

DALKEY - Deilginis 'Thorn Island' COMMUNITY COUNCIL

Irish Heritage Town

"Ireland's longest-running voluntary community newsletter" First Published April 1974

NEWSLETTER No 498 (Volume 25)

Iúil (July) 2019

NATIONAL CHAMPIONS!!

Dalkey's Under 11 Rugby Team



See page 9 for full report

Image: Linda Rowlands and Jenny O'Brien

❖ Summary of Dalkey Community Council June 2018 Meeting



Summary of June Monthly Meeting held on Monday 10th June 2019 in OLH

As a mark of respect the members observed a minutes silence for Laura Doyle, a long term member and Road Rep for Leslie Avenue, Carmel Kelly, another long term member and Road Rep for Corrig Road and Howard Kilroy, husband of Meriel who represents St. Patrick's Dramatic Society.

TT: The DTT volunteers are very busy as the inspectors from the TT Competition are due from now on. There are teams busy weeding, planting and litter picking. The removal of the redundant phone boxes will be investigated.

Sport: The Dalkey Community Games had a very successful season and see 9, 35 and 37 for a full report on the swimmers, rugby team and athletes.

NW: There were some incidents of public order in the town, on Coliemore Road, Barnhill Road and Bulloch Harbour. There were seven burglaries during May and Gardai advise everyone to secure their property and activate alarms.

Planning: ABP has given permission for the proposed development at the former site of Dalkey Lodge Nursing Home. The application for the ten houses and fourteen apartments at "*Richmond*" Castle Park Road has been refused by DLR.

The next DCC Meeting is Monday 8th July 2019.

DALKEY CASTLE & HERITAGE CENTRE UPDATE



DLR Summer of Heritage. There will be free guided Living History tours of Dalkey Castle & Heritage Centre every Monday and Thursday at 10.00am as part of the DLR Summer of Heritage programme.

*

Maeve Binchy and Irish Writers Guided Walks are back again as part of Summer of Heritage, too, on Thursday evenings at 6.15pm. Many of the current writers are referenced in the Writers' Gallery at



the beginning of the walk and then site-specific references by the local writers enliven the tour on the streets. Walkers finish up in the Maeve Binchy Memorial Garden at Dalkey Library. The hour long, easy strolling walks begin in the Dalkey Castle & Heritage Centre where all get mic'ed up to the Tour Guide for ease of listening.

Advance Booking is essential for both of these free events sponsored by Dún Laoghaire-Rathdown Co Co.

ECHOES 4th-6th October. Planning is well under way for ECHOES. More Friday events will be announced soon.

Olivia O'Leary (who worked with Maeve and was a life-long friend) will start the day with A Personal Reflection on Maeve's life and times, her journalism and fiction. The next session features writers Cathy Kelly, Chris Binchy and Jo Spain discussing if contemporary writing reflects life in Ireland today with Niall MacMonagle.

Clelia Murphy Among coffee chats and meet and greet with authors, Clelia will read some extracts from Maeve's work. The morning will round off with Experiences of Irish Writers Abroad with Madeleine Keane, Christine Dwyer Hickey and Mary Pat Kelly in conversation with Caroline Erskine.

All at Sea After a break for lunch locally, the first afternoon discussion will have us all at sea when Hazel Gaynor, Fionn Davenport and Andrea Carter will be asked if living on a small island affects our sense of community?

Writing as activism for communities in Ireland with Carlo Gebler, Senator Lynn Ruane and Ibrahim Halawa will be led by ECHOES regular Seán Rocks.



Rita Biggs leading the guided walk met Gordon Snell in the Garden

Photo: Conor McCabe

Deirdre O'Kane will enliven the afternoon sessions with more readings from Maeve Binchy's work.

Róisín Ingle The Saturday full day event will be drawn to a close by Róisín who will talk about Maeve At Home in Ireland.

There are more Saturday and Sunday events still to be announced. Check the website www.echoes.ie. Tickets on sale now.

Full day Early Bird (before September 15th): €45 Full day (from September 16th): €55 Half day (morning or afternoon): €30 Booking www.echoes.ie. Eventbrite Booking fees apply

Margaret Dunne, Manager, Dalkey Castle & Heritage Centre

ANNUAL GARDEN OUTING

The Annual Dalkey Community Garden Outing will take place in **July**. Please watch the Notice Board in Our Lady's Hall for further details.

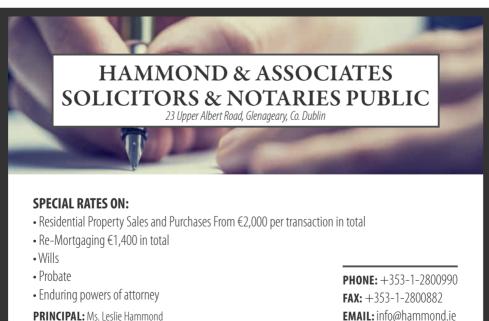
Your Area Representative is	Area No
Telephone:	E-Mail:

DALKEY NEWSLETTER ONLINE

*

All copies of the Dalkey Newsletter from 2003 to date can be accessed on our website. Simply go to **www.DalkeyCommunityCouncil.com** and click on the link *Newsletters and Newsletter Archive*.





❖ CORE CREDIT UNION DALKEY CELEBRATES 50 YEARS ❖



As part of Dalkey Credit Unions 50th Anniversary celebrations on May 9th and to show some appreciation to our members, we raffled a beautiful food hamper from SuperValu.

CONGRATULATIONS to our winner Mary Murphy!

Images: Core C.U.



❖ FOLKLORE CORNER

*

Background

The *Dalkey Newsletter* is launching a new folklore series, recounting the folklore of Dalkey. It is hoped that future issues of the Newsletter will publish an item of Dalkey Folklore which readers may have heard about from their forebears. It will hopefully enhance the delight and interest in the town of Dalkey for all residents.

The Irish Folklore Commission was established in 1935, driven by a visionary Professor Seamus Ó Duilearga, an Ulsterman, who saw his life's mission as the saving of Irish folklore for future generations. His enthusiasm formed part of the drive in the new State to celebrate and preserve Irish culture, before it was lost.

Between 1935 and 1970 the Irish Folklore Commission, assembled one of the foremost folklore collections in the world. In recognition of its "world significance" and "outstanding universal value to culture", the collection has been inscribed into the UNESCO Memory of the World Register.

The Commission was staffed by 10 full time collectors in the early years, and received a £100 allocation in the 1935 Budget (following a meeting between Ó Duilearga and Eamonn De Valera). The Commission's aim was to collect the folklore of every county, before it was lost. To do so the Commission was going to need help.

That help came from an idea in the 1930s: to turn school-teachers, and their students, into folklore collectors. During the period 1936-1939, as part of the School's Folklore Scheme, more than 50,000 schoolchildren and 5,000 teachers set about collecting and recording folklore in their home districts.

Known now as the Schools' Collection or *Bailiúchán na Scol*, the collection contains three quarters of a million pages of folklore. 288,000 pages in the pupils' original exercise books; 451,000 pages in bound volumes. The Schools Collection is housed in UCD by Dúchas.

Students in Harold Boys and Loreto Dalkey, under the direction of a *Mr. M Ó Maoláin* and *Mother Evangeline* respectively, participated in the collection and preservation of Dalkey folklore, in the period 1936 to 1938. The students' collection comprises 197 pages of stories from their parents, grandparents, and neighbours. Their work has been digitised and can be readily accessed at www.duchas.ie.

The copy books, handwritten by students, record the stories as told to the students, and the



JOIN DALKEY TAXIS TO AVAIL OF OUR AMAZING INTRODUCTORY DEAL WHICH IS JUST TOO GOOD TO BE MISSED!

THE FIRST 2 WEEKS ARE FREE NEXT 6 WEEKS PAY €50 PER WEEK

Dalkey Taxis Cash, Account and Credit Card work is increasing and we need drivers.

So ask yourself what are you actually paying to other Taxi or App companies?

Just CALL 01 285 7777 email: bookings@dalkeytaxi.ie

JOIN DALKEY TAXIS AND SAVE MONEY!





01-2857777



storyteller by name, address and age.

The stories recorded about Dalkey reveal classic themes of the oral tradition: holy wells, tunnels, treasure, fairy forts, ghosts, battles with the devil, weather lore, local cures, and much more. Remnants of these stories remain in the consciousness.

The stories are without author. They are rooted in that which can be seen or touched, Dalkey people, places or traumatic events that left their imprint - spun out with local imagination. The stories have a sense of intrigue, excitement and fun. They inform, warn and entertain.

Thanks to the students of 1936-1938, this otherwise undocumented expression of local imagination, remains. The aim of the students was to record the oral stories and traditions in Dalkey for posterity; the students succeeded.

The first story in the series was collected by Joan Kelly, Loreto Dalkey, 7, Church Road, Dalkey. It was told to her by Mr. Kelly of 7, Church Road, Dalkey, aged 35. It is titled 'Bullock Castle':-

"On Bullock Road stands the old ruin of Bullock Castle. It is made of granite and stands there for hundreds of years. On one side of it there is a face of a nun engraved on the granite. As all of the ruins in Dalkey have a legend attached to them, this also has one.

It is said that when the Danes were plundering Ireland they plundered this castle. They killed many of the nuns who lived there at the time. Their method of killing these nuns was very gruesome. They had long sharp swords which they used to cut off their heads.

One nun attempted to escape by jumping out of the window. Jumping down, she fell sideways thus smashing her head against the wall. The next day when the other nuns looked out of the window they saw the image of the nun's face engraved on the



Sketch by Gabriela León, Loreto Abbey, Dalkey

This fact has always been there and if you look there Loreto Abbey, today you are sure to see it unless it vanishes as mysteriously as it came."

Charles Dignam, Harold Boys, 16, St Patrick's Rd, Dalkey was told the same story, with some variation, by Mrs. Dignam of 1, Glenalua Road, Killiney, who he recorded as 'about sixty years of age'.

Mrs Dignam's recounted that "there is another castle in Bullock in which a nun lived. This nun had Danes staying in the castle. When the nun rose they used to put her up on the top of the castle to signal when the English soldiers were coming. One day when she was on the castle English soldiers came and threw her over the top of the castle".

The sketch was drawn by **Gabriela León**, 2nd Year, Loreto Abbey, Dalkey, who kindly agreed to draw the mysterious nun at short notice.

If you know this story or a variation of it, or anything of the students or storytellers, M O Maoláin or Mother Evangeline, or Dalkey's participation in the School Folklore Collection, please feel free to drop me a line at ddodd@lawlibrary.ie.

DAVID DODD, Dalkey

Dalkey Carpentry Services



- 1st & 2nd Fix Carpentry service
- Kitchens and Wardrobes Fitted
- Solid and Laminate Flooring
- Building maintenance service
- Cabinet Making
- Joinery
- Free Quotations
- Fully insured and Qualified
- 20 Years Experience
- Local Tradesman

Contact. Daniel O'Connor Mob . 0834562665 Email. d.n.oconnor1979@gmail.com

GUINEA PIG The Fish Restaurant

The Guinea Pig restaurant, Dalkey has recently been renovated by the new French chef patron Jérôme Fernandes and is managed by Dalkey's very own Kevin O'Gorman

UPCOMING SPECIAL EVENT

We are hosting one of our popular French evenings on **Wednesday 10th July 2019**Featuring a special 5 course French tasting menu €39pp
For information and reservations, please contact Kevin now at 012859055

We are open 7 days for dinner from 5.30pm and all day on Sundays from 12-9pm

Early Bird Menu

Four course Discovery Menu & bottle of wine €89 for two A la Carte Menu

We are Also available for private events Avoid disappointment, book your party now

Guinea Pig Restaurant

17 Railway Road Dalkey, Co. Dublin T: 01 285 9055

E: info@guineapigrestaurant.ie

W: guineapigrestaurant.ie t: twitter.com/guineapigrest

f: facebook.com/guineapigrestaurant

i: instagram.com/guineapigrestaurant

DALKEY U11 ALL IRELAND NATIONAL CHAMPIONS!



The Rugby Champions in action Photo: Ian Rowlands

Massive Congratulations to the Dalkey u11 Mini Rugby Community Games team who are the 2019 All Ireland Community Games Mini Rugby Champions. The team which was put together from scratch in March by local enthusiastic Dads, (Ian Rowlands, Laurence O'Brien, Neil Keogh and Brian Mcgovern) comprises of a mix of Blackrock College, Seapoint RFC and school players who all live in the Dalkey area. The Dalkey u11 team's journey to the National Finals started with the Dublin County finals in Skerries where Dalkey managed to beat the home team in the semi-final and a very good

Clontarf team in the final. Representing Dublin County, the Dalkey team then travelled to Kildare and eventually managed to beat last year's national finalists Kilcullen. Dalkey then qualified to play in the Leinster finals playing Kilpatrick of Westmeath in the semi-final and then winning a tough final against Carlow county champions Tullow. The newly crowned Leinster champions then travelled to Limerick on the 26th May where they secured a good win against Ulster representatives' St. Patrick's of Cavan and thereby securing a place in the final against Munster champions Limerick Regional. An extremely

challenging final against last year's winners saw Dalkey for the first part of the match just staying ahead by one try before finally pushing further into the lead with additional tries. The Dalkey boys put everything into the game and thoroughly deserved their eventual victory to become National champions.

A large crowd that travelled down overnight from Dalkey gave fantastic support and cheered the boys as they got their All Ireland Gold medals from the National President of the Community Games. The boys and their families returned to Dalkey that evening with an applauding crowd welcoming them into Benito's Restaurant for a celebratory meal. Many thanks to Dalkey Community Council for sponsoring the team's kit and special thanks to the Team's coaches and supporting parents – in particular Maria Keogh – who organised the celebratory dinner in Dalkey and an amazing cake. A wonderful experience for the boys who did their families and community proud!

IAN ROWLANDS, Team Manager



The Rugby Cup and Cake Photo: Ian Rowlands







Bradgate Park with some of its 800 deer herd Image: M. Ryan

Extending our break after attending a wedding in Leicestershire in the Midlands of England we got to see some of the local area. Leicestershire itself has idyllic picturesque farmland with softly rolling hills and dales, neat cereal fields, old solitary oaks and hedgerows overflowing with Hawthorn and Elder flowers. With lots of well-established woods comprising mostly native broadleaved trees in the county there are also some sizeable estates and parks one of which, Bradgate Park, is a former deer park of 830 acres with a current herd of around 550 animals, mostly Fallow but also some Red deer. There was in abundance all around the park many Yellowhammers. In Ireland these lovely bright yellow birds are usually found around cereal fields, usually in the east of the country and more common in the horticultural areas north of county Dublin and parts of Wicklow and



Yellowhammer singing from Hawthorn in Bradgate Park Image: M. Ryan

Wexford but in Bradgate they were singing from rocks in heath land, from walls and from conifer trees, delightful numbers of them singing the song which is often described as sounding like 'A little bit of bread and no cheese'. A Cuckoo called, we saw Stonechats and Reed Bunting while Skylarks piped out their wondrous cascade of notes from above us.

Bradgate Park was the family home of Lady Jane Grey, one of Henry VIII's ill-fated wives. The redbrick ruins of the substantial house still stand and niches and alcoves in the walls provide a home for a historically dramatic plant, Belladonna or Deadly Nightshade, known for its reputation as a deadly poison. Much more benign are the spectacular ancient oak trees which grow throughout the park. Many over 500 years old some of them are

ARCHITECTS



MEMBER OF THE ROYAL INSTITUTE OF ARCHITECTS OF IRELAND

RESIDENTIAL | RETAIL | OFFICE | MEDICAL | HOSPITALITY | INDUSTRIAL | NEW HOUSES | EXTENSIONS AND RENOVATIONS







AWARD WINNING ARCHITECTS

Architect of the Year 2018

Most Innovative Residential Design Firm Republic of Ireland 2018

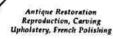
Best Irish Residential Design Project 2018



Dublin - 01 9065404

Wexford - 053 9185147

www.fergusflanaganarchitects.le





Makers of Fine Furniture

J. SMYTH STUDIOS CABINET MAKERS AND DESIGNERS LTD.

la Stoneview Place, Dun Laoghaire. Co. Dublin. Telephone

2807282

EMAIL US AT: JSMYTHSTUDIOS@GMAIL.COM

WE ARE A FAMILY COMPANY WITH OVER 30 YEARS OF EXPERIENCE.

WE OFFER SKILLED CRAFTSMANSHIP

TO THE PEOPLE OF

DALKEY AND SUPPOUNDS

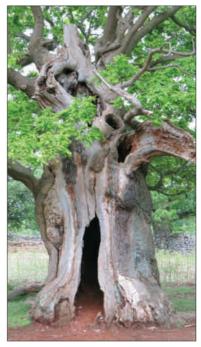
DALKEY AND SURROUNDS.

WE PROFESSIONALLY RESTORE ANTIQUE, PERIOD AND CONTEMPORARY FURNITURE.

WE ALSO CUSTOM BUILD CABINETS AND TABLES.

CALL JOHN FOR A FREE ESTIMATE WITH NO OBLIGATION

literally shells, totally hollow on the inside. You could comfortably fit three or four people inside the trunk of some of them but since the tree's growth comes through the bark not the wood they still survive, grow and bear leaves. We stayed a few nights in the charming town of Oakham in Rutland. Rutland, adjoining Leicestershire, is the smallest county in the UK but it holds the largest man-made lake in the country at Rutland Water. Large areas of the county were flooded in 1976 to provide a fresh water reservoir to supply the East Midlands, submerging farmland and villages but now the lake has developed into a valuable wildlife habitat with two visitor centres, acres of reed beds and many managed habitats on its shores. Rutland Water is internationally important for the number of birds that winter there but it's best known as the place where Ospreys, fish eating eagles, were reintroduced into England in 1996 with chicks brought from breeding populations in Scotland. There's always a possibility that Ospreys might be bred in Ireland. In the past they've spent days feeding at Broud Lough in County Wicklow and many of our lakes and waterways would be ideal for these spectacular creatures.



Ancient hollow Oak at Bradgate Park Image: M. Ryan

ST. PATRICK'S NATIONAL SCHOOL NEWS

ST. PATRICK'S
ST. WATRICK'S

Explorium School Tour – 3rd – 6th Class visited Explorium National Sport and Science Centre in April as part of their Science education programme.

During the visit they experienced climbing walls, gravity rooms and science experiments. They had such a

fantastic experience whilst learning so much.

Active Schools Week – Our Active Week commenced on Friday 17th May and finished with a fantastic Sports Day in Dalkey United Sports Grounds on Friday 24th May. We had 10 team challenges, with children from each class on each team. Of course there were the usual fun races like egg and spoon and the sack race. The weather behaved and a great morning was had by all. Thank you to all the staff and parents involved in creating wonderful memories for the children.

Explorium Image: St. Patrick's N.S.



Dun Laoghaire based homecare provider offering support to older people in their homes



- Companionship Housekeeping Personal Care
 Dementia Care Home from Hospital Live-in/Overnight Care
 - Call us to discuss your particular needs 01 230 0020



www.heritagehomecare.ie

"Excellent Homecare in South Dublin"





Redmond Piano Tuning & Repair Service

Serving Dalkey and the surrounding areas for 3 generations

Ph: Mark on 086 6002485 or 2857925

www.redmondpianotuning.com

CARRAHER ELECTRICAL



RECI REGISTERED SAFE ELECTRIC

• Rewires • Time Switches Fitted to Immersion Heater • LED Lighting

• Extra Sockets • Garden Sockets • Security Lighting • Fuseboard Upgrades FULLY INSURED

Emergency call outs

Ring Dave Tel. 01 285 1362, Mobile 087 2346420 or Jamie Mobile 086 385 3916

www.carraherelectrical.ie





The Daily Mile

Image: LPS

Last May both first class and sixth class visited Marlay Park in Rathfarnham to take part in a one mile run to celebrate our school's participation in the Daily Mile initiative. It was a great opportunity to improve our fitness and we all really enjoyed ourselves. We ran six laps around the school yard a few times a week to build up our fitness and speed in preparation for this event.

When the day finally came, we started our journey to Marlay Park at ten o'clock. It took around half an hour to get there on a bus and when we arrived, we had a small snack to keep us going. Then at quarter to eleven we started our warm up. At eleven o'clock we began running. It was a tough run, but everyone finished the run and we were all very proud of ourselves.

At the end of May the whole school went to Cuala to run two laps of the park. Younger classes were paired up with the older classes so they could encourage each other and this strategy proved very useful for both groups! Again, everyone finished the run successfully. As a reward all the pupils enjoyed ice lollies afterwards.

Overall the Daily Mile initiative really helped us to improve our fitness and brought lots of fun into school every day!

By Jodie Byrne (6th class)



*

Tax Returns completed for:
Pensioners
Self-Employed
Rental Property Income
Savings or
Investment Income



www.jacksonconsulting.ie info@jacksonconsulting.ie Ph: 087 415 1206

Chartered Tax Advisors, AITI, CTA, Dalkey Avenue, Dalkey.





All Aspects of Painting and Decorating professionally carried out

- Wallpapering
- Fully InsuredFree Estimates

01 2820316

086 2593312

info@tonyvines.com

*



JULY IN MY GARDEN

Edible Flowers

A friend of mine made these scrumptious shortbread biscuits with Viola Tricolor the flowers of which are edible Image: P. Thomas

July brings long warm days that continue late into the evening so it gives us the chance to make great use of our gardens. Our gardens are literally, bursting with life. It is the perfect weather for pottering about, hosting barbecues, outdoor dinners, reading your favourite book with some delicious homemade herbal tea or the likes. So, let's slow down now and really enjoy our gardens and all the effort we put in earlier in the year to get where it is now. Apparently, 2019 has been - so far - the best blossom year in decades.

June and July are our months of rapturous roses. Why not pick a bowlful of them for the kitchen table and enjoy their scent - , linger, observe and appreciate their heady scents. Generally, roses with the best scents have darker colours, more petals and usually thick or velvety petals. Intense yellow or orange roses often smell of fruits.

It's so great to see a revival in growing plants to attract bees and insects. Nevertheless, so many more species of insects are being threatened. Every one of us can create a little wildlife haven patch – seriously worth a thought. Foxgloves are such a bee friendly plant as they are really rich in nectar. So too are *Echiums*, *Nepata*, *Papaver* (poppies), Asters, Cornflowers, Sunflowers, Lilies etc. Multiple flower heads are excellent, either in a spire or trailing racemes like Wisteria. Flowers with open faces, particularly flat flowers, are far better for bees than double species varieties. Then, bees also love herbs such as Lavender, Mint, Oregano, Thyme, Rosemary, Borage and Comfrey.

Wasn't there huge emphasis at Bloom this year on plastic waste? Didn't Oliver and Liat Schurmann's 'Sustainable Gardens', say it all. – How we confront THIS GROWING PROBLEM of marine pollution is an issue that weighs heavily on all of us.

On a lighter note, shrubs and trees planted last Autumn might need watering as they are making rapid new growth and are unable to take up enough moisture. Likewise, water new and young plants regularly - , water heavily to encourage deep roots rather than sparingly which will encourage surface rooting. It's a good idea to remove some foliage to improve air circulation. For those of us who have containers positioned close to the house or other garden structures, check them even in wet weather as their sheltered position may mean

rain is not reaching the soil. Finally, stay ahead of weeds. Pulling them up before they flower could save you hundreds of new weeds. – Remember, good garden soil, unsterilized, has many benefits. It is easier to water, it has its own nutrients and lends weight to help pots from falling over. Late July and August can be exceedingly hot and bright in a greenhouse and the fewer the vents, the greater the problems. Maybe, dampen down the greenhouse floor, leave the doors open and keep constantly moving more sensitive plants to positions of shade behind larger ones.

REDUCING, RE-USING AND RECYCLING IN THE GARDEN.

LET'S STRIVE TO FIND WAYS TO RE-USE ITEMS THAT WOULD OTHERWISE BE DISCARDED.

Maybe Consider:

- 1. *Tiered: Wooden planks, planters or ladders* can maximise ground space, i.e. a selection of herbs can grow very well this way.
- 2. *Newspaper and all unneeded mail* can be composted. Worms love it! Cover with grass clippings, over time the paper will rot.
- 3. *Toilet paper tubes:* Use to start seeds. Cut one end into 4 inch long sections and fold it under to make a base for the pot. Plant the entire tube outside later... Give them plenty of light so they don't go mouldy.
- 4. *Umbrellas:* Use to shade your tiny plants in sun, if too hot.
- 5. Maybe, put *plant cuttings* into unused plastic bags in order to root them, add some water and even maybe a little sphagnum moss. Zip them, mostly closed; hang from the likes of a clothes line. You can see when the roots have formed.
- 6. *Tin cans* (not with sharp edges) make handy and durable seed scoops for wild bird seed or for scooping compost into pots for seed planting.
- 7. Buy a *supermarket Basil*, divide it into four and plant it out. It will soon grow and start to increase.
- 8. *Plastic bottles*: Cutting off the bottom of large clear plastic bottles makes an excellent mini cloche which will protect seedlings from harsh winds, slugs and snails, leave top off bottles, once plants touch the sides, remove bottles.
- 9. Old grapefruit skins and coconut shells are great for collecting slugs.
- 10. An *old suitcase* can be turned into a medicine cabinet, screwed into the wall with 2/3 shelves, its inner straps can hold bottles in place, a cheap euro mirror glued on its front and then, suitcase/ medical cabinet locked to keep all out of danger.
- 11. *Clear plastic boxes* used by supermarkets for muffins, pastries, coleslaw etc., the lid gives the tray its own propagator.
- 12. Bath tubs, old sinks and buckets make excellent ponds when stuck into the ground. With a little care you can cultivate a rich ecosystem in your pond and attract frogs and toads which then prove very effective at reducing the numbers of slugs. Add some pond weed to keep the water clean, together with old logs or pieces of wood which the frogs can use to climb out. Finally, make pond safe, if children are going to be around. Either fence it off or cover with a metal grid.

ENJOY!

"Don't judge each day by the harvest you reap but by the seeds that you plant."

Robert Louis Stevenson.

"Dwell on the beauty of life. Watch the stars, and see yourself running with them."

Marcus Aurelius.

APPLE GARDEN SERVICES

DALKEY

ALL GARDEN WORK

- Tidy-ups Hedges & Lawns
 - Pebble Gardens
 - Light Tree Surgery

Fully insured / Registered Company

ALL WASTE REMOVED AND 100% RECYCLED

Email: ronniebailey22@yahoo.com

284 0027 / 087 699 4617

Dalkey Community Council CLG 39th Annual Garden Competition

This competition is open to all amateur gardeners resident in the Community Council area. There are several prizes including four Perpetual Cups. In addition to nomination for the "Surprise" Garden section there are the following categories:

> Best Overall Garden

- > Best Front Garden
- **Best Display** window boxes, hanging baskets, flower troughs and pots
- ➤ Best Communal Garden/Open Space ➤ Environmental Award (Presented by Dalkey Tidy Towns)

Entries to be submitted not later than <u>Wednesday</u>, <u>3rd July</u>, <u>2019</u>. Judging will take place on Wednesday 10th July. Presentation of the prizes will take place in the Autumn. If first place was achieved in any category in 2018, entry will not be eligible in that category in this year's competition.

Members of DCC and anyone professionally involved in gardening are not permitted to enter this competition.

- ⇒ DALKEY COMMUNITY COUNCIL CLG GARDEN COMPETITION ENTRY FORM I / we wish to enter for (please tick ✓) □ Overall Garden □ Display - window boxes, hanging baskets etc. □ Front Garden □ Communal Garden / Open Space Name(s): Address: Tel: Signature: N.B. Please print your entry and put into the DCC postbox in Our Lady's Hall, Castle Street, Dalkey

DALKEY SCHOOL PROJECT N.S. UPDATE



First Class Race Image: DSPNS

SPONSORED FUN

Our sponsored walk this year was peppered with challenges, obstacles, puzzles and a spot of relaxation as well. On one of the few gloriously sunny days in May the classes set off on their walk around Sallyglen and Thomastown Park.

They were waylaid by parents in the school yard who set them a 'smallest to tallest' team challenge which had to be solved without talking.

The Sallyglen Obstacle Course was next with the senior classes working to help their junior buddies complete it.

Across to Thomastown Park where the kids enjoyed a Mindfulness session in the relaxation area after a class tug-of-war and dodgeball trial.

Back to the school but it was not over yet. Our intrepid fundraisers then had to complete an egg-drop science experiment from the upper patio, using the limited materials provided. Great concentration, great fun, some scrambled mess. And some successes too.

All in all: – a fun-filled event for the last fundraiser in the school year.

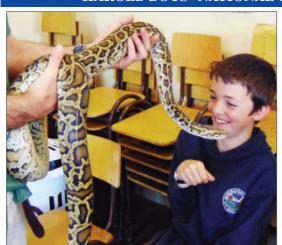
DEBBIE O'FLAHERTY



WIRELESS
INTRUDER
ALARM SYSTEMS
and
UPGRADES

CALL PETER ON 086 2603511 FOR A FREE QUOTE

Email: pddavitt@hotmail.com



Sharon the python visits Harold Boys Image: HBNS

A Visit from Dave's Jungle

Dave's Jungle recently visited us at Harold Boys' N.S. during our school's Wellbeing Week. The theme of this particular day was Try-It Tuesday, where children were encouraged to take a step outside their comfort zone and pet animals they may never have seen before. Dave brought a variety of animals along with him. He set up his fictional jungle in the hall and made space for all of his animals. Each class got to spend time with Dave and his wonderful creatures. Dave first showed the boys his python, named Sharon. He told them that Sharon likes to eat mice. rats, rabbits and even small birds. Next, we were shown another creature from the snake family, a boa constrictor called Derek. Derek

is over 6-feet tall and has 800 ribs! The boys held Derek and stroked his scales. Dave explained that he sleeps with his eyes open and never blinks.

An iguana named Phyllis sat on a table during the whole show, occasionally turning around in response to the excitement. The next part of the show included a tarantula, named Charlotte, which every boy got to handle. Dave also showed us a locust, which he very

bravely placed inside his mouth! Dave saved the best for last, showing us his Dwarf-American Alligator called Kevin. Kevin was friendly and alert while the boys petted and handled him.

We really enjoyed our visit from Dave and his animals – we hope to see him again soon!



Kevin the Dwarf American Alligator Image: HBNS



Castle Park Swim Academy & Sports Centre

September Swim Term

Introducing our all new September Swim Term. Academy Lessons will commence on the 2nd of September and will run until the 22nd of December 2019. New swimmers can register for lessons from the 6th of August in our Swim Office. All new swimmers must complete an assessment so that we can assign them to the appropriate level in our Swim Academy. For more information regarding our Swim Term and how to ennol please check the Castle Park School website.

Summer Swim Intensive Camps

Swim Intensive Camp's are a focused week which aims to improve swimming ability, confidence & stroke technique. Our low teacher:pupil ratio enables all children to maximise their swimming potential. The Camp is suited to all ages (4yrs+) and abilities, and takes place from 3.15pm - 4pm daily. Swim Camps are running for selected weeks during July & August.

Summer Multi Activity Camps

We are currently taking bookings for our Summer Camps. The camps will run weekly from the 24th of June. The cost of the camp is €30 per day. The camp is fully catered by our onsite chef with children getting a healthy snack, a hot nutritious lunch and a dessert each day. Early morning & afternoon daycare options are provided at an additional cost. Bookings can be made online through the Castle Park School website.

Birthday Parties

Host your child's birthday party with us. Our venue caters for Sports/Games Parties and Pool Parties. We will tailor the party to the interests of the Birthday Boy/Girl and we provide hot buffet-style food and treats. We also provide decorations and a dedicated party host who will be with the party group from start to finish. Please contact the Swim Academy office for more info.



CASTLE PARK
SWIM ACADEMY
& SPORTS CENTRE
CASTLEPARK RD, DALKEY
01 271 2936
swim@castleparkschool.ie





For almost two decades, Thyme Out has been proud to be part of Dalkey's vibrant community.

We are a gourmet food shop and delicatessen, preparing all produce daily,

in our bustling kitchen in the heart of the village.

Quality ingredients, talented chefs, and cooking our food from scratch in small batches are just some of the elements that make us unique.

At Thyme Out we are passionate about the food we source, and use only the freshest ingredients.

Whether it's sandwiches, soups or salads, cakes and desserts, take-home dinners, award-winning 3FE coffee or catering for corporate/family events, we have all your needs covered.

We are open 8:30 to 19:00 Monday to Friday and 8:30 to 18:00 on Saturday.

Drop into us at 33/34 Castle Street, Dalkey, phone us on 01 285 1999 or email us at info@thymeout.ie and treat yourself today.

Find us on Facebook, Twitter and Instagram.



*

Marking a Century of Education and Community

*

Rathdown School celebrates 100 years of education on the school campus with a series of events in 2019

In 2019 Rathdown School is marking the 100th anniversary of education on the Rathdown School campus with a series of events which began with a Centenary Gala concert held in the Pavilion theatre Dún Laoghaire in March, 2019. This month, to coincide with the opening of Hillcourt School on the 15th May 1919, the school celebrated "Hillcourt Day". The day commenced with a service in St. Paul's Church in Glenageary, followed by a celebratory lunch for parents, teachers, alumni, governors and former staff in the school and culminated with sporting festivities for all students.



Mr. Wilfred Toone Image: Rathdown School

Just after the turn of the 20th century, in 1903, Wilfred Toone founded Castle Park School for boys. Sixteen years later, pressed by many Castle Park parents, he founded Hillcourt School to educate the boys' sisters. Hillcourt School opened in May 1919, with an intake of 33 students under the stewardship of two sisters, Gladys and Phyllis Palmer. Following amalgamations with three other schools, Park House and The Hall in 1973 and Glengara Park in 1987, Rathdown School took shape on the site of Hillcourt School. Head of School, Mr Brian Moore is delighted to mark the special occasion of the 100th anniversary of education on the Rathdown School campus in 2019. "Rathdown is a small school with a unique history. Due to our relatively small size, we are able to create a nurturing and caring educational space that helps girls flourish in everything they do. Over the past century, thousands of girls have passed through Rathdown School's doors, each of them leaving with memories and experiences that helped shape the rest of their lives."

"Rathdown School has accomplished so much in its first century, fuelled by a spirit of innovation and inclusion," said Ms Patricia Ashe, Chairperson of the Board of Governors at Rathdown School. "This school has proudly challenged, contributed and connected in ways that help define who we are. Yet our successes have not been the product of natural inevitability. They are the result of hard work, safe risk taking and vision. Our centennial, therefore, is a time for us not only to look back and celebrate, but also to look around and ahead to determine what still needs to be done to improve our community, and how we can best achieve that."

Later this year on the 11th November, the school will launch "The Archive Project" exhibition in the Lexicon Library, Dún Laoghaire. The exhibit will run from the 11th to the 25th of November and will feature a variety of artefacts and photos from the school archives. The finale of the year of celebration will be marked by a Gala Dinner on Saturday 16th of November in the Royal Marine Hotel in Dún Laoghaire. For more information on Rathdown School Centenary events please visit:

www.rathdownschool.ie/100/.

Jean Ryan, Marketing Manager, Rathdown School
E: iryan@rathdownschool.ie



Left:
Minister Mary Mitchell O'Connor joined the
Rathdown School community for Hillcourt
Day. Featured from left to right: Mr Brian
Moore, Head of School; Minister Mary
Mitchell O'Connor; Ms Patsy Ashe,
Chairperson of the Board of Governors and
Mr Dermot Dix, Rathdown Junior School
Principal.

Pic: Fatima Caballero Photography.

PLANNING APPLICATIONS - Weeks 20-23 13/5/2019 to 7/6/2019

The material in the Planning Section of the Newsletter is based entirely on data taken from Dun Laoghaire Rathdown County Council's website. If you are concerned about a particular item it is strongly recommended that you examine the relevant file in the Council's offices.

Due to variation in the publication dates by Dún Laoghaire Rathdown County Council, please note that the deadline for planning observations/objections may have lapsed when it is read in the Dalkey Newsletter.

Reg. Ref.: D18A/0649 **Application Rec'd Date:** 4-Jul-2018

Applicant Name & Location: Karl and Julia O'Connell, Site B, Southerly Site, Dalkey Sound, Green Road, Dalkey.

Proposal: Permission is sought for the construction of a new two-storey 4 bed single unit dwelling with east facing first floor balcony, together with landscaping and ancillary site works. **Further Information/Clarification of F.I. Recd. Add. Info. Rec'd** (New Adds) **Clarification of A.I.:** 8-Feb-2019, 17-May-2019.

Reg. Ref.: D19A/0326 **Application Rec'd Date:** 14-May-2019

Applicant Name & Location: Jill Aston, 34 Wolverton Glen, Dalkey, A96 V8C8.

Proposal: Permission for a single storey and porch extension to side. Sub-division of existing dwelling house to create a Family Flat. Two new velux windows to front and side over existing kitchen. New pedestrian access to side, additional car parking space to front and all associated site works to existing dwelling house.

Reg. Ref.: D19A/0214 Application Rec'd Date: 29-Mar-2019

Applicant Name & Location: Alex & Pohling Pierce, 3 Knock-na-cree Grove, Dalkey.

Proposal: Permission for a basement level a granny flat and other minor alterations to house. Works to include erection of single storey extension to side, use of flat roof over as patio area and balcony with roof light over at basement level. Filling in of existing front carport and conversion of existing garage to habitable space. Modification of external fenestration at basement level and internal alterations to accommodate new layout. Maintain connection to County Council drainage and all ancillary site works.

Additional Information: 24-May-2019.

Reg. Ref.: D19A/0352 **Application Rec'd Date:** 24-May-2019

Applicant Name & Location: Richard & Carol Cullen, Lismore, Knocknacree Grove, Dalkey. (Protected Structure).

Proposal: Permission is sought for works to include raising the height of the existing stone boundary wall onto Knocknacree Grove to 2 metres and the construction of a new 2-3 metre high stone boundary wall onto Knocknacree Grove, and the removal of the existing gabions and brickwork wall adjacent to the neighbouring property, 1 Knocknacree Grove and replacement with a new 3 metre high stone boundary and associated landscaping and ancillary site works.

Reg. Ref.: D19B/0250 **Application Rec'd Date:** 20-May-2019.

Applicant Name & Location: Alison & Dermot Walsh, Boundary House, Leslie Avenue, Dalkey, A96 NV21.

Proposal: Permission for: 1. Demolition of existing sun room to first floor at the side of existing dwelling. 2. First floor kitchen extension to the rear over existing terrace. 3. Extension of existing terrace to first floor at the side of existing dwelling. 4. elevation alterations to the rear and to the side of existing dwelling.

Reg. Ref.: D19B/0256 Application Rec'd Date: 23-May-2019

Applicant Name & Location: Barry & Caroline Glynn, Ashlyn, 3 Mount Auburn, Killiney Road, Dalkey. A96 RC65.

Proposal: Permission for demolition of existing lounge to the rear of the dwelling and in its place construction of a new ground floor extension, new windows to the side of dwelling including internal amendments, proposed new glass covered terrace. Alterations to existing garage consists of new door to the front, new windows to the side and all associated site works.

Reg. Ref.: D19A/0356 **Application Rec'd Date:** 28-May-2019

Applicant Name & Location: Susan McAteer, 1 Carysfort Drive, Dalkey.

Proposal: Permission for construction of a new single storey extension to side and rear, modifications to existing roof including part removal, demolition of existing chimney structure, provision of roof lights to east, north and west elevations and provision of new dormer window to rear and extension of existing return to rear. Site works consist of enlarging existing vehicular entrance and associated dishing of pavement, provision of a new pedestrian gate, opening to rear lane and associated landscaping and drainage.

Reg. Ref.: A96 YV90.

Applicant Name & Location: Brendan Wynne, 66 Dalkey Avenue, Dalkey.

Proposal: Permission for a new vehicular access and all associated site works to front of existing dwelling house.

Reg. Ref.: D19A/0231 **Decision:** Grant Permission **Decision:** 29-May-2019

Applicant Name & Location: Oonagh & Mark Peters, 7 Mapas Road, Dalkey.

Proposal: Permission for new rear open plan single storey extension, new two storey side extension with covered side passage, some internal alterations, widening existing vehicular entrance and associated site works.

Reg. Ref.: D19A/0380 **Application Rec'd Date:** 6-Jun-2019

Applicant Name & Location: Semin Soher, 2 & 3 Queenstown Castle, Coliemore Road, Dalkey. (A Protected Structure).

Proposal: Permission for: 1. Demolition of a c.1990s glass conservatory to rear. 2. Construction of replacement conservatory to rear. 3. Replacement of external windows. 4. Lowering of cill level to lower-level window on west elevation.

Reg. Ref.: D19A/0383 **Application Rec'd Date:** 06-Jun-2019

Applicant Name & Location: G Ryan, 10 Ulverton Road, Dalkey.

Proposal: Permission for: 1. Demolition of existing detached house. 2. The construction of two new two storey 4 bedroom semi-detached pitched roof houses with converted attics with front dormers. 3. The two new houses will also have flat roof single storey extensions to the rear. 4. New vehicular entrances and driveways for each house onto Ulverton Road. 5. New pedestrian entrance from each house onto Ulverton Rd. 6. Alterations to boundary walls, landscaping, soakaway, drainage works and ancillary and associated works.

Reg. Ref.: D19A/0383 **Application Rec'd Date:** 6-Jun-2019

Applicant Name & Location: G Ryan, 10 Ulverton Road, Dalkey.

Proposal: Permission for: 1. Demolition of existing detached house. 2. The construction of two new two storey 4 bedroom semi-detached pitched roof houses with converted attics with front dormers. 3. The two new houses will also have flat roof single storey extensions to the rear. 4. New vehicular entrances and driveways for each house onto Ulverton Road. 5. New pedestrian entrance from each house onto Ulverton Rd. 6. Alterations to boundary walls, landscaping, soakaway, drainage works and ancillary and associated works.

PLANNING DECISIONS Wks 20-23 2019 13/5/2019 to 7/6/2019

Reg. Ref.: D19B/0149 **Decision:** Grant Permission **Date:** 13-May-2019 **Applicant Name & Location:** Derek & Grainne Elliott, Melbourne Lodge, 69 Coliemore Road, Dalkey.

Proposal: Permission for the construction of an 8 sqm sun room with glazed roof light over at the north-west corner of the cottage/property.

Reg. Ref.: D18A/1067 **Decision:** Grant Permission **Date:** 22-May-2019 **Applicant Name & Location:** Paul Cushnahan, Medway, Saval Park Road, Dalkey.

Proposal: Permission for: 1. The construction of a new single storey extension to rear. 2. Alterations to the existing elevations including external insulation, replacement of existing single storey roofs to front with new flat roof construction and covered entrance area, hipped roof to existing rear two storey extension to be replaced with new flat roof construction and new fenestration throughout including new windows to east and west façade. 3. Existing hipped roof to be removed and roof to be replaced with new gable ended roof construction incorporating a raised ridge, new attic room with dormer roof construction to rear and roof lights to front and rear. 4. Removal of existing chimneys. 5. New solar panels to front elevation. 6. Raising of boundary wall to Saval Grove. 7. Low level structure and exposed flue to side to accommodate ground floor stove. 8. Widening of existing driveway and all associated site works.

Reg. Ref.: D18A/1162 **Decision:** Clarification of Further Info. **Date:** 21-May-2019 **Applicant Name & Location:** Board of Management, Loreto Abbey Secondary School, Loreto Avenue, off Harbour Road, Dalkey, A96 YC81.

Proposal: Permission for a practice Hockey pitch 65m x 39m and a four lane 100m Athletics track fully drained, including 1.8m high perimeter fencing and associated flood lighting onto the proposed area of sports amenity ground adjacent to the existing Hockey pitch. (Loreto Abbey is a Protected Structure RPS 1445, the proposed sports surfaces are adjacent but outside the curtilage of the Loreto Abbey). A Geotechnical and Environmental report is attached to the application.

Reg. Ref.: D19A/0222 **Decision:** Grant Permission **Date:** 24-May-2019 **Applicant Name & Location:** Brinnin Holdings Ltd, Lands at site accessed off Ulverton Road between Ashling, Ulverton Road, Dalkey, and Verona (68) Ulverton Road, Dalkey.

Proposal: Permission for alterations to granted application (Ref. D18A/0237 - ABP PL06D.301815) consisting of: 1. Revised front elevation incorporating new cladding and fenestration layout and design. 2. Revised side elevations with new fenestration and cladding. 3. Adjusted floor levels within granted envelope. 4. New safety guarding at the end of the side passage. 5. New roof light over stairs. 6. small extension at rear ground floor to fill in gap on floor plan. 7. Additional window at lower ground floor. 8. All ancillary works necessary to facilitate the development.

Reg. Ref.: D19A/0228 Decision: Grant Permission for Retention Date: 23-May-2019 Applic. Name & Location: Harvey & Richard Porter, 67 & 67A Dalkey Ave. Dalkey.

Proposal: Permission for Retention of internal layout alterations, including the construction of a new aligned and compliant party wall and alterations to the front elevation, including replacing the existing front entrance door arrangement of a single ope in the front wall and two separate doors set-back inside the said ope with two separate doors in the front elevation serving each dwelling, all to formalise the division between two historically separated dwelling houses. **Application Type:** Permission for Retention.

Reg. Ref.: D19B/0156 **Decision:** Refuse Permission **Date:** 20-May-2019 **Applicant Name & Location:** G & L McEvoy, 53 Hyde Road, Dalkey.

Proposal: Permission for conversion of attic to habitable bedroom accommodation; creation of a flat roof dormer on the rear roof pitch; insertion of two flush roof lights to front and gable roof pitches; all ancillary works.

Reg. Ref.: D19B/0164 **Decision:** Grant Permission for Retention **Date:** 27-May-2019 **Applicant Name & Location:** Ciaran Fitzgerald, Torca Lodge, Torca Road, Dalkey.

Proposal: Permission for Retention of two storey extension at rear, granted planning permission under D99B/0393, 'as built', with sun deck at first floor to side above existing conservatory and rear with external access stairs to side. **Application Type:** Permission for Retention

Reg. Ref.: D19B/0188 **Decision:** Grant Permission **Date:** 30-May-2019 **Applicant Name & Location:** Mike Clarke, 7 Wolverton Glen, Castle Park Road, Dalkey. **Proposal:** Permission for the construction of a single storey rear extension conservatory and all associated site works.

Reg. Ref.: D13B/0394/E **Decision:** Refuse Ext. of Duration of Permission. **Date:** 4-Jun-'19 **Applicant Name & Location:** Ferga McGloughlin & Paul Saunders, 3 The Paddocks, Ulverton Road, Dalkey.

Proposal: Permission for the extension of our existing split level dwelling. The extension will consist of a family games room. Permission for the work was previously granted under planning application D06B/0325 which has now expired. Permission for change of design is also sought for the extension that has previously been granted under planning application D09B/0462. The change of design will consist of the inclusion of additional velux roof lights to the front and rear of the proposed extension and new patio doors and canopy to the rear of the dwelling. **Applic. Type:** Extension of Duration of Permission.

Reg. Ref.: D19A/0051 **Decision:** Grant Permission **Date:** 6-Jun-2019 **Applicant Name & Location:** Christopher Boucher & Lisa Lennon, 7 Cunningham Drive, Dalkey. A96 TX82

Proposal: Permission for the removal of existing single storey shed to the south-east corner and an internal garden wall of the existing dwelling and the construction of a new single storey, stepped split level dwelling of 167.4 sqm and all ancillary site works. The new dwelling will consist of 3 bedrooms, kitchen/dining/living room, bathroom, den/playroom, WC and a utility. A walled 39 sqm courtyard is to be formed at the entrance of the dwelling.

Reg. Ref.: D19A/0244 **Decision:** Refuse Permission **Date:** 4-Jun-2019 **Applicant Name & Location:** Timo Barry, Site of 0.464 hectares, Richmond, 39 Castle Park Road, Dalkey.

Proposal: Permission for: A. 10 no. houses (1 no. four-bedroom semi-detached, three storey over basement dwelling [House No. 1], 1 no. four-bedroom semi-detached, three storey over basement dwelling with associated balcony [24.6 sqm] to the rear [House no. 2], 3 no. three-bedroom, semi-detached, three-storey dwellings with balconies [between 10.9 sqm - 26.4 sqm] to the rear and roof lights [House no. 3, 4 & 5], 3 no. four-bedroom, semi-detached, three storey dwellings with balconies [between 12 sam - 24.5 sam] [House no. 6, 7& 8], 2 no. three-bedroom, semi-detached, two-storey dwellings [House no. 9 & 10]), each with private amenity space and 2 no. car parking spaces. B. 1 no. four storey apartment building with setback third floor level and green roof, consisting of 14 no. apartments (1 no. one-bedroom apartment, 11 no. two-bedroom and 2 no. three-bedroom penthouse apartments) with associated private amenity space and balconies, including 14 no. car parking spaces, 20 no. bicycle parking spaces, 4 no. motor cycle parking spaces, refuse storage and communal open space areas. The development also includes: C. Upgrade and widening of existing vehicular entrance on Castle Park Road, provision of internal roads, footpaths, shared surfaces within the proposed development and street lighting. D. Provision of communal open space with hard/soft landscaping, play area, kickabout space and landscaping works to include tree planting and provision of low formal hedging and boundary treatments. E. SuDS surface water drainage, foul drainage, green roof and water connections. F. Demolition of existing two-storey dwelling, no. 39 Castle Park Road, entrance gates, piers, splay walls and all ancillary outbuildings on site. G. All other site works necessary to facilitate the development.

Reg. Ref.: D19A/0258 **Decision:** Request Add. Information **Date:** 6-Jun-2019 **Applicant Name & Location:** Emma McDonnell & Aidan Byrne, Laragh Mews, Ullardmore, off Ardeevin Road, Dalkey, A96 Y327.

Proposal: Permission for demolition of single storey conservatory. New flat roofed eaves dormer window to existing pitched roof at front. New roof light in existing pitched roof at rear. New 1.8m high vehicular entrance gate to existing vehicular entrance. New vehicular entrance with gates at the upper level. New external stairs in existing ground floor courtyard accessing upper first floor garden level. Reduction of ground level for level access upper level car parking space. Single storey extension at the upper level with spilt level flat roofs behind parapet complete with capped chimney stack. Single storey 2.6 sqm ground floor extension. Replacement of existing windows and doors together with associated site works.

Appeals Notified by An Bord Pleanála Wks/ 20-23 13/5/19 to 7/6/19

Reg Ref: D19A/0122 **Reg. Date:** 22-Feb-2019 **Location:** Amalfi, Sorrento Road, Dalkey. **Development:** Permission for: 1. Demolitions to the existing house including removal of two and three storey extensions to both sides of the original structure, the main roof and internal partitions. 2. The construction of new two and three storey extensions to each side of the original structure with new pitched roof with roof lights over the existing structures. 3. Extensions, alterations and elevation changes to all sides of the property. 4. Internal alterations to accommodate new internal layout. 5. Works to detached studio building including elevational alterations and remodelling of existing roof to match proposed roof on the main house. 6. New setback entrance gates including works to driveway, landscaping, soak away, drainage works and ancillary and associated works.

Council Decision: Refuse Permission. **Appeal Lodged:** 15-May-2019. **Nature of Appeal:** Appeal against Refusal of Permission. **Type of Appeal:** 1st Party Appeal.

Reg Ref: D19A/0130 **Reg. Date**: 27-Feb. '19 **Location**: Bella Vista, Coliemore Road, Dalkey.

Development: Permission is sought for demolition of existing house and replacement with the construction of a new dwelling house comprising of two stories over partial basement. Development will include new vehicular entrance and associated site works and landscaping. **Council Decision:** Grant Permission. **Appeal Lodged:** 13-May-2019

Nature of Appeal: Appeal against Grant of Permission. Type of Appeal: 3rd Party Appeal.

Appeal Decisions of An Bord Pleanála Wks 20-23 6/5/19 to 31/5/19

Reg. Ref.: D18A/0700 **Appeal Decision:** Grant Permission **Appeal Decided:** 28-5-2019. **Council's Decision:** Refuse Permission.

Location: Site of c.0.4ha at Dalkey Lodge Nursing Home, Ardbrugh Road, Dalkey.

Proposed Development: Permission for demolition of the existing nursing home (c.951.5 sqm), construction of a 2 no. terraces of 2-3 storeys with a total of 15 no. dwelling units comprising 9 no. 3 bedroom houses, 3 no. 3 bedroom duplex apartments and 3 no. 2 bedroom duplex apartments. Total residential gross floor area 2,529 sqm. All associated site development works, services provision, car parking, cycle parking, bin stores, open space, revised vehicular/pedestrian access (including separate access to 1 no. unit), landscaping and boundary treatment work. **Applicant:** Grassridge Ltd.





Rector: Rev. Canon Gary Hastings, Tel: 2852695 E-mail - rector.htkilliney@dublin.anglican.org

Day Off — mostly Mondays

Website - www.htkillinev.dublin.anglican.org Facebook - www.facebook.com/holytrinitykillinev

The Carry Centre – www.carrycentre.ie Bookings:

Sandra Moore, Tel: 087 6291568

carrycentre@dublin.anglican.org

Hon. Secretary of the Select Vestry: Clive Christie, Tel:

2823356

Review Notes: Meriel

Nuzum, merielnuzum@gmail.com

'Review Distributor':

Marianne Irvine, Tel: 2858136

SERVICES FOR JULY AND AUGUST 2019

Sundays: 8.30am Holy Communion, 10.45am Morning Service

Midweek Services: Thursdays at 10.30 am.

From the Rector - Our combined outdoor Holy Communion Service on Pentecost Sunday, with the parishioners of St Matthias' in Cill Iníon Léinín church was very pleasant indeed with a good turn out and dry weather. Service and Social met in the afternoon and many thanks to all those who turned out with food and flowers and entertainment. This is a kind and compassionate ministry to be involved in. Things in the parish are now winding down for the summer, and I hope everyone has a good break!



Fingerpost – With the assistance of DLRCC a new "fingerpost" will soon be erected at the T junction of Killiney Road and Killiney Hill Road pointing in the direction of the Church & Carry Centre.

Sheep Thrills had a very successful Parish Fête and we were involved with the Dalkey Book Festival with our beautifully knitted covered chair and footstool being displayed in the Daisy Stone shop in Dalkey and the money raised going to the Dublin Society for the Prevention of Cruelty to Animals. We are currently on our summer break but our group will resume in September. We meet every Thursday at 11am in the Carry Centre, no joining, €3 fresh coffee and homemade biscuits. Everyone is welcome. Please contact Joan 087 2460078.

The Y Club (Killiney Men's Society) will resume on Thursday 26th September with a meeting at the Carry Centre at 8pm. For further information, please contact Nigel Teggin or Paul O'Brien.

Bible Study and Prayer Group is now finished for the season and will begin again in September, when we will be doing Lectio Divina — prayerful reading — of the Sunday readings for a few turns to see if we like it or not!

Ladies Guild:

Summer is upon us and the annual outing takes us to Co. Carlow. First stop Rathwood Garden Centre with opportunities to stroll through woodlands, discover horticultural treasures, browse the shops and enjoy lunch. We will also experience the Chocolate Garden with a chance to decorate our own 'take home chocolate'. Then a visit to the Delta Sensory Garden for a peaceful wander and chance to enjoy tea and cakes in their cafe before the journey home.

Summer in Holy Trinity

We plan to have the church open for visitors on Thurs/Fri/Sat each week in July and August.

Image: Holy Trinity Church

SOME EVENTS THROUGHOUT THE MONTH

*

U3A (University of the Third Age) Dun Laoghaire Dalkey Killiney is on a summer break and will resume in September. Email:dldk.u3a@gmail.com

Community First Responders – Volunteers needed for Dalkey First Responders (CFR). Training given. Please contact: <u>info@dalkeycfr.ie</u>

U3A

NATURE NOTES JULY 2019

Further information on any events from Mary Daly secretary@southdublinbirds.com

Outdoor Meeting

DALKEY ISLAND TERN WATCH

Dates & times: Between 6:30pm and 8pm on 2nd, 9th, 16th, 23rd & 30th July, i.e. each Tuesday in July.

Outing to: Coliemore Harbour, Dalkey.

Extra information: Our annual Tern Watch evenings from the viewing area at Coliemore Harbour.

July



Named for Julius Caesar born 12 July 100BC by Mark Anthony

Flower: Water Lily

DALKEY AUTO REPAIR

Old Farm Yard, off Castle Street, Dalkey

Our Services include:

Service and repair on all makes & models

Diagnostics on all makes

Mechanical & electrical fault repair

Repair of clutches, gear box faults, timing belts & timing chains.

NCT checks

Emissions testing

Headlight focusing

Crash repairs

Collection & delivery locally







Contact us

Call Nigel: 087 2797423 E: dalkeyautorepair@hotmail.com





*

Sunday Services for July

7th July	9am Eucharist	10.15am Eucharist
14th July	9am Eucharist	10.15am Morning Prayer
21st July	9am Eucharist	10.15am Eucharist
28th July	9am Eucharist	10.15am Morning Prayer

Sunday Service for August

4th August	9am Eucharist	10.15am Eucharist
11th August	9am Eucharist	10.15am Morning Prayer
18th August	9am Eucharist	10.15am Eucharist
25th August	9am Eucharist	10.15am Morning Prayer

Midweek – The midweeks Eucharist resumes on 5th September at 10.30am.

Thank You

Many thanks to all those who supported the International Harmony Concert at the end of May. Women's Aid and the Church Restoration Fund all benefited from your support, thank you.

Church Fête

The St Patrick's annual Fête was a great success this year and a big thank you to everyone who came along to support us on the day. Another big thank you must go to everyone who worked tirelessly on the stalls and to all those who helped putting up marquees and setting out tables and chairs. Our Fête put on a fantastic day out for the entire community where we showed the best that the parish has to offer. The atmosphere was bustling with cake makers, books sellers, plant growers, bric-a-brac haulers, clothes recyclers, food-of-every-kind creators, toy sellers, burger flippers, bouncing castle minders, ukulele players, raffle ticket sellers, gate keepers (back and front), tea makers, children's books sellers, children's clothes sellers, games organisers and, last but not least, Junior (the big horse) and Baggins (the small pony). The entire event worked like a well-oiled machine and our thanks for that goes to Alex Peirce, now in his 6th year (but still looking so young!), and the team behind him. On the day, the rain held off, which is always a bonus, and the sun even managed to shine now and then. It is safe to say that everyone who came along had a lovely time.

Welcome Table

The Welcome Table is an initiative which provides asylum seekers with access to cooking facilities, which they would not otherwise have. The time spent together on a Saturday afternoon is a great time of exchanging ideas and forming friendships. Since October last year, the Welcome Table has been running fortnightly. The sessions typically run from 2pm until 5.30pm. For more information about the Welcome Table and how you can support this initiative, please go to: http://www.stpatricksdalkey.com/welcome-table

Fr. Paddy's Golden Jubilee

The good wishes of all in St. Patrick's Parish were conveyed to Fr. Paddy by Samantha Hayes on the occasion of his Golden Jubilee on 4th June. It was a lovely occasion, and our thoughts and prayers continue as always for our brothers and sisters in Christ in the Church of the Assumption.



Garda Clinic Dates Thursday 4th & 18th July 2019 11am to 12 noon in Our Lady's Hall Castle Street, Dalkey



Services include:

- All Aspects of Tree Surgery -Reductions, Emergency Tree Care, Dangerous Tree Felling, Stump Removal etc.
- All Aspects of Landscaping Design & Construction.
- Creation of lawns using roll-out grass, grass seed and artificial grass
- Go to our website for more detailed information and a look at recent projects that we have completed:

www.foxcovertreeservices.ie

Foxcover Tree and Landscape Services are fully qualified with Tree Care Ireland & certified by

City & Guilds. We are fully insured through Insight Risk Management.

FOXCOVER TREE AND LANDSCAPE SERVICES LTD.,

12 Enderly, Cunningham Drive, Dalkey, Co. Dublin

Phone: Tom Doyle: 087 6099201

Jenny Doyle: 087 2952706

Email: foxcover@gmail.com



foxcoverlandscaping.ie

Dave & Paul Devaney Plumbing & Heating Services

Burst Pipes · Cylinders · Tanks · Bathrooms & Showers Washing Machines etc.

Oil & Gas Heating · Installation of Solar Panels

www.southdublinservices.ie

Tel: 2847233 / 086-2506788 / 087 2879812

S. HAMMOND ROOFING

Slating, Tiling, Valleys, Flat Roofs, Lead & Copper Work

FULLY INSURED Telephone: 01 2300 745 087-285 0653 Email: shroofing08@gmail.com





The Summer Stars Reading Programme for junior library members is in full swing! If your child hasn't yet signed up, registration cards along with some goodies to get them started are available now at the library desk. We are fully stocked with new titles that will tempt even the most reluctant readers and, whether they manage to read one or one hundred and one books over the holidays, every child will be a winner.

Throughout the month of July, we will be hosting an exhibition entitled "F. M. O'Flanagan: Recorder of Dalkey", curated by David Gunning, Archivist in Residence at dlr LexIcon. It will feature material relating to F. M. O'Flanagan, Dalkey resident, activist and founding member of many local clubs and associations. David will be presenting a lecture on the subject on Monday July 15th at 11.30am to which all are invited.

*

The Library Sprouts Gardening Club is now up and running with lots of green-fingered activities taking place



F.M.O'Flanagan

every Monday morning at 10.30am throughout July and August. There is still time for your child to join up and do some gardening work with us, just get in touch with library staff for more details.



We are thrilled to be hosting a *Gruffalo Party* on Wednesday July 24th at 10.30am. The Gruffalo is 20 years old this year and we will be celebrating with stories, music and crafts, all topped off with a Gruffalo hunt in the library garden and a Happy Birthday singalong finale. This is suitable for children aged 3+ and booking is essential. In addition, our "Early Years" programme (Friday mornings) will continue throughout July and August at the new time of 10.30am so if you would like to join us for "Baby Book Club", "Let's Make Music", or free play sessions, come along and meet some other parents while your child explores their library surroundings.

For more information on any of the above, you can call us on 01-2855277or get in touch via email or social media @dlrlibraries. Looking forward to seeing you soon!

The Library opens as follows:

OPENING Monday & Wednesday: 9.30am - 5pm Tuesday and Thursday: HOURS Friday & Sat.: 9.30am - 5pm (closed for Lunch) 1.15pm to 8pm.

Images: Dalkey Library Ciara O'Brien, Senior Librarian, Dalkey Library



For July we are offering 20% off Bioderma Ask the pharmacist for details

Ask in store for details

Please phone us at 01 2859833 to find out more details Open 9-7 Monday to Friday; 9-6 Saturdays and 11 – 2 Sundays



D.L.R. PLUMBING & HEATING - DALKEY

ALL GENERAL PLUMBING NEEDS (No job too small)
Bathrooms Remodelled, Boiler Breakdown, Gas Installation and Servicing
No Callout Charge for Local Area
Emergency Callout 24/7



Tel: Billy 085-1367474 / Mick 087-2200577

E-Mail: gasconnect@gmail.com

dominic dowling solicitors

Celebrating 25 years in Dalkey!

We offer a full range of Legal Services and we always delight in welcoming new Clients, particularly those from the Dalkey area.

37 Castle Street, Dalkey, County Dublin (Above SuperValu)

www.dalkeylaw.com

Tel: 2849778 Email: info@dalkeylaw.com





Girls u16 Medley Relay

Dalkey Swim Team's Gold Rush!

Further congratulations are due to our Dalkey Community Games Swimmers who once again secured a number of medals in the National Games Finals in Limerick over the weekend of 25th/26th of May. The first All Ireland Community Games medal of the weekend was won by Eoghan Rowlands who came 3rd in the u12 Breaststroke. A great achievement as he swam against boys a year older than him! Nemone Rogers was first up winning Gold in the u14 Freestyle followed quickly by Tia Harford winning Gold in the u14 Backstroke. In the u16 events Aisling Rowlands won the Freestyle and will compete

again in this age group next year. Nemone, Tia, Aisling and Anna Cannon then combined to swim in the u16 Medley Relay team event and secured a silver medal. Again these girls will swim in this age group next year.



Eoghan Rowlands 3rd in u12 Breastroke

Right: Ashling Rowlands Gold u16 Freestyle

All images: I. Rowlands



Congratulations also to Eavan Ramsay who got into the u10 Backstroke final and Emily O'Dwyer who got into the u12 Backstroke final. These two girls will go from strength to strength. A great weekend for Dalkey at the National Community Games Finals both in the pool and on the Rugby Pitch!

Ian Rowlands - Swim Team Manager









At Structure we have over 25 years of experience in the installation and service of automatic gates

Installing automatic gates will increase your home's security, value and appearance. We automate all types of entrance gates, Sliding, Swing, Wooden, Steel, Industrial, Domestic and install only high quality brands like FAAC, DEA and BFT. Structure has a PSA Licence and is Fully Insured. Contact us for a free survey and we'll help you make the right choice for your home.



www.structure.ie Email: info@structure.ie Tel: 01 2017812

Brighten Your Home for SUMMER



Why not CALL the experts for a fresh coat of paint inside or out

PAUL CARR PAINTING & DECORATING SPECIALISTS

Call the specialists for

Exterior Walls and Window Frame Painting, Varnishing Interior Paperhanging, Ceiling, Skirting and Varnishing Paint Spraving

CLEAN RELIABLE SERVICE FROM PROFESSIONALS AT REALISTIC PRICES

Email: paulcarrdecorating@msn.com

Tel: 087 2569176

.... For a free quotation and colour co-ordination service

*

DALKEY DASHERS



Dalkey Dashers at Santry

The weekend of June 8th and 9th June saw the grand finale of the season for the Dalkey Dashers with the finals of the Dublin Community Games in the Morton stadium in Santry. With the early departure of the two coaches from Harbour Road in Dalkey over 70 excited children and coach and parents headed off to Santry for a day of thrills and spills. At this level the competition was very strong and as the day progressed we had many athletes getting through the various heats of their events to the semi-final and final stages. All the children competing did their best with a number of podium achievements and medal



winners. As the noise died down and the dust settled even for those disappointed initially everyone was satisfied with their performance amongst the best in Dublin.

The medal winners included: Rian Murphy U8 60m - Silver medal

Robyn Kennedy U8 80m -Bronze Medal Shanice Ainscoff - U12 Ball Throw - Silver Medal Cian McCarron - U12 Turbo Javelin - Silver Medal Rebecca Nolan - U16 Discus -Bronze Medal

Conor Patton, Manager

Images: Dalkey Dashers



www.philcarewacupuncture.com

BENEFITS OF ACUPUNCTURE

- Pain Relief for Headaches & Migraine
- Treats Stress, Anxiety, Depression
- Helps with Fertility & IVF
- PCOS, PMS, Endometriosis, irregular periods
- Increases Energy Levels
- Boosts Immune System to protect against coughs, colds & flu
- Helps eliminate Insomnia, Stress & Anxiety
- Treats Menopausal Symptoms
- Addresses digestive issues, IBS, Constipation
- Sciatica, Back Pain, Shoulder & Neck Pain
- · Rheumatoid Arthritis, Osteoarthritis
- Tennis Elbow, Carpel Tunnel





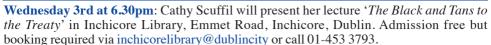




Phil Carew Acupuncture

Four The Courtyard
19 Castle Street, Dalkey **Tel: 087 9369760**

LOCAL HISTORY SOCIETY LECTURES - JULY 2019



Thursday 4th at 1pm: There is a free 'Guided Tour of the Yeats Exhibition' in the National Library of Ireland, Kildare Street, Dublin 2. Admission free.

Friday 12th at 1pm: There is a free 'Guided Tour of the World One Ireland Exhibition' in the National Library of Ireland, 2/3 Kildare Street, Dublin 2. Admission free.

Saturday 13th at 1pm: There is a free guided tour covering 'The National Library's History & Heritage' in the National Library of Ireland, Kildare St. D.2. All welcome - free. **Thursday 18th at 1pm:** There is a free guided tour of the 'A Modern Eye: Helen Hooker O'Malley's Ireland' exhibition in the National Photographic Archive, Meeting House

Square, Temple Bar, Dublin 2.

*

A Dalkey Casualty of the First World War

Pte. Thomas English, 2nd Battalion Royal Dublin Fusiliers, Dalkey Hill, Dalkey, who was seriously injured with shrapnel during the retreat from Mons on August 26th 1914, was captured by the Germans when they overran the church he was being treated in. After two weeks he was taken to a large hospital in Lingy, Belgium, and after six week's treatment was transferred to a Prisoner Of War camp in Germany, after receiving a further two week's treatment in a German hospital. After five months in the camp, he was one of the seriously injured repatriated to the Millbank Hospital in England where he received further treatment until he returned home to his widowed mother in Dalkey in March 1915.

PUBLICATIONS

'Ireland's Own - Birth of a Nation - Part 4: 1919',

Editors Seán Nolan and Shea Tomkins, published by *Ireland's Own*.

'Ireland's Own' is a weekly magazine that has been published since 1902, augmented by a series of monthly special issues. Since 2016 it has been publishing a series of annual special issues under the banner of 'Birth of National' which previously covered life and events in Ireland during 1916, 1917, and 1918, and this is the latest issue in this series of publications covering Ireland during 1919.

Drawing from a wide pool of contributors and historians, some of the numerous articles included in his excellent 96-page publication are -

'Timeline of 1919 - The Beginning of the War of Independence'.

'The Year 1919 in Ireland' in which Gerry Breen looks at some of the people and events that helped to shape the country that year.

Colm Power in 'They were Born in 1919' recalls some of the notable people who were born that year including Dame Iris Murdock, Bishop Myles McKeon, actor Dan Herlihy, musician Seamus Ennis, Benedict Kiely, Chief Herald of Ireland Gerard Slevin and legendary Tipperary hurler Tony Reddin,

Eamon Duggan in 'The March towards Conflict & Independence' provides an overview of what was a very tumultuous year while the opening shots in the War of Independence are recalled by Thomas Carroll in 'Soloheadbeg and the first shots of the War of Independence.'

Eamon Duggan also contributes articles on 'The First Dáil', 'The Great Escape from Lincoln Gaol' by de Valera, 'Michael Collins and the Founding of the Squad', as well as an analysis of the Annual Report of the Registrar General for 1919 which covered births, deaths and marriage in Ireland for that year.

In 'Black and Tans and the Auxiliaries' Kieran Connolly reports on the differences





between these two forces, while Dominic Price looks at 'The IRA's Ouest for Arms'. There are also articles on 'The GAA Scene One Hundred Years Ago', 'The Sack of Fermoy', 'The Limerick Strike against Military Law', various strikes, the attempted assassination of Lord French, profiteering publicans, reading patterns in 1919, Ireland the Paris Peace Conference, censorship in Ireland, Countess Markievicz, those who died during 1919,

All in all, this excellent publication provides the reader with a very good snapshot of life and events in Ireland during 1919 and is one of those publications which anyone assembling a collection of material dealing with the War of Independence and with an interest in Irish history, must add to their collection.

and what was happening in countries overseas.

Details on how to obtain back issues for 1916, 1917 & 1918, are also provided in this issue.

Iames Scannell



O'SHEA MANNING & CO. **ACCOUNTANTS & REGISTERED AUDITORS** Tel: 285 1699 E-mail: info@osheamanning.ie Financial Planning for the Present & Future Organisation Development & Training

- Control Costs, Cashflow, Budgets
- Management Information Systems
- Sourcing of Finance for Development
- Accounting & Taxation Service
- Registered Financial Intermediaries



www.AlarmSecurity.ie 24 HOUR MONITORED SECURITY SYSTEMS Wireless Alarms - CCTV - Key Holding

Established in 1977 & Certified to Irish Standards

Castle Street Dalkev

T. 2840000

Security without Compromise!



*





The Dalkey Pastoral Council, after much deliberation and a comprehensive financial review of the costs, have decided to apply for planning permission to build a pastoral and community hall beside the church.

The decision to build will depend on having 90% of the finances in place prior to commencement of the project. A project committee was organised in late 2018 charged with the responsibility of testing the viability of such a project.

A great deal of valuable work has been already done by a dedicated group of parishioners and professionals. This has brought the committee to the point of having a viable design and project plan, and hence the decision to apply for planning.

Further information and a brochure outlining the plan is available from the parish office



and in the church porch. A scale model of the plan can be seen in the church. New pastoral halls are operating very successfully in other parishes and new ones were built recently in Booterstown and Newtownpark, Blackrock.

Michael Lane, Chairman, Parish Pastoral Council

FUNDRAISER FOR CFR

Ladies Club Coffee & Cake fundraiser with raffle in aid of the Community First Responders will take place on Saturday 13th July in Our Lady's Hall from 10:30am. Donations for the raffle very welcome. The First Responders will perform life saving demonstrations. Admission €5 please contact 086 873 1563.





LYNDA HUXLEY BRINGS 'AMAZING SWIFTS' TO A FULL HOUSE AT OUR HERITAGE CENTRE

This was one of the best presentations we have seen to date at Dalkey Castle & Heritage Centre. The excellent facilities there added further to the quality of the event on June 11th. We are blessed to have this on our doorstep. The audience of 45 residents was captivated and responded warmly.

To think that a bird which has flourished for over 49 million years, as proven by fossils found in Germany, is now under threat is quite a shock. The title of the presentation, "Amazing Swifts" was no exaggeration. Once the bird leaves the nest, it spends every moment of the next three years on the wing – including eating, mating and sleeping! It also commutes to Africa three times in that period. In our own lifetime, the number of Swifts in Ireland has dropped by over 40%. The reason is simple – their nesting sites are rapidly disappearing. The reason is that Swifts have used cavities and holes in buildings for nesting for centuries. These days, new homes and commercial buildings are almost hermetically sealed to reduce energy costs. In other words, the traditional nesting sites of Swifts are being removed.

Introduced to Dalkey by our own Trish O'Leary, Ecologist Lynda Huxley has already made an impact at many locations in Ireland by increasing understanding, promoting the use of special nest boxes and pioneering the units which best suit Irish conditions. Swift numbers are slowly increasing, thanks to her great efforts.

Guided by our Dalkey Tidy Towns team, we will now identify suitable sites for Swift nest boxes, advise on the best ones to use and monitor progress. Trish O'Leary brought us to her house where she already has a Swift next box tucked under the eaves on the front of her home - plus an electronic Swift call sound box to help attract the birds from May to September each year. As Swifts are clean birds and leave no droppings, a nest box almost disappears in to the fabric of the house. Judging by the response to the presentation, we can only hope to see a big increase in the number of nestboxes here soon.

IF YOU ARE INTERESTED IN HAVING A SWIFT NEST BOX AT YOUR HOME, FOR ADVICE DO PLEASE CONTACT: info@dalkeytidytowns.com

Des Burke-Kennedy – Dalkey Tidy Towns

Image: DTT

*

KATIE McCARTHY

PROFESSIONAL MASSAGE THERAPIST

Tel: 087 2613294

STRICTLY BY APPOINTMENT

ONLY

SPECIALIST IN

SPORTS INJURIES, ARTHRITIS & STRESS



REFLEXOLOGY AND FREE INFRARED HEAT TREATMENT FOR PAIN RELIEF

To Celebrate Summer for the month of July

Children: 1hour 15 minutes €30 Ladies: from €50 - €120.00

Gents: from €50 - €140.00

(1 Hour 15 Minutes - 2 Hours per Session)



Q. I am experiencing symptoms of a burning pain in my chest especially after eating and I am feeling very full and bloated.

Could this be due to indigestion and how should I treat it?

A. Indigestion is often caused when the acid in your stomach irritates the stomach lining and throat and results in a burning feeling. There are medicines that can be taken to reduce the acidity and your Pharmacist can recommend these if needed.

There are a number of products on the market which act in different ways:



Image: NHS

PPI or H2 blockers – these are more long-term solutions and act by reducing the amount of acid your stomach produces.

Antacids – these provide immediate relief for moderate indigestion and work for a few hours. They neutralise the acid in your stomach so it no longer irritates the lining.

Alginates – these act by forming a raft on the top of your stomach contents to stop the acid from going up to your oesophagus.

Lifestyle changes can also help to improve symptoms and these include:

- · Cutting down on tea and coffee, soft drinks and alcohol and smoking
- · Losing weight if you are overweight
- Avoid eating 3-4 hours before bed and sleep with your head and shoulders propped up.

Sometimes indigestion can be an indication of something more serious, so always see your GP if it does not resolve with medication or if there are any of the following symptoms – nausea, vomiting, weight loss, blood in stools or vomit, difficulty swallowing, pain or swelling in your stomach.

If you have any questions you would like answered please email us on maxwell.dalkey@gmail.com and put Dalkey Newsletter in the message subject line.

*

LETTER TO THE EDITOR



Dear Editor,

My wonderful partner recently applied for her driving test and was very pleasantly surprised to find that a Test Centre has opened up, since February I believe, on Pottery Road.

This is a great location for all on the southern coastal area and beyond as it saves the trek over to Churchtown and those busy tight roads. It also gives a slight edge on the test as the routes for the test will likely be more familiar.

It is vital that anyone, or if you know of anyone, taking the test to use this location as there is talk that it is temporary in order to deal with a test backlog. From speaking with an RSA person, the centre is guaranteed only until the end of July and then it may close.

I feel that it will stay as a permanent centre if there is sufficient demand.

So, spread the word and let's keep this welcome addition open!

Sean Clarke, Dalkey Avenue



Representative Example

Loan Amount €3,000	Weekly Payment €66.06
Rate of Interest 10.44%	Repay Over 11 months
Typical Annual Percentage Rate 10.95%	Total Amount Repayable €3,148.30

Warning: If you do not meet the repayments on your credit agreement, your account will go into arrears.

This may affect your credit rating, which may limit your ability to access credit in the future.



www.corecu.ie

FORTHCOMING EVENTS

DCC Garden Competition closing Coffee & Cake Fundraiser for CFR in OLH at 10:30am date for entries Weds 3 July Sat 13 July Sorting of the August Newsletters DCC July Monthly Meeting at in OLH (1pm-2pm) Thurs 25 July 7:30pm in OLH Mon 8 July DCC Garden Outing Please refer to Notice DCC Garden Competition Weds 10 July Board in OLH for details

EVENTS THROUGH THE MONTH

Salsa Classes Town Hall Monday at 6.30-9.30. Booking and further information from Laura Shortall 085 109 8220. (Classes continue all summer).

Karate Classes in Town Hall on Wednesdays at 6:30pm (youngsters) and 7:30pm (adults). Contact 085 141 2828 or email secretary@hombudojokarate.com

Meditation Sessions in Heritage Centre on Wednesdays at 7:30pm. Tel: 492 7136 or email: taracentredublin@gmail.com (sessions continue until mid July).

Dalkey Players: Rehearsals in Harold Boys' School from 7:30-10:30pm-Tuesdays & Thursdays. New members welcome.

St. Patrick's Dramatic Society Dalkey: Rehearsals in Northover Hall, Harbour Road from 8-10:30pm – Mondays & Thursdays. New members welcome.

The Irish Vintage Radio and Sound Society meets monthly in Dalkey. If interested please call 086-8391839 - *NO Texts Please*

Scrabble & Afternoon Tea in aid of Barnardos every Wednesday at 3pm in Derrymore, 35, Coliemore Road, Dalkey. Call Di Fitzpatrick at 285 0593 for more information.

Baby & Toddler Group. All pre-schoolers with parents/minders welcome on Tuesdays from 3-4.30pm in the Methodist Church, Northumberland Ave., Dun Laoghaire. €2 includes light refreshments & story time. Contact Diane 087 778 7608

Parkrun - Every Saturday at 9.30am in Cabinteely, Shanganagh and Marlay Park Dalkey Library Local History Group meets on the last Tuesday of every month in Dalkey Library starting at 6-6:30pm. All welcome.

DALKEY COMMUNITY COUNCIL NEWSLETTER ADVERTISING RATES

COLOUR: Quarter Page: €74, Half Page: €105 Outside Back (half page): €142 BLACK & WHITE: Quarter Page: €55. Half Page: €80

Please note these rates are INCLUSIVE OF VAT AT 23%

Small Adverts. **€0.60** per word. (14 words max.) Unless otherwise agreed with the Advertising Manager all Advertisements must be paid for in advance of publication.

NOTE: All Advertising Enquiries STRICTLY by phone to: Ms. Helena Feely, Advertising Manager, 47, Dalkey Park, Dalkey. Phone: 01-2858025. (Office hours Mon-Fri.).

Dalkey Community Council accepts no responsibility for the content of advertisements published in the Dalkey Newsletter. Services and products on offer in individual advertisements are the sole responsibility of the advertiser and have nothing to do with the Community Council's activities. Important. All advertisements must be fully paid for in advance and received before the issue deadline. YOUR CONTINUED SUPPORT IS VERY MUCH APPRECIATED

Copy and Advertising Deadlines for next two issues:

AUGUST 2019: 5th July, 2019; SEPTEMBER: 2019: 2nd August, 2019.

ALLARTICLES STRICTLY TO: The Editor, c/o **Post Box, Our Lady's Hall, Castle Street, Dalkey** preferably by e-mail to gerard.coakley56@gmail.com. Images should be in JPEG or TIFF format.

EDITORIAL POLICY — The Editorial Staff reserve the right to edit and/or amend articles submitted to the Newsletter. The views and comments published within the Newsletter are not necessarily the views shared or condoned by Dalkey Community Council Limited.

Editorial Team: Gerard Coakley (Editor), Ann Perry (Assistant Editor), Danny Merity (Distribution), Helena Feely (Advertising Manager), Dr. Susan McDonnell Web: www.dalkeycommunitycouncil.com Email: gerard.coakley56@gmail.com

Oh! How Television has (and Radio) has changed over the years

Last month I mentioned issues with terrestrial reception from NI, unfortunately this problem is still on-going. The only (contract free) solution is to upgrade to satellite TV. There are many advantages over terrestrial TV: Reception is guaranteed, there are over 100 channels available (as compared to app 40 terrestrial channels), many channels are now broadcast in High Definition via satellite (UK terrestrial channel were NON High Definition), and you can record over 80 hours of your favourite programmes.

Prices, channels available etc.. are available by calling the numbers below.

Ian Macdonald Maxtec Systems



Phone: 2850848 /Fax: 2851111 / Mobile: 087 2579222 / email sat@maxtec.ie

Trusted Care in Your Home

Fully Nurse Owned

All Carers Managed by Nurses

Tax Relief up to 40% available

Dalkey Office Call (01) 8283030





SERVICES INCLUDE

- Elderly Home Care
- Personal hygiene assistance
- Companionship
- Meal preparation
- Medication prompts
- Dementia Care
- Care for a few hours a day or 24/7 care

For more information visit: www.beindependenthomecare.ie

LITTER FREEPHONE No. 1800 403 503 or 205 4817