are faced with a bleak future.

But the resilience and community support have been outstanding and they have all worked so hard with their Mayors and Governors to rebuild and make water and health facilities available again, even in make shift buildings. The Government declared that they would allow the debris control and clearing of the trees, but there was a delay due to many of the

actual land owners not being contactable and the labourers are the ones living on these plantations, but they could not do anything.

There are some amazing "you Tube" videos on before and after typhoon Pablo, the footage by the helicopters are a few weeks later and show how difficult it remains to get to each village. But the community spirit has been so fair and supportive, that relief goods left for those cut off areas are passed along like a fireman's chain. The accountability is so clear and precise; it's heart-warming to give to others who give back. The main health workers have had their homes rebuilt by the community as they worked non-stop, to help the needy.

It's a very Catholic country, but on their own terms, priests can marry, they do not have fasting days and it has no gay right's movement as they are very much part society. In fact, apparently, in some families, it is a common practice, when you have 4 boys and the next baby is a boy, he is brought up as a Lady boy.



There is a huge American influence, with fast food chains available at most street corners, in the cities. Even Mac Donald's has many drive thru and delivery services. The shopping malls are 3 storeys of immense shoppers' paradise, with whiting treatments being the top favourite, as opposed to our spry tan offers. Even when you go for a facial, to prompt the client to return, they show the dirt removed, from your face! The range of top shops in Manila would outshine anything that would be for sale in BT, but they are only available to the 10% of the wealthy residents.

Some are expats here for the mining and logging industry, others for the apartments and new office buildings that are going up all around the suburbs. When you fly south one hour and half, from Manila to Davao, you are now in the Mindanao region, which has been hit by a typhoon to the north last year, but they had a disaster management plan already established and that planning paid off for early recovery. This is what is planned for this area, now that it has emerged to be a weak and vulnerable zone.

The transport varies from a Jeepnyes, which are modified old American jeeps, with an extended rear to accommodate a number of fare collecting passengers, or the tricycle which has pavilion passenger space for 2-4 people and it can be a bicycle or a motor bike attachment. The best is a sky lab named after the famous one dropped in pieces from the sky, with bits sticking out, which has planks of woods length wise to place about 8-10 people, children and animals, scary to watch.

The music is American slow love songs of the 80's, talk about nostalgia, it reminds me of the slow set in Pres. Glasthule, except no "Stairway to Heaven". Every lobby and car radio system has it on and so the lyrics are repeated by anyone who sings, so there is no forgetting them. Foreigner, Reo speed wagon, Bonny Taylor, Journey even Chris de Burgh's "lady in Red", ballads, but not the powerful ones.

The food is amazing, so much fruit and fresh vegetables cooked in so many tasty ways, it's hard to stay slim especially now with available junk foods and you can see the difference in

the rich families, laptops, iPhones galore and junk food, drinks and now blubber. They are obsessed with sugar, even the bread has different percentages of sugar and there is none with a minimum just to cook it. Fascination is also with ice cream and cakes, the more artificial looking the better!

A Balut is another dish bought from the street traders, you pay according to the number of days old the egg is. This is a fertilised egg and they like to think you have the nourishment of the chick inside also. Fish marinated in white vinegar and lemongrass, is a family favourite, although the recipe varies from house to house.

The past invaders have all left an influence of the multicultural cuisine, that has such a variety of seafood and pork is the top favourite, even the affected areas, still have some pigs wandering around and use their cattle to farm or remove debris from the land. There are four different breeds of pigs, but the normal pink skinned ones that Ireland knows best are bred for the "Suckling" pig dish. There are no large herds, for the ordinary rural farmer, so the dangers of diseases are limited, although Dengue fever is abound, I got well looked after by Dalkey Pharmacy, before I came here to work. The Spanish, who resided here in the 16 Hundreds for 300 years, gave them San Miguel beer and it is brewed here and is a large employer. It sells bottled versions, including "light" with is very popular.

The land had already been cleared in many areas and changed into Paddy fields for the rice, there are many areas, where the green has turned colour to brown and the harvesting begun. They are using very old machinery and their hands, to separate the seeds from the chaff.

Life begins around 5 am and everything goes quiet 22hrs. Even in one of the typhoon Pablo zone headquarters; there is a 22hr curfew for those who are under 18, to protect them. Such is the very caring and responsible nature of the Filipino people. Basketball is their new sport as they have not been known for much in the sports field, but every back end street has some crowd shooting hoops. Cock fighting is a crowd pleaser and these are housed in single open triangle houses tied up and numbered, outside houses, it can even be televised. Or tourist tours as it is a haven for diving, with so many unspoilt beaches and enchanted valleys and rivers. The waters are extremely clear and have the best underwater features for the diving and snorkelling visitors; there is even a chocolate mountain as well as the expected volcanoes.

Air conditioning is everywhere, even in the cars; they have them so cold, and I have to wrap up, when I am on trips to the affected areas, that drive takes about 5 hrs. And the roads are OK on most of the route. The re changed paths of the bridges is interesting as the reinforcement goes through places where people once had homes. The areas affected are where the poorest of the poor live and their paper type shelters had no chance, with the walls of hospitals and churches crashing down. The ambulance, for one area, can be seen cut in two by a fallen tree. One of the fab slogans on a new shelter house, is "From debris to shelter"

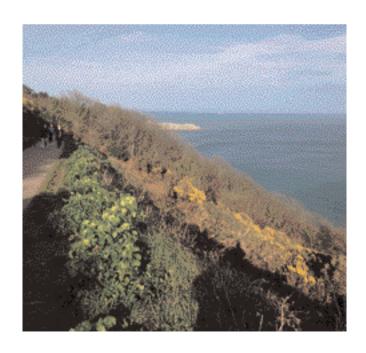
The majority of people killed were from drowning when trapped in these shelters as the mudslides came tearing down from the hill tops. The rains are still heavy still and there seems to be no break yet, although it is the summer season, hot and humid.

The common dress code for all shapes and sizes and ages are shorts and flip flops. However, uniforms are always pristine for the office. Many polo shirts have a towelling piece of material slipped down at the back collar to absorb the heat. A few people wear face

masks and the smog in the cities is something else. There is no fresh air until you are well into the country side or at a beach resort.

The Philippines is like an undiscovered gem, which has fantastic beaches, food, people and peace and tranquillity. Unfortunately, I am here on mission, so maybe a return visit will bring me to those resorts, like Cebu, Boracay and Bohol. The Tourist office went to Europe to promote The Philippines, "It's more fun in the Philippines" The hotels in the resorts can be expensive, so it is better to go online through the many hotel companies, rather than turning up, or calling for a price. Those beaches are picture perfect with the clearest turquoise waters. Most of the waterfalls have been turned into open sites for picnics and days out. Another thing to note is the absence of rubbish; even rurally they take care of the environment

Louise Kellett



A BOOK TO READ

'The Wreck of the Neva: The Horrifying Fate of a Convict Ship and the Irish Women Aboard' By Cal McCarthy and Kevin Todd, published by Mercier Press.

The women whose stories are told in this book vanished from Irish and Australian history almost two centuries ago and this book now reclaims their long-forgotten history.

The 'Neva' sailed from Cork on 8 January 1835, destined for the Botany Bay with 240 people on board, most of them either female convicts, or the wives of already deported convicts and their children. On 13 May 1835 the ship hit a reef just north of King Island in Australia and sank with the loss of 224 lives

Authors Cal McCarthy and Kevin Todd have comprehensively researched sources in Ireland, Australia, and the UK to reconstruct in fascinating detail the stories of these women. Most perished beneath the ocean waves, but for the lucky survivors the journey from their poverty-stricken and criminal pasts continued towards the hope of freedom and prosperity on the far side of the world. At a time when Australia is once again becoming a new home for a generation of migrating Irish, it is appropriate that the formative historical links between the two countries is remembered.

Author Information

Cal McCarthy is the author of 'Cumann na mBan and the Irish Revolution' (2007) and 'Green, Blue and Grey: The Irish in the American Civil War' (2009). He lives in Carrigadrohid, Co. Cork. In 2005 he received his M. Phil for a thesis entitled: 'The 1918 General Election - The swing to Sinn Féin'. He works as Secretary to the Council of National Cultural Institutions.

Kevin Todd is an Irish artist/designer and a Senior Lecturer at the University of the Sunshine Coast, Queensland. Originally from Cork city, he moved to Australia in 1981. Kevin has exhibited internationally and has completed large-scale public art projects. He has also undertaken residencies in Australia, Malaysia, Ireland and England, and was a visiting scholar at New York University in 2008.

'The Wreck of the Neva' is published in paperback at € 14.99 by Mercier Press, Ireland's oldest Independent publishing house, based in Cork, and is also available in eBook format from all the usual outlets.

James Scannell



On Grief June 2013

No family is untouched by grief. The experience is unavoidable and inevitable for all of us, and yet most of us struggle to accept it, to face the rollercoaster of emotions that grief brings. Instead of processing it, we often try to 'bury' it, to 'get on with life', while the weight of the unprocessed grief drags invisibly behind us.

I know a man whose younger brother died decades ago when the family was very young. As was commonplace at the time, neither he nor his young siblings attended the funeral and afterwards this brother was never mentioned again in the family because of the distress it caused. His parents were unable to face their grief and the children, as a consequence, had no permission to grieve their brother. The family stories of their young brother remained unspeakable and unspoken, so that the memories of him began to fade, as if he'd never existed. Sadly, this was a common experience for many Irish families then and in earlier generations.

Much more is known about grief and loss now. What is certain is that the grieving process cannot be skipped or sidestepped. Unprocessed, the burden remains, an unseen heaviness of the heart, even decades later. Storytelling, remembering one's loved one, is key. It allows us to laugh, to cry, to remember their place and their importance in our lives. Imagining the deceased sitting nearby, chatting to them, imagining what they might say in return, can initially be painful but can, in time, be a huge comfort for those bereaved.

Where a relationship was difficult, for example where a parent was feared or hated, the loss still needs to be grieved. The bereaved person grieves for the parent that should have been or could have been but wasn't. There may also be a 'living loss' where a person is gone from a family but not through death. Take for example the loss felt by a child where parents separate, the loss of an adult child through emigration, a spouse/partner left for another partner, or the secret loss of the mother who had to give her baby up for adoption.

What is now known is that men and women grieve differently. Men may need to throw themselves into physical work or projects to try to discharge the painful feelings they have. Talking is more difficult because of the shame that many men still feel around showing their feelings. Women typically want and need to talk, to cry, to get angry and to cry some more. Significantly they say that couples who don't grieve together, separate, if not physically, then emotionally.

Some tips to help with the grieving process:

- * It's never too late to grieve
- * Children also need to be allowed to grieve
- * Everyone grieves differently, some will take longer than others
- * Grief can be mistaken for depression by family/friends
- * Prolonged grief can become depression
- * The grieving process takes time but it does get easier
- * It's vital to talk about your feelings (e.g. shock, anger, guilt, loneliness, numbness, profound sadness, anxiety, relief)
- * Take time to alk about your loved one (e.g. sharing photos, stories, happy memories)
- * Avoid making major changes in the early stages it's a very confused and confusing time
- * Allow friends and family to support you
- * If it was a traumatic loss and you have nightmares, disturbed sleep, flashbacks, then get help.
- * Bereavement counselling does help

www.fsa.ie "Helping teenagers to cope with death". www.healthpromotion.ie "Bereavement: when someone close dies".

Catherine Tierney BA MIACP Counsellor/Psychotherapist www.careofthemind.com



