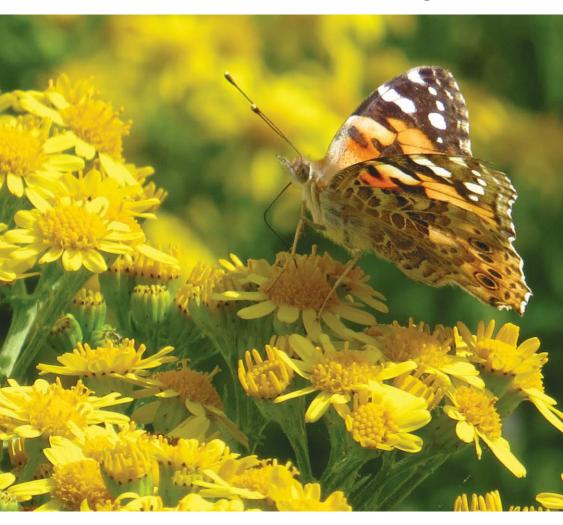


DALKEY - Deilginis 'Thorn Island' COMMUNITY COUNCIL

Irish Heritage Town

"Ireland's longest-running voluntary community newsletter" First Published April 1974

NEWSLETTER No 500 (Volume 25) Méan Fómhair (September) 2019



Painted Lady feeding on Ragwort on Dalkey Hill

Image: M. Ryan

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Summer of Heritage The highly popular series drew to a close at the end of August. Record numbers attended both the Living History Tours and the Guided Walks all supported by DLRCoCo. The programme is expanding and growing in popularity year on year.

What Would the Countess Say? Celebrating our literary heritage, and back by popular demand, we are staging Martina



Devlin's play again on Saturday September 21st at 7.30pm. We had staged the play, adapted from Martina's short story, previously on April 2nd, the 100th anniversary of Countess Markievicz being made the first female Minister for Labour. Last time, it booked out very quickly and many were disappointed, so don't miss the final opportunity to see it this time round. Tickets at €17.50. Booking at www.dalkeycastle.com



Michael Heavey (left), Margaret Toomey with Shay Linehan (right) and Gordon Snell Photo: Conor McCabe

ECHOES 2019 - Maeve Binchy and Irish Writers 4th - 6th October

Dalkey Castle has the full programme in place for ECHOES 2019 – a literary event with the work of Maeve Binchy at its heart. This year ECHOES celebrates Community in Contemporary Writing in Ireland.

On Friday 4th October at 7.30pm we are staging Maeve Binchy's 'Aches and Pains' as a tribute to the memory of Shay Linehan who sadly died in June. Aches and Pains was among Maeve's work that Shay had adapted for stage, (others included *Minding Frankie* and *Light a Penny Candle*). Maeve described it as 'Cheer-up' book and Shay captured its essence with huge empathy, understanding and laugh out loud comedy. Critics called Aches and Pains "Maeve at her wittiest, funniest and most tongue-in-cheek". The play, directed by

yours truly, features actors Margaret Toomey as Ann and Michael Heavey as Stan. **Saturday 5th**. Olivia O'Leary, who was a long-time friend and past colleague of Maeve's will open proceedings with '*Maeve Binchy at Home in The World*'. The wonderful line-up of contributors for the full day includes Cathy Kelly, Jo Spain, Christine Dwyer Hickey, Hazel Gaynor, Fionn Davenport, Chris Binchy, Senator Lynn Ruane, Carlo Gebler, Andrea Carter and many more...!

Topics for Discussion with the Writers include whether Contemporary Writing reflects life in Ireland Today, *Home Thoughts from Abroad*, *All at Sea*, *Writing in the Margins* and more besides. Selected readings from Maeve Binchy's work by actor and comedian Deirdre O'Kane and former Fair City and Dancing with the Stars' own Clelia Murphy will be interspersed throughout the day.

Experienced Interviewers Discussions will be kept on course by interviewers Caroline Erskine, Niall MacMonagle and Seán Rocks.

Róisín Ingle who collected Maeve's Irish Times journalism into the wonderful collection '*Maeve's Times*' will close Saturday's events with *Maeve Binchy at Home in Ireland*.

Sunday 6th October at 11.00am the ever-popular Maeve Binchy and Irish Writers Guided Walk will begin in the Writers' Gallery at Dalkey Castle. It will cover site specific literary references to many writers associated with Dalkey along the street (Hugh Leonard, Flann O'Brien, GB Shaw, Jennifer Johnston, Martina Devlin and many more). It will finish in the Maeve Binchy Memorial Garden at Dalkey Library.

ECHOES 2019 Sure to be a fascinating and thought-provoking festival, Echoes 2019 is not to be missed! Come along, meet the authors, get a book signed... and leave inspired. All tickets can be booked on www.echoes.ie. Booking fees apply.

Friday 4th Oct Aches and Pains at 7.30pm € 17.50

Saturday 5th Oct 9.30am-12.45pm and 2pm-5pm.

Full day Early Bird (before September 15th): €45

Full day (from September 16th):€55

Half day (morning or afternoon): €30

Sunday 6th at 11.00 am Maeve Binchy & Irish Writers Guided Walk: € 12.95.

 $Margar et\ Dunne, Manager, Dalkey\ Castle\ \&\ Heritage\ Centre, Castle\ Street, Dalkey.$

HOSPICE COFFEE MORNING

The Hospice Coffee Morning will be held on Thursday 19th September in Benitos from 9.30am - 1.00pm. Everyone is very welcome and the support from the Dalkey Business community is much appreciated. Raffle and all proceeds from the event fund our local Blackrock Hospice. Please call: 087 973 2362 for further information.

Your Area Representative is	Area No
Telephone:	E-Mail:

DALKEY NEWSLETTER ONLINE

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All copies of the Dalkey Newsletter from 2003 to date can be accessed on our website. Simply go to **www.DalkeyCommunityCouncil.com** and click on the link *Newsletters and Newsletter Archive*.

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*



Weather Lore

September is a month when shorts and flip-flops are worn but winter jumpers also make a first appearance. So, it is important to be armed with the Dalkey weather lore in order to prepare for the day. Many students in Harold Boys and Loreto Dalkey, in the period 1936 to 1938, collected lore regarding the weather, as part of the School's Folklore Scheme. The stories illustrate the importance of weather to the older generation and, in particular, to the fishermen, operating out of Bullock and Coliemore harbours.

The following, entitled 'Weather Lore', was recorded by Patricia Byrne, Loreto Dalkey, of 4, Meany Avenue, Coliemore Road, and was taken from Daniel Byrne, aged 40:

"In Dalkey people talk a lot about weather lore. There are many sign(s) by which they foretell the weather. Down at Coliemore harbour the fishermen sit all day with their chins in their hands looking out over the wide expanse of sea wondering what kind of weather they will be having soon. There is an old saying which the fishermen firmly believe. "Sea-gulls, sea gull(s) sit on the sand it's never good weather when you're on the land."

If the smoke from the chimneys blows sideways and does not go up straight then it is going to rain. At night if a ring around the moon is seen then it is going to be wet and stormy. Looking out over the sea if Howth Head may be seen clearly then fine weather may be expected. But if it is near, then wet weather may be expected.

If the swallows fly low, one may expect bad weather, because the flies are down low and the birds have to fly low to get them. The magpie also is a weather bird. If he flies low then bad weather is sure to follow. In the country old people say that if the cat sits with her back to the fire, and if she gets into the grate then more bad weather may be expected. Another sign is that connected with the dog. If he howls and makes weird sounds then it is going to be very stormy.

(The Schools' Collection, Volume 0796, Page 076)

Patrick Fox, Harold Boys, 7th Std, recorded what Mr Fox, 5, St. Patricks Avenue, told him about "Weather in Signs":

"The old people of Dalkey were great judges of the weather. They judged the weather by certain signs.

When a cock crows very early in the morning the day will be very fine. When it crows late in the morning it will be wet or dull. When the sunset is very red the next day will be dry. There is an old saying about the sunset. "A red sky at night is the sailors' delight: and "A red sky at morn is the sailors' warning"

When the night is bright and the stars are clear the next day will be fine. When the whistle of a train is heard for a long distance it will be wet. When seagulls fly low on a dull day it will be wet."

(The Schools' Collection, Volume 0798, Page 101)

Mrs Parker of 28 Corrig Road, Dalkey, aged 77 years, knew a lot of weather signs:

"There are many signs in Dalkey by which the old folk can forecast the weather. When the whistle of a train can be heard at a far distance they say it is going to rain. When it is going to rain they say that the smoke of the Mail Boat lies just over the water. When two people yawn together it is another sign of rain.



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When the cat runs up and down the kitchen the old people say it is a sign of thunder. When a ring comes around the moon it is a sign of a storm. If you saw swans flying or crows splashing themselves with water or robins singing in a bush it is a sign of bad weather in the near future.

These are the signs of snow: - When turkeys perch themselves in trees, when grouse gather together, when there are long continued fogs and greenish skies. The sign that a hurricane is blowing up is when a swan is seen flying against the wind."

(The Schools' Collection, Volume 0798, Page 78)

If you know this story or a variation of it, or anything of the student or storyteller, please feel free to drop me a line at **ddodd@lawlibrary.ie**. For those with an interest in the folklore there is an excellent podcast from the National Folklore Collection, hosted by Jonny Dillon and Claire Doohan - Bluirini Bealoideas Folklore Podcast. For twitter followers see @bealoideasucd. David Dodd, Dalkey

REFUGEE CHILDRENS' VISIT TO DUBLIN ZOO

Peter Woods initiated a wonderful outing to Dublin Zoo recently for 28 adults, 27 children and three infants. There was huge excitement and naturally all wanted to come. Christiana, one of the group in Mosney, whom we know had a lotto First Come/First Served, filled up immediately.



It was a glorious sunny day, we were met by two guides who conducted us around the various animals in their habitats, and highlights were the feeding of the elephants, the sea

lions and the safari tour. The joy of the kids was palpable and wonderful to witness. Of course another highlight was getting 20 euro into their hands and selecting their lunch, all a great experience! It was quite hot after lunch, kids were tired but so happy and jumping for joy. Very kind donors gave each child a "goodie" bag with fruit, chocolate, nibbles, and the outside of bag was decorated in colour and comic. Bus left after 3pm for Mosney with a very contented group.

We owe gratitude to Tom Dunphy, a Dalkey resident and a director of the Zoo, who organised free tickets for all, and also to the super staff who were so kind to the group and helped to make a memorable outing from difficult circumstances. When the children left on the coach to Mosney they were a very happy group!

Peter Woods & Berna Fahy

Dalkey en fête for the Vintage Festival 2019



Image: Dalkey Tidy Towns



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Painted Lady on Valerian. Note the curled tongue

Image: Michael Ryan

When moving the grass I have to be careful to avoid the bees feeding on the clover growing on the lawn as some of them are so engrossed in their task they almost seem to be playing chicken, waiting until the very last second to fly out of the way. If they are slow to move I'd stop the mower but I hadn't noticed one particular bumblebee till I saw it rolling around just inches away from where the machine had just passed. You would think there would be only one outcome if a bumblebee had a collision with a moving lawnmower but it must have only received a glancing blow as the bee, although stumbling around in a dazed and confused manner, didn't seem too damaged. I carried it to a safer place where it seemed ok and when I checked later there was no sign of it so hopefully it had flown away. When I had first picked it up I'd noticed discarded on the grass two little yellow objects and recognised them as sacs of pollen that the impact had presumably knocked off the bee's hind legs. These sacs are clearly visible on some queen and worker honey bees and bumblebees, like yellow or orange saddlebags attached to each rear leg and they are made up of the pollen the bee will have collected from flowers onto its body hairs which is then brushed back to a smooth area on their tibia which is surrounded by long stiff hairs forming a little space called a pollen basket or corbicula.

The bees will be feeding on nectar from the plants which is ultimately turned into honey but the pollen that attaches to its body is gathered specifically to feed the emerging bee larvae in the hive. Bee pollen is considered one of the all-time great foods being a complete protein as well as being the only known food to contain all 22 amino acids that the human body needs but cannot produce for itself and apparently it contains more protein than any meat or fish.

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I was sorry for the bee that had lost it's pollen sacs, each of which can contain up to one million grains of pollen but at least it survived the lawnmower collision to buzz another day and I got a unique souvenir.

We'd already noticed the large numbers of Painted Lady butterflies and had even rescued one from a spider's web in the greenhouse before they made the news in early August, being discussed on RTÉ's paper review after featuring in the Irish Times. Reports



Bumblebee on an Antirrhinum. Note the pollen basket, or corbicula, attached to its hind leg. Image: Michael Ryan

on wildlife in the media are frequently sensationalised but this time the description of millions of them arriving in Ireland may not have been exaggerated, especially since foremost Irish butterfly expert Jesmond Harding had supported the claim. He'd actually noticed large numbers of that species as far back as June and surmised they may have moved farther north since the usual food plants of their caterpillars in Europe hadn't survived the extraordinary heat wave that had covered huge areas of the continent for weeks.

Surprisingly the big influx in August was first reported in Scotland and on our northern coast, an observer in Co. Down had over one hundred in his garden and they were described as being like a carpet on Tory Island off Donegal but subsequently they were seen all over the country.

Painted Lady butterflies are summer migrants and though they originate in North Africa the individuals that arrive here are often from second generations that have been born in Spain and other Southern European countries before heading north, always in search of food plants to lay their eggs on. Although there are always individuals arriving in the summer large influxes usually occur every ten years so this year's invasion was unusual as Jesmond said this was the fourth year in a row we'd had such a large number arrive.

Jesmond, on his excellent website Butterfly Conservation Ireland

(butterflyconservation.ie), predicts that if the weather remains warm there will be a later brood of Painted Lady hatching from the recent arrivals which should result in lots more on the wing in September. They have a great range of food plants and can appear anywhere. One local spot that should be good to see them is a particularly large buddleia bush on the middle level of Dalkey Quarry near the entrance from the car park. This particular bush attracts loads of insects, bees and hummingbird hawkmoths but it is particularly good for butterflies. We saw lots of Painted Ladies there in August as well as good numbers of



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Peacocks and Red Admirals. On the same day we counted at least a dozen on Creeping Thistle beside the aircraft beacon on the hill so that's worth a look as well.

Many of these Painted Lady butterflies hatched in the late summer will actually migrate back to North Africa. Previously Painted Ladies were a conundrum for naturalists and scientists since they presumed the cold-sensitive creatures died and their offspring wouldn't survive the winter which seemed an odd evolutionary strategy. Unlike other species of butterfly nobody had witnessed them migrating back south until in 2009 researchers in the UK using radar monitored flocks of Painted Ladies flying at a altitude of 500 metres.



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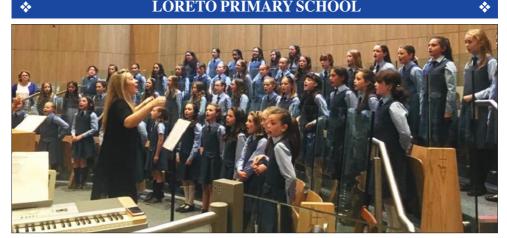
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Loreto Primary School Choir

Image: LPS

LPS UPDATE - KNOCK VISIT

On the 21st of August 1879, the small village of Knock in County Mayo received three unexpected visitors. By the gable wall of the church, a beautiful apparition of the Virgin Mary, St. Joseph and St. John the Evangelist appeared.

On the 15th of June this year, the 4th, 5th and 6th classes from Loreto P.S. Dalkey were invited to sing in Knock for the Adoremus National Eucharistic and Marian Pilgrimage.

We travelled by bus from Dalkey to Knock. It was a long journey. When we arrived we dropped our bags off and went to the Children's Adoration led by Antoinette Moynihan from Children of the Eucharist. After that, we had a sound check in the recentlyrefurbished Basilica and then the crowds started to arrive. The Anointing of the Sick took place and then Mass began at 3:00. Most Rev. Dr. Eamon Martin, Archbishop of Armagh celebrated this Mass. As we sang, our nerves disappeared and we really enjoyed it. Three people were picked from the choir to sing a solo: Amelie Colling, Maia Calverley and Rebecca McEvoy sang beautifully.

We all had great fun and on the way back, we stopped at Supermacs to celebrate all of our effort and hard work. We would like to say a big thank you to John Howard for inviting us to sing at Knock, and to Ms. Howard, Ms. Sheehan, Ms. McDermott and our principal, Mrs. McKenna for helping us prepare so well. It was an amazing opportunity.

By Rebecca McEvoy and Ellen Hughes (5th class)

*

TRAFFIC MATTERS



DCC invites residents to submit comments/suggestions relating to traffic on Barnhill Road, bearing in mind that planning permission has been granted for some large developments in the near future on this busy road.

Please email any comments or suggestions to: perryann37@gmail.com



Garda Clinic **Dates**

5th &19th September 2019 11am to 12 noon in Our Lady's Hall Castle Street, Dalkey



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The Guinea Pig restaurant, Dalkey has recently been renovated by the new French chef patron Jérôme Fernandes and is managed by Dalkey's very own Kevin O'Gorman

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Woke up to these Passion Flowers this morning.

Image: P. Thomas

Goodbye 'Memorable August' and Welcome 'Promising September!' Our days are now becoming noticeably shorter and our nights are sometimes more gustier and cooler than our past August. Stunning Autumnal colours with hues of butter yellow, brilliant rusts, golds, oranges and scarlet reds to mention but a few breathtaking shades are surrounding us. September is Our Season of Change. It is a month to enjoy our harvests. It really can be a brilliant month so... let's make the most of our remaining warmth while we can..., remember our Autumn will creep into our borders leaf by leaf. Our gardens right now, can still remain pretty much full of colour. Our flowers will generally continue to bloom until our first frosts, - likewise Our Dalkey Gardens are presently full of ripe or ripening seed of either ornamental or edible plants. So, collect seed pods from plants that you plan to reseed. – Remember, we have magical hours between day and night. – Best still, not to dig! Digging our soil dries it out. Instead, let our worms do their job during our final warm month. ...Our Dalkey Sunsets are now, around 7 p.m.

Perennial herbs such as chives, lovage, sorrel, fennel and marjoram will benefit from a second hair cut, so chop them back to the ground for fresh tasty leaves that will grow within a few weeks. If left to flower, they may loose their flavour, so a regular chop is the key – choose a feed that doesn't include nitrogen as it affects the taste. Sow rocket now, it doesn't bat an eyelid (a serrated green leaf!) with cold or wet. Now too, is an excellent time to start planting Spring bulbs as the ground will still be warm and such allows their new roots to bed in. Some little small Spring bulbs can add a touch of magical colour to our quiet border. Some of these stars include *Muscari*, *Iris Reticulata*, *Crocus*, *Mixed Anemone*

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Blanda bulbs, single or double Snowdrops. – For natural looking drifts cast/throw the bulbs across the planting area and plant them where they land. – Why not plant a layered pot of bulbs known as 'bulb lasagne' for your doorstep with the largest and latest flowering bulbs at the lowest level and early flowering smaller bulbs on top. Top-dress with grit to keep the pot looking good through Winter. If we get an Indian Summer (a period of dry, warm weather occurring in late Autumn) it is best then, to water plants liberally, first thing in the morning to avoid scorching their roots. Watering in the evening can encourage slugs and snails. If too, we have some roses that developed black spot over our late Summer, it's worth taking time to remove all the affected leaves, including all those that have fallen on the ground. This will stop spores overwintering and should help prevent infection of next year's growth. Best not to put diseased leaves on your compost heap. Try feeding your Roses to encourage a final flush. On the other hand, pull Astroemerias as they go over from their first flowering, pull rather than cut the stems as you do Rhubarb. This encourages more growth from below ground to give you a huge second flush of flowers right through the Autumn.

Trouble with Annoying Mosquitoes and general Flies?

Scented Geraniums seem to be a popular mosquito repellent plant, especially lemon scented: mosquitoes also detest the pungent scent of Lavenders. Flies then, hate Basil, Cloves, Mint, Cinnamon, Peppermint, Eucalyptus and lemon-grass. Essential oils sprayed around the house will create a beautiful scent but will also deter all our annoying flies.

THERE IS NOTHING LIKE SEEING A PLANT IN THE WILD TO UNDERSTAND ITS HABITAT.

Finally, watch out for Fat Hen, an annual weed which tends to flower during long days, usually between July and September. Try and get rid of it before the flowers turn to seeds as it then can produce huge quantities.

MIGHT DO, MAYBE SEPTEMBER JOBS:

Take Pelargonium cuttings, they will root right now so very easily, to give you plants for

your windowsill all Winter.

Take cuttings of tender perennials such as *Salvias* and *Plectranthus*, for next year. Cut back the leaves by half to reduce water loss while cutting is rooting and remove the centre growing point to encourage a bushier plant and to stop the plant flowering.

Maybe, freeze small edible flowers, borage, pansies, and violas in ice or olive oil cubes.

Keep *Cameillas* and *Rhododendrons* well watered at this time of year to ensure that next years buds develop well.



Pelargonium cuttings will root right now so very easily

Close greenhouse vents and doors late in the afternoon to help trap the heat overnight, this will help plants to flower as long as possible. Damp cool nights can encourage botrytis. Ice cubes work well in hanging baskets or containers for a slow release solution to daily watering for our anticipated 'Welcome September' hot days.

Long, whippy growths on *Wisteria* can be pruned back now to about pencil length. Raspberries: pick on a dry day and eat immediately for their intense flavour. Unripe raspberries freeze best.



Scented dark velvety Rose Petals, dry extremely well.

Image: P. Thomas

The leaves of scented *Pelargoniums*, especially the lemon scented and rose scented types are probably best suited in cooking. They work particularly well for flavouring cakes and baked apples, also in lovely summery, cold drinks. Cy's Sunburst; for lemon scented, Pink Capricorn; for rose scented leaves.

Rose Petals – We have all heard that rose petals sprinkled in a bath isn't all appearance. They can actually enhance your skin,

and mood. Rosewater soothes irritated skin and tightens pores for a smooth appearance.

How to Dry Rose Petals

Gather rose petals that have not been treated with herbicides, pesticides or other chemicals.

Gently rinse the rose petals and drain them well.

Place petals on parchment paper.

Bake the petals for 10 minutes until petals are crisp and break easily. Cool the petals completely and store in an airtight container.

"From plants that wake when others sleep, from timid Jasmine buds that keep their odour to themselves all day, but when the sunlight dies away let the delicious secret out to every breeze that roams about."

Thomas Moore

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Image: HBNS

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Castle Park Swim Academy & Sports Centre

September Swim Term

Introducing our all new September Swim Term. Academy Lessons will commence on the 2nd of September and will run until the 22nd of December 2019. New swimmers can register for lessons from the 6th of August in our Swim Office. All new swimmers must complete an assessment so that we can assign them to the appropriate level in our Swim Academy. For more information regarding our Swim Term and how to enrol please check the Castle Park School website.

Halloween Intensive Camps

Swim Intensive Camp's are a focused week which aims to improve swimming ability, confidence & stroke technique. Our low teacher:pupil ratio enables all children to maximise their swimming potential. The Camp is suited to all ages (4yrs+) and abilities, and takes place from 3.15pm – 4pm daily. The camp will run for four days from the 29th October to 1st November.

Halloween Activity Camps

We are currently taking bookings for our Halloween Camp. The camps from the 21st-25th October and 29th October to 1st November. The camp is fully catered by our onsite chef with children getting a healthy snack, a hot nutritious lunch and a dessert each day. Early morning & afternoon daycare options are provided at an additional cost. Bookings can be made through the Castle Park School website.

Birthday Parties

Host your child's birthday party with us. Our venue caters for Sports/Games Parties and Pool Parties. We will tailor the party to the interests of the Birthday Boy/Girl and we provide hot buffet-style food and treats. We also provide decorations and a dedicated party host who will be with the party group from start to finish. Please contact the Swim Academy office for more info.



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We are open 8:30 to 19:00 Monday to Friday and 8:30 to 18:00 on Saturday.

Drop into us at 33/34 Castle Street, Dalkey, phone us on 01 285 1999 or email us at info@thymeout.ie and treat yourself today.

Find us on Facebook, Twitter and Instagram.





What's On in Dalkey Library?

After a busy summer, getting back to routine can sometimes be a relief!

*

Libraries love to celebrate creativity and so we are starting "Season of Craft" monthly sessions where participants will have the opportunity to try out a new handcraft. We are kicking off on the morning of Saturday September 21st with artist Tunde Toth who will be demonstrating wet-felting techniques and helping participants make their own creation to bring home. This is an adult event and booking is essential.



Wet felting in the Library

Following the success of the Library Sprouts gardening club this summer, the library is hosting a Harvest Celebration on Saturday September 28th at 2.30pm. The event is open to all and will celebrate a successful growing season with a concert of Thanksgiving and Harvest music courtesy of Music Generation dlr. We are hoping to have some of our produce on display and children will have the opportunity to make a harvest wreath following the concert.

The Summer Stars reading challenge was an enormous success this year with over 2000 children throughout Dún Laoghaire-Rathdown taking part. Please make sure your child has returned their completed reading card to the library before Saturday September 14th when we will be doing our prize draw for 3 Giddy Studios' vouchers as part of our grand finale celebration!

For those under four, our 'Early Years' programme continues on Friday mornings at 10.30am. So if you would like to join us for Baby Book Club, open play sessions or



Pumkins

Images: Dalkey Library

musical Storytime, please check the schedule in branch as some events may require booking. For older children, our weekly Lego Club has been renamed the Construction Club, and we will have Magformers along with Lego every Saturday afternoon from 2-3pm for children aged over 5. For more information on any of the above, you can call us on 01-2855277 or get in touch via email or social media @dlrlibraries. Looking forward to seeing you soon!

OPENING HOURS

Monday & Wednesday: 10.00am - 5pm Friday & Sat.: 10am - 1pm & 2pm-5pm Tuesday and Thursday: 1.15pm to 8pm.

PLANNING APPLICATIONS - Weeks 28-32 8/7/2019 to 9/8/2019

The material in the Planning Section of the Newsletter is based entirely on data taken from Dun Laoghaire Rathdown County Council's website. If you are concerned about a particular item it is strongly recommended that you examine the relevant file in the Council's offices.

Due to variation in the publication dates by Dún Laoghaire Rathdown County Council, please note that the deadline for planning observations/objections may have lapsed when it is read in the Dalkey Newsletter.

Reg. Ref.: D19A/0496 **Application Rec'd Date:** 11-Jul-2019

Applicant Name and Location: John Wilson, Seafort, Anastasia Lane, off Sorrento Road. **Proposal:** Permission for the demolition of existing house, construction of 2 new 2 storey 3 bedroom houses, with 2 parking spaces each, a new driveway and 2 crossovers and associated works. This is a reduced proposal following the previous application reg ref D18A/0913, refused on 16 November 2018.

Reg. Ref.: D19A/0504 Application Rec'd Date: 12-Jul-2019

Applicant Name and Location: Castle Park School DAC, Castlepark School, (Protected Structure) Castlepark Road, Dalkey.

Proposal: Permission for development consisting of the demolition of two existing store rooms (36 sqm) and an existing escape door bay and the construction of a single storey, double height extension (90 sqm.) to the existing school hall, an external ramp and steps, a new escape door bay, and an ancillary site drainage and landscape works.

Reg. Ref.: D14B/0262/E

Application Rec'd Date: 1-Aug-2019

Applicant Name and Location: Martin Courtney, 28 Cunningham Road, Dalkey.

Proposal: Permission to erect a detached single storey domestic garage and associated site works. **Application Type:** Extension of Duration of Permission.

Reg. Ref.: D19A/0278

Application Rec'd Date: 25-Apr-2019

Applicant Name and Location: Marian & Justin MacInnes, Montpellier, Ardeevin Road, Dalkey. (A Protected Structure).

Proposal: Permission for: A. The construction of a single storey extension to west side of existing house incorporating 2 large roof lights. B. Refurbishment of the existing brick arched coach entrances. C. The repointing of the existing brick façades. D. The replacement of the two storey splayed bay window to the west side with a single storey bay at first floor level and an oriel window at second floor level. E. The squaring off and slight extension of the internal courtyard bay to the rear facing east on 3 levels. F 2 new conservation roof lights to landing and return roofs. G. Associated site works, including new footpaths, new stone steps. H. Retention Planning Permission for refurbishment works to rear stair structures. **Additional Information Rec'd:** (New Adds): 2-Aug-2019.

Reg. Ref.: D19A/0561 **Application Rec'd Date:** 1-Aug-2019

Applicant Name and Location: Savalside Ltd. Caldragh, Saval Park Road, Dalkey. A96 ET93

Proposal: Permission for a development. The proposed residential development consists of the demolition of an existing two storey house and ancillary out buildings at Caldragh, Saval Park Road, Dalkey, and the construction of 11 residential units in two blocks consisting of a 2 / part 3-storey apartment block comprising of 5 two bed apartments, and 2.5 storey terraced block comprising of 6 dwelling units consisting of 5no. four bed houses, and 1no. three bed houses. Vehicular access to the proposed development will be via Saval Park Road, Dalkey, with 20 car parking spaces, 20 bicycle spaces, landscaping and all ancillary site works and services, all on a site of 0.2522 hectares.

Reg. Ref.: D19B/0352 **Application Rec'd Date:** 29-Jul-2019

Applicant Name and Location: Arthur & Geraldine Cagney, 16 Ard Mhuire Park, Dalkey. **Proposal:** Permission is sought for the replacement of the existing roof with an enlarged roof to accommodate a new bedroom (28sqm) with recessed balconies to the front and rear and two rooflights on the west elevation; a small dormer window on the front elevation; the installation of two new windows on the east elevation at ground floor level and one new window on the west elevation at first floor level.

Reg. Ref.: D19A/0575 **Application Rec'd Date:** 8-Aug-2019

Applicant Name & Location: Brendan & Maureen McCormack, 47 Barnhill Avenue, Dalkey.

Proposal: Permission for widening of existing vehicular entrance and retention of roof light to front of existing attic extension.

PLANNING DECISIONS FOR WEEKS 28-32 2019 8/7/2019 to 9/8/2019

Reg. Ref.: D19A/0055 **Decision:** Grant Permission **Date:** 10-Jul-2019 **Applicant Name and Location:** David Whelan, Centra, 11/12a Barnhill Road, Dalkey.

Proposal: Permission for a redesign of existing shop frontage, including two storey screen, new signage, new fenestration and dormer window, 29 sqm extension over ground and first floor to western side, roof light to rear (south) and associated site works. Incorporated existing florist shop into grocery shop.

Reg. Ref.: D19A/0125 **Decision:** Grant Permission **Date:** 10-Jul-2019 **Applicant Name and Location:** Patrick Barry, 26 Knock-na-cree Park, Dalkey.

Proposal: Permission for: 1. Demolitions to the existing house, including removal of the roof and internal partitions. 2. The construction of a new flat roof second floor to the rear of the property with roof lights. 3. New flat roof with roof lights over existing and proposed works to the front of the property. 4. Extensions, alterations and elevation changes to all sides of the property. 5. Internal alterations to accommodate new internal layout. 6. Widening of existing vehicular entrance including works to driveway, landscaping, soak away, drainage works and ancillary and associated works.

Reg. Ref.: D19B/0250 **Decision:** Grant Permission **Date:** 8-Jul-2019 **Applicant Name and Location:** Alison & Dermot Walsh, Boundary House, Leslie Avenue, Dalkey. A96 NV21

Proposal: Permission for: 1. Demolition of existing sun room to first floor at the side of existing dwelling. 2. First floor kitchen extension to the rear over existing terrace. 3. Extension of existing terrace to first floor at the side of existing dwelling. 4. elevation alterations to the rear and to the side of existing dwelling.

Reg. Ref: D19A/0352 Decision: Request Add. Info. Date: 17-Jul-2019 Applicant Name and Location: Richard and Carol Cullen, Lismore, Knocknacree Grove, Dalkey. (Protected Structure)

Proposal: Permission is sought for works to include raising the height of the existing stone boundary wall onto Knocknacree Grove to 2 metres and the construction of a new 2-3 metre high stone boundary wall onto Knocknacree Grove, and the removal of the existing gabions and brickwork wall adjacent to the neighbouring property, 1 Knocknacree Grove and replacement with a new 3 metre high stone boundary and associated landscaping and ancillary site works.

Reg. Ref.: D19B/0256 **Decision:** Grant Permission **Date:** 17-Jul-2019 **Applicant Name and Location:** Barry & Caroline Glynn, Ashlyn, 3 Mount Auburn, Killiney Road, Dalkey A96 RC65

Proposal: Permission for demolition of existing lounge to the rear of the dwelling and in its

place construction of a new ground floor extension, new windows to the side of dwelling including internal amendments, proposed new glass covered terrace. Alterations to existing garage consists of new door to the front, new windows to the side and all associated site works.

Reg. Ref.: D19A/0070 **Decision:** Grant Permission **Date:** 26-Jul-2019 **Applicant Name and Location:** Michael Good, Greenfield site at rere of 44-45 Castle Street, Dalkey.

Proposal: Permission for a detached, 2-storey house and a 2-storey terrace of 3 houses with new access via Castle Cove, supermarket carpark.

Reg. Ref.: D19A/0356 Decision: Grant Permission Date: 22-Jul-2019

Applicant Norma and Location: Susan Ma Atom 1 Conventions Drive Delkov

Applicant Name and Location: Susan McAteer, 1 Carysfort Drive, Dalkey.

Proposal: Permission for construction of a new single storey extension to side and rear, modifications to existing roof including part removal, demolition of existing chimney structure, provision of roof lights to east, north and west elevations and provision of new dormer window to rear and extension of existing return to rear. Site works consist of enlarging existing vehicular entrance and associated dishing of pavement, provision of a new pedestrian gate, opening to rear lane and associated landscaping and drainage.

Reg. Ref.: D19A/0357 **Decision:** Refuse Permission **Date:** 22-Jul-2019 **Applicant Name and Location:** Brendan Wynne, 66 Dalkey Avenue, Dalkey. A96 YV90 **Proposal:** Permission for a new vehicular access and all associated site works to front of existing dwelling house.

Reg. Ref.: D13B/0394/E1 **Decision:** Grant Ext. of Duration of Perm. **Date:** 31-Jul-2019 **Applicant Name and Location:** Ferga McGloughlin & Paul Saunders, 3 The Paddocks, Ulverton Road, Dalkey.

Proposal: Permission for the extension of our existing split level dwelling. The extension will consist of a family games room. Permission for the work was previously granted under planning application D06B/0325 which has now expired. Permission for change of design is also sought for the extension that has previously been granted under planning application D09B/0462. The change of design will consist of the inclusion of additional velux roof lights to the front and rear of the proposed extension and new patio doors and canopy to the rear of the dwelling. **Application Type:** Extension of Duration of Permission.

Reg. Ref.: D19A/0380 **Decision:** Request Additional Info **Date:** 29-Jul-2019 **Applicant Name and Location:** Semin Soher, 2 & 3 Queenstown Castle, Coliemore Road, Dalkey. (A Protected Structure)

Proposal: Permission for: 1. Demolition of a c.1990s glass conservatory to rear. 2. Construction of replacement conservatory to rear. 3. Replacement of external windows. 4. Lowering of cill level to lower-level window on west elevation.

Reg. Ref.: D19A/0383 **Decision:** Refuse Permission **Date:** 31-Jul-2019 **Applicant Name and Location:** G Ryan, 10 Ulverton Road, Dalkey.

Proposal: Permission for: 1. Demolition of existing detached house. 2. The construction of two new two storey 4 bedroom semi-detached pitched roof houses with converted attics with front dormers. 3. The two new houses will also have flat roof single storey extensions to the rear. 4. New vehicular entrances and driveways for each house onto Ulverton Road. 5. New pedestrian entrance from each house onto Ulverton Road. 6. Alterations to boundary walls, landscaping, soakaway, drainage works and ancillary and associated works.

Reg. Ref.: D19A/0396 **Decision:** Refuse Permission **Date:** 1-Aug-2019 **Applicant Name and Location:** Sean Haughton, Site to the rear of 43 Barnhill Road, Dalkey.

Proposal: Permission for the construction of a 111 sqm one-and-a-half-storey pitchedroofed dwelling house. Vehicular access to the new dwelling is to be via the existing dwelling at 43 Barnhill Road. The site is to have revised site boundary treatment of 2m high timber fence panels to all four sides and landscaped surface. The location of the existing surface water storm drain is to be re-routed within the site.

Reg. Ref.: D19A/0401 Decision: Request Add. Info Date: 2-Aug-2019
Applicant Name and Location: Harald Rinde and Nicole Stephenson Rinde, The Studio,

Bartra Cove, Harbour Road, Dalkey.

Proposal: Permission is sought for amendments to existing grant of permission (Ref D17A/0846). Permission granted involved demolition of existing 3 storey dwelling and construction of a replacement 3 storey dwelling. The proposed amendments include, (I) Revised external elevations at all levels including the location of windows, chimney stack and rooflights, (Ii) The introduction of timber fin screening to first and second floor, (Iii) Repositioning of external staircase along the east elevation, (Iv) Increase garage area by an additional 6.0 Sqm (V) Provision of a 1.5 metre high granite stone boundary wall to the north / eastern site boundary.

Reg. Ref.: D19B/0297 Decision: Grant Permission Date: 6-Aug-2019 Applicant Name and Location: Barry and Derval O'Dwyer, 11, Hyde Park, Glenageary. A96 W3PO

Proposal: Permission is sought for the construction of a new first floor extension (15 sqm) with flat roof, over existing ground floor extension to the rear of the existing semi-detached dwelling.

APPEALS NOTIFIED by An Bord Pleanála Wks 28-32 8/7/2019 to 9/8/2019

Reg Ref:D19A/0290 **Reg. Date**: 30-Apr-2019

Location: Land to the rear of The Dalkey Duck Public House, 61, Castle Street, Dalkey, A96 RY62

Development: Permission for: 1. Demolition of the 2 no. existing single storey buildings containing a keg store, staff changing rooms, bin store, administration office, clothes drying area and beer garden to the rear of the site. 2. The construction of 14 no. individual single storey guest accommodation units at garden level (4 no. single rooms, 7 no. double rooms and 4 no. triple rooms) over a basement level containing a keg store, staff changing room, laundry rooms and linen store, administration office, bin store and boiler room, stairs and the installation of a lift. 3. Provision of 9 no. bicycle parking spaces. 4. Landscaping, boundary treatments and all other works needed to facilitate the development.

Council Decision: Refuse Permission. **Appeal Lodged:** 18-Jul-2019. **Nature of Appeal:** Appeal against Refusal of Permission. **Type of Appeal:** 1st Party Appeal.

Reg Ref: D19A/0321 **Reg. Date**: 10-May-2019

Location: 58, Saint Begnet's Villas, Dalkey.

Development: Permission is sought for alterations. The development will consist of alterations including the demolition of existing garage to the side and outhouses to the rear, the construction of a new two-storey extension to the side and rear of existing two-storey dwelling, the widening of existing vehicular entrance to accommodate two cars to the front and all associated site works. **Council Decision:** Grant Permission.

Appeal Lodged: 31-Jul-2019. Nature of Appeal: Appeal against Condition(s).

Type of Appeal: 1st Party Appeal

Appeal Decisions of An Bord Pleanála Wks 28-32 1/7/2019 to 2/8/2019

Reg. Ref.: D18A/0929 **Appeal Decision:** Grant Permission

New Determination Date Due: 27-Jun-2019 Appeal Decided: 18-Jul-2019

Council's Decision: Refuse Permission

Location: 'Yonder', Ulverton Road and, 'Maple Tree House', Bulloch Harbour, Dalkey.

Proposed Development: Permission for development at a site of c. 0.6ha comprising the former residences. The development will consist of demolition of the existing 2 storey dwelling 'Maple Tree House' (c.289 sqm) and redevelopment of the overall site to provide a total of 26 no. residential units, comprising 19 no. apartments (4no. 1-beds, 14 no. 2-beds, and 1 no 3-bed ranging in size from c. 67.3 sqm to c.156.3 sqm) within 3 no. 2 to 4 storey blocks, and 7 no. 2-3 storey houses (ranging in size from c. 110 sqm to c. 170 sqm) comprising 2. no. 2-bed, semi-detached houses and 5 no. 3-bed, terraced houses. ESB substation (c. 12 sqm). All associated site development works, services provision, car parking, cycle parking, bin stores, open space, landscaping and boundary treatment works. **Applicant:** Bartra Property Ltd.

Applicant: Datua Froperty Ltd.

Reg. Ref.: D18A/0418 Appeal Decision: Grant Permission

New Determination Date Due: 18-Jul-2019. Appeal Decided: 25-Jul-2019. Council's Decision: Grant Permission. Location: Lands at Dalkey Manor, Barnhill Road, Dalkey.

Proposed Development: Permission is sought for a new mixed-residential development comprising: erection of (a) 13 no. houses with private gardens comprising 2 no. twobedroom detached single storey, 2 no. three-bedroom end-of-terrace two storey and 9 no. three-bedroom terraced two-and-a-half storey; (b) 23 no. apartment units with associated private amenity space comprising 9 no. one-bedroom, 10 no. two-bedroom (including 1 no. private terrace area), and 4 no. three-bedroom with private terraces in a three-storey over basement apartment building. The basement level will include 29 no. car parking spaces, 42 no. bicycle parking spaces; refuse storage, gym and associated courtyard, plant area and additional apartment storage units. Other works as part of the development to include: (c) 15 no. car parking spaces and 24 no. bicycle parking spaces at surface level; (d) upgrade of existing vehicular entrance on Barnhill Road with provision of internal roads, footpaths, shared surfaces and street lighting; (e) provision of public open space including courtyard with landscaping works to include tree planting and provision of green areas and treatments to site boundaries; (f) surface water and foul drainage; water connections and alteration to site levels; (g) demolition of existing two-storey dwelling (273 sq.m), entrance gates, piers and splay walls and ancillary single-storey outbuilding; and (h) all other site works necessary to facilitate the development on a site of c.0.935 hectares. The proposed development is adjacent to a protected structure. **Applicant:** Melmousa Devco Limited.

Reg. Ref.: D18A/0648 Appeal Decision: Grant Permission

Appeal Decided: 25-Jul-2019. **Council's Decision:** Grant Permission

Location: Site A, Easterly Site, Dalkey Sound, Green Road, Dalkey.

Proposed Development: Permission is sought for the construction of a new two-storey 5 bed single unit dwelling with south-east facing first floor balcony, together with landscaping and ancillary site works. **Applicant:** Karl and Julia O'Connell.

Reg. Ref.: D18A/1207 Appeal Decision: Grant Permission

New Determination Date Due: 10-Sep-2019. **Appeal Decided:** 2-Aug-2019 **Council's Decision:** Grant Permission. **Location:** Killea, Barnhill Road, Dalkey.

Proposed Development: Permission for demolition of the existing single storey dwelling and replacement with 4 no. new two storey three bedroom dwellings. These comprise of Houses A1 & A2 to the front (130 sqm & 144 sqm respectively) and B1 & B2 to the rear

(135 sqm & 141 sqm respectively). Site works include replacing the existing front boundary wall with a new 2.1m high wall set further back with a consequent widening of the public footpath, widening of the existing entrance, provision of an access driveway with 8 no parking spaces to serve the proposed dwellings and miscellaneous site and landscaping works as part of the development. **Applicant:** Ciaran Brady.

♦ MR. BRIAN DORAN R.I.P.

*

It is with great sadness that we note the passing of our most loyal contributors, Brian Doran, who supplied us with topical sketches/cartoons over many years. They were greatly enjoyed by our readers at home and abroad, especially his quirky sense of humour which always managed to see through the fogs of absurdity thrown up by many of life's situations. Brian was a Road Representative for Cunningham Drive and also at one time acted as Treasurer of the Community Council. A true gentleman! *Ar Dheis Dé go raibh a Anam Uasal*. We extend our deepest sympathy to his family at this sad time.

Gerard Coakley, Newsletter Editor and the Editorial Team



Flower: Aster

SEPTEMBER:

Latin for the seventh month of the Roman Calendar
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HAPPY GRANDPARENTS' DAY – 8th September 2019





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Services for September 2019 - Sundays: 8.30am Holy Communion, 10.45am Morning Service. Midweek Services: Thursdays at 10.30 am.

From the Rector – Thank you to all those who helped facilitate the opening of Holy Trinity during the summer months - it is greatly appreciated! I hope all our readers had a restful and enjoyable summer. As things return to 'normal' and a new term begins may I draw your attention to the wide range of activities and events taking place in the parish

GKNS - A new year! As a new school term begins we welcome all those who are starting out at GKNS, in particular we welcome all the new Junior Infants!

Table Tennis restarts in the Carry Centre at 8pm on Monday 9th September. New members welcome. Enquiries to Sandra Moore 087 6291568.

Ladies Guild meets in the afternoon of the second Tuesday of the month. The first meeting will be on 10th September with a short service, tea and chat. Further meetings in October and November will include a talk about Jacobs and Seasonal flower arrangements.

Sheep Thrills restarts again on Thursday 12th September in the Carry Centre at 11am. Fresh coffee and homemade biscuits. Everyone welcome. Contact Joan 087 2460078.

Diners Club - the KWDs next meal is 19th September, venue unknown at time of publication. Please contact Zandra at zandralaing@hotmail.com for further details as they become available. New members always welcome.

Bible Study and Prayer Group begin again on September 24th at 10.30 in the Carry Centre, when we will be doing Lectio Divina — prayerful reading — of the Sunday readings for a few turns to see if we like it or not! Everyone is very welcome.

The Y Club (Killiney Men's Society) new season of meetings of the Y Club starts on Thurs. 26th September at 8pm in the Carry Centre. This will be a chance to catch up on old acquaintances and to meet and mingle with new ones over a selection of wine and nibbles.

The main object of the Club is to provide a basis for a close fellowship among men in the greater Killiney area. We do this through a programme of events focusing on areas such as education, recreation and fun. With the emphasis on social interaction and fun. Meetings are usually held on the 4th Thursday of the month at 8pm from September through April. The group meets in the Carry Centre, Killiney; however, due to the variety of the programme a number of events are held 'off site'. New members are always welcome to join us at any gathering. There is no fee, but a voluntary contribution to tea/coffee and biscuits is always welcome. For more information contact Paul O'Brien or Nigel Teggin.

Flower Guild: Many thanks to all who have ensured that there are always fresh flowers at the altar all year. All styles are welcome, from the highly ornate to the most simple. Our Harvest Thanksgiving Service will take place on Sunday 6th October at 10:45am hopefully with the GKNS choir. The church will be decorated on Saturday 5th from 10 am. Gifts of fruit and vegetables, and the loan of some baskets, will be most welcome. The fruit and vegetables will be donated to charity afterwards.

Signage - DLRCC has erected the new "fingerpost" at the T junction of Killiney Road and Killiney Hill Road pointing in the direction of the Church and Carry Centre. In addition, the sign at the Carry Centre is being refaced to also include reference to Holy Trinity Church.



Flu Vaccinations 2019/2020

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RATHDDOWN SCHOOL NEWS

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It was another great morning of results at Rathdown School. Congratulations to the Leaving Certificate Class of 2019! There was a celebratory feel as students opened their results.

*

Head of School, Mr Brian Moore said: "I am delighted to see the Class of 2019 achieve such wonderful results. They have been a credit throughout their time at the school. We wish all students every success for the future. The students and staff have worked extremely hard to achieve these results and we



are very proud of their achievements. Parents have supported our students very well and the Rathdown School community has much to celebrate today."

The school celebrates every student's results – from those obtaining the maximum score to girls who struggled throughout but obtained their target and more. Of course, CAO points obtained are not a true measure of a student's life in school. Individuals are not remembered for their points total but for their participation across all aspects of school life on the sports-field, stage or in the classroom and for their personality, humour, attitude, work ethic, and talents, of which this cohort had many.

Rathdown School wishes every student success in their next big adventure, be that university, a gap year or another path entirely.

Jean Ryan

♦ SOME EVENTS THROUGHOUT THE MONTH

*

U3A (University of the Third Age) Dun Laoghaire Dalkey Killiney. U3A resumes in September. Email:dldk.u3a@gmail.com

U3A

Community First Responders – Volunteers needed for Dalkey First Responders (CFR). Training will be given. Please contact: info@dalkeycfr.ie

Nature Notes September 2019

Further information on any events from Mary Daly secretary@southdublinbirds.com
Indoor Meeting

Date: Tuesday, 3rd September in the Graduate Pub, Rochestown Avenue.

Title: "House Sparrows". Speaker: Seán Kingston.

Outdoor Meeting

Date: Sunday, 8th September at 10:30 outing to Shanganagh Park, Shankill. **Extra information**: Family Event, 'See what you don't'. Bird watching workshop for children from 5 to 99 years old in Shanganagh Park. Meet in Shankill Football Club car park. (Check: www.southdublinbirds.com/events for map).





Dalkey Community Council GARDEN COMPETITION RESULTS



Front Garden:

13 St. Begnet's Villas 1 Barnhill Grove Hlobane, Village Gate

Best Display:

13 White's Villas

14 Sue Ryder

12 Sue Ryder

Open Space:

Barnhill Grove Sue Ryder

Surprise:

- 1.103 Hillside
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- 2. Innisfree, 22 Castle Park Road
- 3. 13 St. Begnet's Villas









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❖ A DISTINGUISHED CAREER IN AN GARDA SÍOCHÁNA



Mary Mitchell O'Connor TD, Minister of State for Higher Education at the retirement function of Superintendent Martin Fitzgerald.

Superintendent Martin Fitzgerald celebrated his thirty-seven and a half years service with An Garda Síochána at a Retirement Function in Fitzpatrick's Castle Killiney last month. During his thirteen and a half years as Superintendent in Dun Laoghaire he practised an "open door" policy and he was always generous with his time to meet representatives from the community both business and voluntary. He was most anxious to support Dalkey and help to maintain the town as a safe environment for the residents and the many visitors to it. DCC thanks him for his time and the help he gave over his term of duty in F District and wishes him the very best for the future.

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- Rheumatoid Arthritis, Osteoarthritis
- Tennis Elbow, Carpel Tunnel









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❖ LOCAL HISTORY SOCIETY LECTURES – SEPTEMBER 2019 ❖

Monday 2nd at 7.30pm: Dr. Alexandra Guglielmi will present '*Undimmed by the shadow of Rome? Ireland in a European world (100BC - AD500)*' to the Royal Society of Antiquaries of Ireland in the Helen Roe Theatre, Society House, 63 Merrion Square South, Dublin 2. All welcome - admission free.

Monday 9th at 6.30pm: Maeve Casserly will recall 'First Dáil & First Shots' in Rathmines Library, Rathmines Road, Rathmines, Dublin 6. Admission free but booking required via: rathmineslibrary@dublincity.ie or call 01-497 3539.

Tuesday 10th at 8pm: Gerard White will speak about '*Researching WW1 military and naval records of Irish soldiers and sailors*' to the Genealogical Society of Ireland in Dún Laoghaire Further Education Institute, Cumberland Street, Dún Laoghaire. All welcome - contribution € 3.

Wednesday 11th at 6pm: Pádraig Yeates will reveal how '*Unequal treatment of IRA widows reflected the social hierarchy of the Free State*' to the Old Dublin Society in the Conference Room of Dublin City Library & Archive, 138 – 144 Pearse Street, Dublin 2. All welcome - admission free.

Saturday 14th at 1pm: There is a free guided tour '*The National Library's History & Heritage*' in the National Library of Ireland, Kildare Street, Dublin 2.

Monday 16th at 6.30pm: Maeve Casserly will cover '*The Black and Tans to the Treaty*' in Rathmines Library, Dublin 6. Admission free but booking required via rathmineslibrary@dublincity.ie or call 01-497 3539.

Tuesday 17th at 8pm: Harry Bradshaw will present the Main Talk '*The story of Chief O'Neill and the saving of Irish Music*' to the Foxrock Local History Club in the Parish Pastoral Centre, rere Foxrock R.C. Church, Foxrock. James Scannell will present the Short Talk '*The Shooting of the Murray Brothers at Stillorgan in 1922*.' All welcome. Adm. € 5.

Wednesday 18th at 8pm: Professor Frank Barry will recall 'Old South Dublin Manufacturing Firms' to the Dun Laoghaire Borough Historical Society in the Royal Marine Hotel, Marine Road, Dun Laoghaire. All welcome – entrance €3.

Thursday 19th at 8 p.m.: James Scannell will speak on 'The 1867 Bray Head Derailment' to the Bray Cualann Historical Society in the Royal Hotel, Main Street, Bray. All welcome - admission €5.

Friday 20th from 5pm to 9 pm: The Irish Railway Record Society will hold an '*Open Evening in conjunction with Culture Night*' in the Society's Premises, Hueston Station, Dublin 8. All welcome.

Tuesday 24th at 6.30pm: The September monthly meeting of the *Dalkey Library Local History Group* takes place in Dalkey Library, Castle Street, Dalkey. All welcome.

Wednesday 25th at 10.30am: The September *Open Morning Meeting of the Genealogical Society of Ireland* takes place in the Royal Marine Hotel, Marine Road, Dún Laoghaire. All welcome - contribution of €3 includes tea/coffee.

At 6 p.m. Seán J. Murphy will present his lecture '*Roe's Distillery, Thomas Street, and the Roe Family*' to the Old Dublin Society in the Conference Room of Dublin City Library & Archive, Dublin 2. All welcome - admission free.

Thursday 26th at 7.30pm: Ciarán Cooney will present a slide show '*Retro Irish Diesels of the 1950s and 60s*' to the Irish Railway Record Society in the Society's premises, Dublin 8. Members and their guests only.

At 7.30pm Dr. Vincent Morley will present '*Irish Literature and the Histiography of 18th century Ireland*' to the Royal Society of Antiquaries of Ireland in the Helen Roe Theatre, Dublin 2. All welcome - admission free.





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DEATH OF A POLICEMAN

On Friday July 15th 1904 D.M.P. Constable James Burke, 69F, attached to Dalkey, drowned while swimming at White Rock. Originally from Ballingarry, Co. Limerick, he joined the D.M.P. in March the previous year and had been stationed in Dalkey for several months. The following day the Coroner for South Dublin held an inquest into his death in Dalkey police station. Dr. Corbett, Kingstown, said that the deceased had died due to drowning. A verdict of accidental death was recorded.

PUBLICATIONS

'The Sinking of the SS Dundalk' - a story of loss, survival, and the effect on an Irish town' by Marie Agnew and Alan Bogan, published by the White Space Publishing. The book recalls the sinking of the Dundalk and Newry Steam Packet Co. merchant ship S.S. Dundalk by the German submarine U-90, on October 14th 1918, 30 miles south of the Isle of Man with the loss of 20 lives - 12 survived, while sailing from Liverpool to Dundalk. The loss of life and the effects of the sinking had a devastating effect not only on the survivors and the families of those lost, at a time when Dundalk was being swept by the influenza then sweeping the country.

Overshadowed by the sinking of the *RMS Leinster* four days earlier, this book recalls the story of that voyage, the crew, and how the town stepped up to help the families left behind. Published to mark the centenary of this event, it is an excellent book recalling this tragedy, generally overlooked except in Dundalk where this sinking is still remembered in the same manner that the loss of the *RMS Leinster* is remembered in Dún Laoghaire and Holyhead. Excellently illustrated with photographs and documents, and with a very clear concise text, this book is only on sale in the Dundalk area but copies can be obtained from Dundalk R.N.L.I. or from the publisher - www.thewritespace.ie.

James Scannell







XI



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Maurice Blake on 087 2588872 or admin@dalkeyunited.ie

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Q. I have been told by my doctor that my Vitamin D levels are too low and that I need to supplement with a Vitamin D product. Can you explain what this means and give me advice on what I should take?

A Vitamin D is a fat soluble vitamin that is produced in the body when ultraviolet light from the sun hits the skin and triggers vitamin D synthesis. It

is not available in many foods so is difficult to intake sufficient volumes in your food. As we do not have a huge amount of sunlight in Ireland it is often necessary to supplement with Vitamin D from October to April.

Vitamin D function in the body is to regulate calcium and phosphate levels to maintain bone density and keep bones, teeth and muscle healthy. Without enough Vitamin D, bones can become brittle and can lead to osteoporosis. Deficiency of Vitamin D can also cause a condition called Rickets in children. It also plays a role in cell growth, the immune system and regulating inflammation.

If your levels are low it is usually necessary to take a vitamin D supplement available in all pharmacies and health food stores. There are also Vitamin D products on prescription



Image: NHS

which if prescribed by your GP would be covered on government schemes.

The recommendations for how much Vitamin D supplementation needed varies widely. The Institute of Medicine in the United States suggests that the average person needs $10\,\mu\mathrm{g}$ (400IU) of vitamin D each day. Some people will need as high as 15 to $20\,\mu\mathrm{g}$ (600IU-800IU) of vitamin D. The relevant expert authorities in the UK and Nordic region recommend $10\,\mu\mathrm{g}$ (400IU) of vitamin D each day. All of these recommended intakes have been established with a view to protecting the bone health of the population.

However, taking too much Vitamin D over a long period time can cause a build up of calcium in the body which can weaken the bones and damage the kidneys. But if it is being done under the care of your GP the blood tests they perform will show your own blood levels and indicate the dose required. You cannot overdose on Vitamin D produced from exposure to sunlight but always remember to cover up or use SPF in prolonged sunlight due to the risk of skin cancer and sun damage.

Ask your Pharmacist or GP for more information if you have any concerns.

If you have any questions you would like answered please email us on maxwell.dalkey@gmail.com and put Dalkey Newsletter in the message subject line.



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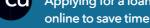
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♦ FOR	THCOMING EVENTS	*
National Grandparents Day		Sun 8 Sept
DCC Monthly Meeting in OLH	at 7:30pm	Mon 9 Sept
DCC Garden & Awards Recept	ion in OLH	Fri 13 Sept
Hospice Coffee Morning in Ber	nitos (9:30am -1pm)	Thurs 19 Sept

EVENTS THROUGH THE MONTH

Salsa Classes Town Hall Monday at 6.30-9.30. Booking and further information from Laura Shortall 085 109 8220

Karate Classes in Town Hall on Wednesdays at 6:30pm (youngsters) and 7:30pm (adults). Contact 085 141 2828 or email secretary@hombudojokarate.com

Meditation Sessions in HC on Wednesdays at 7:30pm. Telephone: 492 7136 or Email: taracentredublin@gmail.com

Dalkey Players: rehearsals will resume Tuesday 2nd September in Harold Boys' School from 7:30 -10:30pm-Tuesdays & Thursdays. *New members welcome*.

St. Patrick's Dramatic Society Dalkey: rehearsals will resume in September in Northover Hall, Harbour Road from 8-10:30pm – Mondays & Thursdays. *New members welcome*. **The Irish Vintage Radio and Sound Society** meets monthly in Dalkey. If interested please call 086-8391839 - *NO Texts Please*.

Scrabble & Afternoon Tea in aid of Barnardos every Wednesday at 3pm in Derrymore, 35, Coliemore Road, Dalkey. Call Di Fitzpatrick at 285 0593 for more information.

Baby & Toddler Group All pre-schoolers with parents/minders welcome on Tuesdays from 3-4.30pm in the Methodist Church, Northumberland Ave., Dún Laoghaire. €2 includes light refreshments & story time. Contact Diane 087 778 7608

Parkrun - Every Saturday at 9.30am in Cabinteely, Shanganagh and Marlay Park. **Dalkey Library Local History Group** meets on the last Tuesday of every month in Dalkey Library starting at 6-6:30pm. All welcome.

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OCTOBER 2019: 6th September, 2019; NOVEMBER: 2019: 4th October, 2019.
ALLARTICLES STRICTLY TO: The Editor, c/o Post Box, Our Lady's Hall, Castle Street, Dalkey preferably by e-mail to gerard.coakley56@gmail.com. Images should be in JPEG or TIFF format.

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Editorial Team: Gerard Coakley (Editor), Ann Perry (Assistant Editor), Danny Merity (Distribution), Helena Feely (Advertising Manager), Dr. Susan McDonnell Web: www.dalkeycommunitycouncil.com Email: gerard.coakley56@gmail.com

Oh! How Television has changed over the years

There are approximately 5000 TV channels broadcasting within the European *Union of which almost 1500 are based in the UK. Many of these companies* operate channels in different languages simultaneously (Sky Italy and Sky Germany to name but a few). With the October 31st Brexit deadline fast approaching there is still a lot of uncertainty in the TV industry regarding European regulation. While going to press some broadcasters were still in negotiations with Irish authorities with a view to "setting up" in Ireland, so they may continue broadcasting to paying customers across Europe. We will have to wait till the 31st of October to see the outcome!

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